

INTRODUCTION TO THE CHILD & YOUTH MENTAL HEALTH TRIAGE CONSULTING TEAM

The White Rock-South Surrey (WRSS) Division of Family Practice is supporting an innovative approach, providing a consultation for children and youth with moderate to severe mental health and/or behavioural challenges, where the school has exhausted all their resources.

The Division is working in collaboration with the Surrey School District South Zone and Child & Youth Mental Health (MCFD), to convene the Triage Consulting Team. The Team is composed of:

- A child psychiatrist
- A GP
- A district resource counsellor and
- A MCFD case manager.

A referral to the Team is made through the counsellors or administration at the school level. The team meets every two weeks for one hour to review two cases (each case review is half an hour). An action plan is developed which is communicated to the child/youth and parents by the school counsellor. If consent is obtained, a copy of the action plan is sent to the family GP.

The evaluation is being conducted to obtain information to improve the service and document its value. To support the evaluation of this program, a program logic model has been created that succinctly captures the program activities and outcomes for schools; children, youth, and families; and the mental health system. The client of this service is the Surrey School District (counsellors and principals) but the ultimate beneficiaries are children, youth, and their families. The logic model is presented in Appendix A.

To refer to the Triage Consulting Team please contact:

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APPENDIX A – LOGIC MODEL

Child & Youth Mental Health Triage Consultation

