

In an effort to reduce the volume of emails going out to our members, the Nanaimo Division has created this quarterly newsletter full of information we feel will be of interest to local Physicians. If you have content you would like to include in the next newsletter, please contact us at nanaimo@divisionsbc.ca

NDoFP Newsletter - Fall 2017 Edition



A Letter from the Board Chair

Dear Division Colleagues,

With Thanksgiving just past, I've been reflecting on gratitude and in particular as it relates to the Division. I've had the honor of contributing to its leadership alongside my fellow Board members for going on 4 years now. The experience has opened my eyes to our system of care and how we can best position ourselves to positively contribute to it. It's also opened my heart to some wonderfully rich experiences and relationships for which I am very grateful. I look forward to my closing year as Chair of the Board as we *Fall forward* (tick tock) into some very interesting work.

There are a few significant pieces of news I'd like to share with you beginning with two of the outcomes from our recent AGM. I'd like to introduce you to two new Board members. We're very pleased to welcome Dr. John Trepess, as a *General* Division member and Family Physician at the Caledonian Clinic and, Dr. Matt Toom, an *Associate* member. Matt is an R2 from the UBC Family Medicine Residency Program and the first *Associate* member we've had on the Board. Their photos and bios will be posted on our website wall of fame shortly. Dr. Patrick Kerridge, Dr. Connie Woo, Dr. Sandy Barlow, Dr. Stuart Ockelford, Dr. Melissa Gillis, and Dr. Roger Walmsley, are continuing in their Board roles. It's a working group that feels more like family.

I'd like to thank Dr. Sheila Findlay and Dr. Randal Mason, two of our former members whose terms ended at the AGM. Their combined expertise has influenced our growth in remarkable ways. Sheila has been a Board member since the inception of the Division in November 2011 with two of those years as Chair. You'll see her hard work continuing to bear fruit – case in point, the multidisciplinary Maternity Community of Practice that's developing in Nanaimo. With Randal's leadership and expertise and equally passionate

community GPs, we have seen a deepening of the relationships with our First Nations community through the Snuneymuxw and Snaw-Naw-As wellness centres. Randal has since moved to Victoria. We'll miss them both very much.

With the Special Resolution passed, the Board composition will change at our AGM next year, increasing the diversity of our skills as a collective. We will have 5 seats for GPs, 2 Associate members (Retired GPs, FM Residents, Specialists and Nurse Practitioners) and 2 Board appointed members. Those appointed may include a professional from the community, e.g., a governance lawyer. The diversified composition provides balance and increases our organization's strengths.

The outcomes of our recent member survey ([click here](#) for survey results) showed your continued strong support and desire for our work in providing Continuing Medical Education, Physician Recruitment and Retention, and Complex Wound Care through education, referral pathways and resources. You also indicated a desire to continue our work in Substance Use and the Residential Care Initiative. Something we had no previous measure for and are pleased to see, is the value you place on the website and communication you receive from the Division. It shows we're on the mark with it. I'd like to thank all of you who participated (N=111) because as you'll continue to see, our strategy for core work is based on member input and direction. We receive provincial projects too, however, their application is guided by local expertise and need. Congratulations to Dr. Julia Beveridge who won the survey draw for a stay and dinner for two at the Wick!

One of the provincial initiatives to support patient medical homes, is building traction in Nanaimo. I mentioned in my last newsletter that Anchor Medical Clinic is a demonstration site for the *Patient Medical Home (PMH)* and *Primary Care Network* model. Essentially, our GPSC funded work is to engage GPs and assist in changes that accommodate the attributes of the College's and GPSC's *PMH* attributes. A part of this is linking with other health and community services, particularly for patients with higher needs. Any funding the clinic needs for additional GPs is something Anchor is assuming responsibility for. The opportunity to facilitate the work at a demonstration clinic will allow us to make small tests of change, evaluate their impact and adjust as needed before seeking to spread valuable lessons learned, community wide. It will be an interesting learning process over the next 18 months.

Planning is underway to offer clinics an opportunity to complete a Patient Medical Home assessment and patient panel assessment. The assessment is completed anonymously on electronic devices with the coaching/assistance of Practice Support Program staff. Other clinics have participated in similar assessments, e.g., in the Cowichan Valley and have found the process facilitates a rich discussion with clinic staff about things like work flow changes best suited to accommodate the wrap around of patient services from Island Health and community agencies. The latter is part of improving the integration of services for patient access and to improve the primary care provider experience in providing care. The Practice Support Program will be available following assessments to offer customized support and coaching on the assessment results, for each participating

clinic. More on this to come.

Since hiring Janice Schmidt, our Pathways Administrator, the implementation team including Janice, Dr. Melissa Gillis, Dr. Kelly Cox and Leslie Keenan has made significant progress towards the launch of the system in Nanaimo. We have 66 out of the 80 Specialists needed for the Pathways database before we can launch so we're very close. After launching, we'll continue to add any remaining Specialists to the site. In addition to Specialists, GPs with sub-specialties, NPs, Midwives, and speciality clinics have been added. The team is also compiling common provider resources and decision-making tools that will live on the home page of the Pathways website. Stay tuned.

At the beginning of August, we moved to a new office and are no longer bursting at the seams for space! We're just up the road from the old site. The new office provides more space for meetings and our overall rental costs have stayed the same. Please feel free to drop by.

Bobbi Marcy, our former Operations Coordinator, has moved on to lead the Nanaimo Medical Staff Engagement Society on a full-time basis. We congratulate her and wish her well but will miss her many unique skills. For those of you who have facility based practices, you'll continue to enjoy a work environment organized by Bobbi.

As this will be my last newsletter correspondence before Christmas, I'd like to wish you all a very happy holiday season. I'm so proud and grateful to be part of this medical community.

Tick tock,

Melissa Oberholster, MD



Member Profile - Dr. John Trepess and Dr. Matt Toom

Please join us in giving a warm welcome to our new Nanaimo Division Board members!



Dr. John Trepess, GP, Caledonian Clinic



Dr. Matt Toom, Family Medicine Resident

Upcoming Division Events

CME EVENT:

WOUND CARE KNOWLEDGE CAFE #3

WEDNESDAY, NOVEMBER 22, 2017

1800 - 2030 HRS.*

NANAIMO GOLF CLUB
2800 HIGHLAND BLVD.
NANAIMO, BC

*REGISTRATION & DINNER: 1730 - 1800 HRS.

THIS EVENT IS
ACCREDITED FOR 2.5
MAINPRO+ CREDITS

DINNER & SESSIONAL
PAYMENT PROVIDED

CLINICAL KNOWLEDGE
SHARING THROUGH
PRESENTATIONS AND SMALL
TABLE DISCUSSIONS LED BY:

INFECTIOUS DISEASE
PLASTIC SURGERY
DERMATOLOGY
WOUND CARE SPECIALIZED GP

LEARN ABOUT LOCALLY DEVELOPED
PHYSICIAN RESOURCES

A GREAT WAY TO MEET YOUR
SPECIALIST COLLEAGUES

Limited seating. Register early as our last Cafes have been fully booked
Please RSVP by Friday, November 17, 2017
E: khenley@divisionsbc.ca | T: 250.591.1200



Your Division at Work...



Click [here](#) for google map

Office hours are Monday-Friday (0900 - 1700 hrs).



**2137-A Bowen Road,
Nanaimo, BC V9S 1H8**

Please note: the office
will be closed from 1200
- 1300 hrs each day.

Patient Medical Home

Following funding approval by GPSC, Nanaimo's Patient Medical Home (PMH) Advisory Committee and Working Group have been working hard over the summer months towards implementing the Patient Medical Home model at the demonstration site, Anchor Family Medicine. The groups have been working on identifying initiative priorities, next steps, evaluation metrics and strategies to spread learnings to the broader community.

PMH Advisory Committee: The Advisory Committee meets every two months and is responsible for steering the overall strategy of the PMH initiative in Nanaimo. It holds the fiduciary responsibility for leading and managing the resources of the initiative. Members include: Dr. David Sims (PMH Physician Lead); Dr. Steve Beerman (Anchor); Kim Slater (Patient Voices Network); Ian Carson and Erin Lutz (PSP); Dr. Shelly Chopra (R1 Resident); Shelley McKenzie, Director of Community Services and Lisa Holloway Project Manager (IH); Aaron Sobkowicz (Family Medicine Resident); Leslie Keenan (Executive Director); Paula Young (Project Manager); Lori Wagar (Evaluator), and Katherine Henley (Administrative Assistant) (NDoFP).

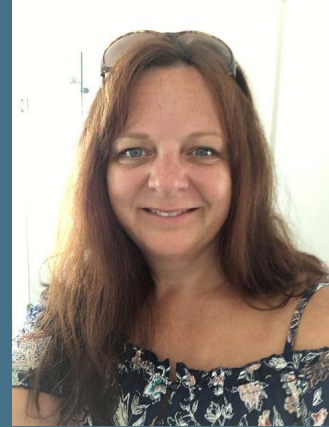
PMH Implementation Working Group: This working group is responsible for **assessing** the demonstration clinic as it relates to the makeup of the patient panel; assessing where Anchor sits in relation to meeting the PMH attributes; ongoing learning from a **patient experience** e-survey and **physician experience** metrics; **identifying gaps and opportunities** for links to outside services that meet the health and social needs of patients (particularly high needs patients identified through the panel assessment). Based on the assessment and needs identification, the working group will **plan** how to close the gaps by knitting services together with a focus on centralizing service access and referrals from the demonstration clinic. Once a working plan is in place, **implementation** will occur. Throughout the initiative, the working group (and Advisory) and will be **collaborating** with partners with an eye to project **sustainability** and will be looking to **evidence** from other models to inform their work. The **evaluation** framework developed provides for ongoing evaluation so adjustments can be made as needed and the project will conclude with an overall evaluation report.

The **scope** of the PMH Project Manager's work includes provider engagement and change management as new work flows and resources are linked to meet patient needs at the demonstration clinic. Paula's work also includes the development of a resource kit for the

medical community to guide the development of other clinics interested in the model. The latter will be in development over the life of the project.

Working Group members include: Dr. Steve Beerman, Ian Carson, Dr. Shelly Chopra, Lisa Holloway, Roseleagh Lalande (Anchor Family Medicine Clinic Manager), Erin Lutz, Dr. Jessica Otte, Dr. Derek Poteryko, and Paula Young.

As the initiative meets significant milestones, updates will be provided by Paula however, please feel free to connect with her at Paula.Young@clearviewgroup.ca



Paula Young, PMH Project Manager



Do you have patients who seem to be struggling to make ends meet? Nanaimo's Community Food Bank, *Loaves and Fishes*, has resources available to support your patients. Tear-off information sheets (food bank locations and times, FAQs, and volunteer information) are available for your clinic and physicians can also tour the organization to learn more about their abundance model.

Information for patients: Food hampers are available every other week for registered households and provide 2-3 day's worth of food for the household (based on the number of individuals in the household). ID is required from each member of the household to register which needs to be updated every six months. Perishables are available six days per week at certain locations for pick up (up to four times per week per household). Clients are able to select from available items to support their food choices and needs.

For tear off information sheets and further information about this organization, please contact Peter Sinclair, Executive Director to arrange for either. T: (250)754-8347 peter@nanaimoloavesandfishes.org

Residential Care Initiative (RCI)

Communications Binders: Nanaimo's Long-Term Care (LTC) Managers' working group has developed communication binders which will be rolled out to all participating facilities over the coming weeks. To begin, this includes Malaspina and Origins. RCI registered Physicians will find a list of their patients and room numbers in the binder as well as notice of any concerns since the Physician's last contact. There is space for Physicians to log their visit and report quickly if there are no concerns. The patient data also displays

current MOST (Medical Order for Scope of Treatment) status. RCI Physicians can find the communication binders at the nursing stations or at the point of access to wards/wings.

Admission Forms: In response to Physician concerns about the burden of admission paperwork for LTC patients, the RCI working group has developed a simplified 2-sided document which maximizes the use of your clinic's EMR printouts. This is being implemented by private facilities in Nanaimo.

Island Health has also introduced a simplified admissions document which IH expects all IH owned/affiliated residential facilities to use. These forms complement the resident assessment data collected by Island Health. We anticipate the introduction of these forms will reduce the time required by Physicians to complete this necessary paperwork within the tight deadlines imposed on them, and the facilities.

>> [Click here for Division Form](#)

>> [Click here for IH Form](#)

| Facility Name | Owner Type |
|-------------------------------|---------------|
| Berwick On The Lake | Private |
| Dover House Intermediate Care | Private |
| Dufferin Place | Island Health |
| Dwelling Place | Private |
| Eden Gardens | Affiliate |
| Keeping House | Private |
| Kiwanis Village Lodge | Affiliate |
| Malaspina Gardens | Affiliate |
| Nanaimo Seniors Village | Affiliate |
| Origin At Longwood (Astoria) | Private |
| Wexford Creek | Affiliate |
| Woodgrove Manor | Affiliate |



Beccy Robson, Project Manager

brobson@divisionsbc.ca

Soft Clustering Begins in Nanaimo

We understand current service models can present challenges for Physicians to regularly visit their LTC patients, provide after hours care, and attend care conferences. In addition to the new processes described above, we are developing a network of Core Physicians at facilities. Within larger clinics we have recruited Physician "Champions" who can take on care for their colleague's patients at identified facilities. In addition, there are RCI Physicians who are willing to assume patient care for other Physicians across Nanaimo. Together, these Physicians are sharing and streamlining care for existing patients, as well as taking on "orphan" patients. Regardless of the transfer mode, the patient's best interests are kept at heart, and changes to MRP are made only with express consent from the family.

If you feel your LTC patient would benefit from being under the care of our Core

Physicians, please contact the project staff at RCINanaimo@divisionsbc.ca

Recruitment and Retention - Seeking Physicians for *Colleague Connections*

We are looking for Physicians who are passionate about sharing their experience and enthusiasm for practicing in Nanaimo. We have expanded our *Colleague Connections* program (formally known as the "mentorship program") to include support for Family Medicine Residents and recently relocated Physicians and are in need of additional mentors!

Nanaimo's *Colleague Connections* program is a collaborative effort between Nanaimo UBC Family Medicine Residency Program and the Division. The aim is to help guide Family Medicine Residents through their program by developing relationships for their last 2 years of training and into their professional career. We would like to offer the same to new Physicians in our community. This initiative helps the Division to support physician recruitment and retention.

If you're interested in becoming a mentor, please contact Myla at MylaYR@divisionsbc.ca



*Myla Yeomans-Routledge,
Physician Recruitment
Coordinator*

Substance Use



GAIN EXPERIENCE FROM CLINICAL PSYCHOLOGIST
DR. DANIEL O'CONNELL, WITH A HANDS-ON WORKSHOP
TO HELP BETTER MANAGE PAIN PATIENTS IN YOUR OFFICE

CHRONIC PAIN MANAGEMENT

Helping patients live their best life *with* pain

New Date! Cognitive Behavioural Techniques to Manage Chronic Pain:

Saturday, January 27, 2018

Internationally renowned speaker, Dr. Dan O'Connell is coming to Nanaimo to deliver a keynote about Cognitive Behavioural Therapy and approaches available for Family Physicians to use with Chronic Pain patients. Dr O'Connell is a frequent speaker at the Annual Pain and Suffering Symposium in Vancouver, serves on the Faculty of the Foundation for Medical Excellence. He develops education programs for health care providers, groups, and institutions and has led more than 600 workshops.

Highly respected amongst experts and peers, Dr O'Connell will also present a hands-on workshop for participants to put techniques into practice and to better understand principles of CBT and Acceptance and Commitment Therapy (ACT).

Susan Schellinck from the NRGH Pain Clinic will provide practical tools and resources to help patients better live with pain. Complementing the day, Dr. Trish Snozyk from BCalm will present a session on the benefits of Mindfulness. This event has been developed in partnership with NMSES and PSP, and has been moved to the new year to allow greater attendance from Physicians across the Island.

Please contact Katherine Henley khenley@divisionsbc.ca to pre-register your interest in attending this exciting CME event.

Lunch and Learn: The Substance Use Project Team will be wrapping up its current project with a series of clinic-based lunch and learn sessions late Fall. Physician Leads, the Practice Support Program, and healthcare partners are teaming up to provide a holistic approach for patients with opioid addictions for both clinic staff and Physicians. The agenda is under development but is expected to include a demonstration of the E-Mentor platform, information about the use and distribution of Naloxone kits, and first-person patient experiences. Participants will have access to resources and materials, and an opportunity to discuss content and ask questions. Stay tuned.

Collaborating for Patient-Centred Maternity Care

Did you know that all pregnant women in Nanaimo who do not have a family physician are automatically accepted in practices with maternity care physicians? There are thirteen family physicians in Nanaimo providing maternity and newborn care. This group makes up the Family Practice Obstetrical Working Group who work collaboratively to identify gaps in service and improve patient understanding of the role of maternity care physicians and the maternity pathway of care.

Pregnant women in Nanaimo will soon have access to a local website to support their decisions during the perinatal period. This website will provide information about what to expect during pregnancy, birth and post partum, while also introducing women to Nanaimo's maternity care physicians and their unique role in obstetrical care. The website will be launched in early 2018.

In order to advance inter-professional collaboration, Doctors of BC (through their Shared Care Program) provided funding in 2014 to support an obstetric community of practice in

Nanaimo, the Obstetric Collaborative. Family Physicians who provide maternity care, Obstetricians, Midwives and Labour and Delivery Room Nurses have been working together to build understanding across professions, improve relationships, streamline common work and ultimately enhance the childbearing experience for women and families in Nanaimo. Resulting clinical improvements include changes to the way narcotics are ordered and the amendment of VBAC Guidelines at NRGH. Both of these improvements have enhanced collaborative working relationships and established a deeper understanding of the skills, expertise and scope of practice of the different providers.

A maternity needs assessment will be launched in Nanaimo this winter. Supported by Shared Care funding, surveys will be used to collect information from women and their care providers to help identify new areas for collaborative action.

For more information about the various maternity care initiatives, please contact Brenda Kent, Project Manager at bkent@divisionsbc.ca.



Brenda Kent, Project Manager



Pathways

Data collection is underway to complete the Pathways database which when live, will provide detailed referral information for Specialists in Nanaimo and frequently used decision-making tools and resources. We're also in the process of creating a list of Nanaimo GPs and NPs with special areas of interest and clinics that can be included on Pathways, e.g., Obstetrics, Pain Management, Sports Medicine, Palliative Care, etc.

We have partnered with other Divisions in Central Island on Pathways, including sharing the implementation and maintenance costs to make it affordable for each Division. Specialists and GP representatives from the Divisions have come together to form a Pathways Leadership Team. The Team governs the coordination of the work and ensures each community has what it needs to make home pages relevant to each Division. The Central Island Divisions of Family Practice include: Nanaimo, Cowichan Valley, Oceanside, Port Alberni and Rural Remote.

In order to launch Pathways in Nanaimo we need 80 Specialists in the area to participate. We're currently sitting at 68 Specialists so we're very close. Upon reaching our target, an invitation to the Pathways Launch will be sent directly to you. We're very excited about

making this service available to you.

If you would like your information included on Pathways, please contact Janice Schmidt, Pathways Administrator at nanaimo@pathwaysbc.ca



*Janice Schmidt, Pathways
Administrator*

For Your Information...

Changes to the GPSC Incentives (October 1, 2017)

In reponse to Physician's extensive feedback during the GPSC's visioning consultations and to support the strategic objectives of the patient medical home, the GPSC is making changes to its incentives. These changes will:

- Simplify and align similar fees so that billing rules are consistent and easier to understand;
- Better support team-based care by enabling allied health professionals to provide some aspects of care in a family practice; and,
- Continue GPSC's commitment to longitudinal care.

For questions about GPSC incentives, please visit the billing guides webpage on the GPSC website (gpscbc.ca) or email gpssc@doctorsofbc.ca.

>> Click here for more

DoBC President's Update on Tax Changes

To read the full letter from President, Dr. Trina Larsen Soles, click here: <http://doctorsofbc-presidentsoffice.createsend1.com/t/ViewEmail/t/64BA67722AF9F716>

BC Minister of Mental Health and Addiction Visits Snuneymuxw

The Honorable Judy Darcy, Minister of Mental Health and Addictions visited the Snuneymuxw Health Centre on August 24th and attended a meeting with partners supporting the centre. Stories were shared to assist the Minister in understanding the

successes and needs of the Snuneymuxw community.



Pictured above left to right: Myla Yeomans-Routledge, Recruitment & Retention, NDoFP; Cheryl Mooney RN, SFN; Chris Leischner, MH, SFN; Marina White, Coast Salish Liaison; Brennan MacDonald, Regional Director, FNHA; Chief John Wesley, SFN; Dr. Shannon Waters, Medical Health Officer, IH; Honorable Judy Darcy; Charles Nelson, Health Centre Administrator, SFN; Lisa Murphy, Director MHSU, IH; Ian Knipe, Aboriginal Health Director, IH.

Clippers Junior Hockey Seeking Team Doctor

A note from Dr. Steve Kulla:

I've volunteered as the Clippers Junior Hockey team doctor for the last several years. Dr. Steve Beerman was the team doc for many years prior to that. My kids are getting older and are involved in more sports and activities, and I can no longer commit the time to the team. They thus need a new team doc.

The commitment involves attending home games and covering both teams. The teams have trainers that look after most minor injuries, but we help out with concussion assessments, suturing small lacerations, and attending to more



I've found working with the team to be enjoyable. The players are from all over Canada and the US, and are very likable. Most of them are working hard in hopes of obtaining a scholarship to university in the States.

serious injuries (which is rare). Dr. Dave Sims has kindly been providing care for the team when they have injuries or illnesses that need follow-up.

If anyone is interested in speaking to me about it, please email at sbkulla@hotmail.com.

Continuing Medical Education and Learning Opportunities

Nidus Resource Centre Webinars (Free)

Nidus is a non-profit charity in BC and is devoting time and expertise to raising awareness about planning for incapacity, end-of-life and after death. They provide special topics through free webinars and offer some in-person presentations as well.

Click for poster listing all topics -

http://www.nidus.ca/PDFs/Nidus_ProvWebinars_PPM2017.pdf

Transforming the Landscape of **TRANSGENDER** Health and Wellness VANCOUVER, BC • 2017 CPATH CONFERENCE

CPATH is holding their FIFTH BIENNIAL CONFERENCE and PRE-CONFERENCE TRAINING and Annual General Meeting at the Coast Plaza Hotel in Vancouver, BC from October 25th-29th, 2017. For more information, visit: <http://www.cpath.ca/conferences/cpath-2017/>

14th Annual Leadership Program for Physicians and Leaders in **LONGTERM CARE**

Engage. Enrich. Empower.

November 17-18, 2017 Pan Pacific Hotel 300 - 999 Canada Place Vancouver BC

Providence Health Care is hosting the 2017 Leadership Program for Physicians, Medical Directors and Leaders in Long Term Care in Vancouver. Delegates will hear from experts across the area of residential care and service, and join engaging discussions and networking at the Pan Pacific Hotel, Vancouver.

The Nanaimo Residential Care Initiative is keen to support Nanaimo Physicians wishing to develop their knowledge of caring for seniors. The RCI will subsidize **RCI enrolled** Physicians a maximum of \$1000 towards registration and reasonable travel expenses. Non RCI Physicians are eligible to receive reimbursement for their registration fee only.

Please email RCINanaimo@divisionsbc.ca for details about how to apply for reimbursement. Pre-notification, and receipts will be required.

UBC CPD



CONTINUING PROFESSIONAL DEVELOPMENT
FACULTY OF MEDICINE

For information about
upcoming UBC CPD
conferences, workshops &
online Learning, please
visit: ubccpd.ca/courses

NEW Programs, Services & Resources

Healthy Lifestyles New Journey Map: Shapedown BC



Children's Hospital has recently developed a new document for introducing families to the program. For more info, email: Patricia.Good@viha.ca

>> Click here for the
Family Journey Map

NARSF Transitions Program



Youth Withdrawal and Stabilization
Program

Transitions is designed to help youth and their families with problematic drug and alcohol use achieve their goal of abstinence or reduction of harmful consequences of substance abuse.

The program is voluntary, and offers non-medical support to youth between the ages of 12 -19 years in a private, safe, chemical-free and supportive care home setting.

Referrals can be made directly to the Transitions Program. Transitions also links with the LIFT Program provided through NARSF for counselling and support for families and youth.

For more information call: **250-714-8167**

Click here for Transitions
program brochure

Island Health Seeking GPs for MAiD Prescriber Role

There is currently one GP in Nanaimo providing services in a MAiD prescriber role. Island

Health is seeking additional Nanaimo GPs for this work as described in this document. For more information, please contact:

Rosanne Beuthin, PhD, RN

End of Life Practice Consultant (MAID, MOST), Island Health

Adjunct Professor Uvic School of Nursing Email: Rosanne.beuthin@viha.ca

Phone: 250-519-5300 ext 27572

Seeking GPs for Home Health Monitoring Innovation Project

Island Health's Home Health Monitoring (HHM) Service is embarking on innovative care modalities to improve the health and outcomes for people living with multiple chronic conditions or who are in palliative care. We are looking for general practitioners who might be interested in participating in the HHM Innovation Project development.

As well as participating in protocol development, we are looking for your input on how the HHM Service can align with and support you in delivering chronic disease management.

[>> Click here for more information](#)

New! Urgent Vascular Limb Clinic at RJH

This new clinic opened September 5th at Royal Jubilee Hospital and will see patients with non-healing wounds on legs/feet and pain related to poor arterial flow. This clinic is run out of the Lower Leg Wound Clinic the *first and third Tuesday each month 0800-1200 hrs*. Patients who come to the clinic will see a vascular surgeon, physiatrist and wound care RN.

Referrals and appointments are managed by the Lower Leg Wound clinic and triaged by urgency. Referral criteria, the referral form and patient information in PDF below.

[>> Click here for PDF](#)

Eating Disorders - Online Resources

Kelty Eating Disorders is an online resource with information and help for every stage of the eating disorder journey from treatment options to crisis line. For more information visit: <https://keltyeatingdisorders.ca/>

Self-Management *British Columbia*

You may also be interested in the two newest programs

Visit www.selfmanagementbc.ca and click on the map of Vancouver Island where you will find a listing of all the

offered by the University of Victoria, Institute on Aging & Lifelong Health - **Online Chronic Conditions** and **Self-Management Health Coaching**.

workshops you can register for.

Billing MSP

Billing MSP for your services often requires a wealth of information and guidance. You can obtain information from an MSP Tutor [HERE](#).

DoBC can also answer questions on the General Fee Guide: Contact Lea Harth at (604) 638-2827 or email her at: lharth@doctorsofbc.ca.



News articles are periodically published on the [DoBC website](#), which address common billing & audit considerations.

Upcoming Community Events

Now What?

Journeying Through Community Reintegration After a Brain Injury



2017 Annual Symposium

Wednesday, Nov. 15, 2017 | 8:30 AM-12:30 PM

Oliver Woods Recreation Centre | 6000 Oliver Rd, Nanaimo, BC

From concussion to stroke, acquired brain injury changes lives. People with acquired brain injuries face significant transitions, from hospital to home, from who they were to who they are now. These transitions have a huge impact on the everyday lives of survivors, as well as their family and friends. Join the discussion, learn what reintegration of the "new normal" means, identify the gaps in services and be the change that you would like to see by forming alliances with people with lived experience, healthcare and service providers.



— KEYNOTE SPEAKER —
Debbie & Trevor
Greene

Registration and Refreshments at 8:30am | Opening remarks at 9:00am

To Register for this Event Visit: www.journeyafterabi.eventbrite.ca



f /MarchofDimesCanada
t @modcanada



f /nanaimobrain



viha.ca/RND
@VIHealthRes



f /BCSUPPORTUnit
t @BCSUPPORTUnit



f /VIUniversity
t @viuniversity

Charitable Registration No. 10788 3928 RR0001

Save the Date: Film

Screening "Bending the Arc"

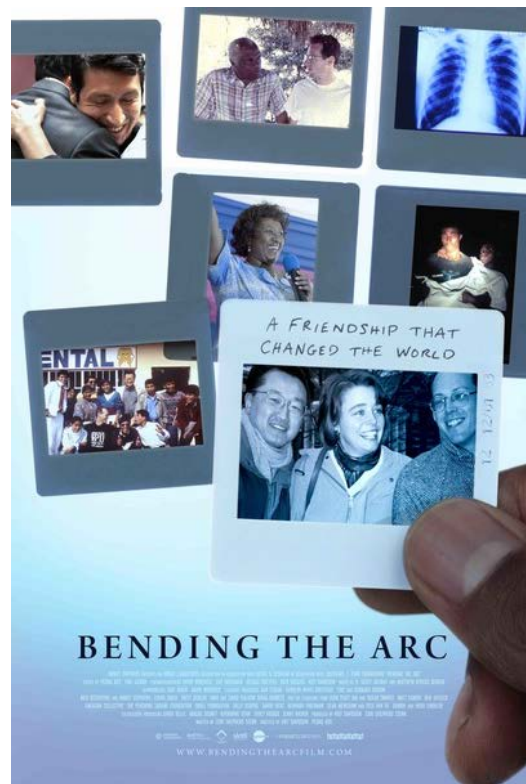
NRGH department of Paediatrics is organizing a **fundraiser film screening** of "Bending the Arc":

DATE: Tuesday November 21, 2017

LOCATION: VIU Malaspina Theatre

Entry will be by donation and proceeds will be split between our local central Vancouver Island Multicultural Society and a Haitian NGO.

For more information and to watch a trailer, [click here](#).




Nanaimo Division of Family Practice
2137-A Bowen Road, Nanaimo, BC V9S 1H8
P: 250-591-1200 | F: 250-591-1205

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