

EXPLORE

Explore these guiding documents:

 United Nations Declaration on the Rights of Indigenous Peoples (15 pages): https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf

MY ACTION PLAN

- Truth and Reconciliation Commission's calls to action (20 pages): http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf
- National Inquiry into Missing and Murdered Indigenous Women and Girls calls to justice (48 pages): https://www.mmiwg-ffada.ca/wp-content/uploads/2019/06/Calls-Web-Version-EN.docx

DISCOVER

Discover whose territory you're on, and practice acknowledging it:

- Check out <u>www.whose.land</u> to find out whose territory you're on (it uses GPS technology), and see video samples of land acknowledgements
- Find out how to pronounce the Nation's name correctly –
 don't be afraid to call the Nation's office to ask. Practice
 saying it out loud many times
- Acknowledging territory is an important first step, but does not replace meaningful action that pursues truth-telling and reconciliation: http://www.megaphonemagazine.com/unceded_territory
- For more guidance, check out: https://www.saut.ca/content/guide-acknowledging-first-peoples-traditional-territory

SPEAK WELL

 Words are powerful. Use yours respectfully. To start, check out UBC's Indigenous Peoples Language Guidelines: http://assets.brand.ubc.ca/downloads/ubc_indigenous_peoples_language_guide.pdf

SURF BLOGS

- Chelsea Vowel: https://apihtawikosisan.com/aboriginal-issue-primers/
- Indigenous Corporate Training: <u>www.ictinc.ca/blog</u>
- UBC Indigenous Foundations: www.arts.indigenousfoundations.ubc.ca

Research Topics

Research topics that are related to Indigenous peoples or Canadian histories. A sample list of topics is provided below, or a great place to start reading is: https://apihtawikosisan.com/aboriginal-issue-primers/or https://indigenousfoundations.arts.ubc.ca/home/

- » terra nullius
- » residential schools (podcast: https://podcasts.apple.com/ca/podcast/residential-schools/id1499122039)
- » impact of colonization: https://www.facinghistory.org/stolen-lives-indigenous-peoples-canada-and-indian-residential-schools/historical-background/colonization
 - »legacy of the Indian Act
 - »Indian Status displacement of women
 - »outlawing Indigenous traditional governments
 - »the "Potlatch Ban"
- » Doctrine of Discovery
- » 60s Scoop
- » the Pass System
- » impact of churches, RCMP, Indian Agents and "child welfare" agents
- » 4,000+ murdered and missing Indigenous women and girls
- » treaties
- » stereotypes + media representation of Indigenous peoples
- » UNDRIP legislation

WATCH

Watch films by Indigenous filmmakers:

- The Body Remembers When the World Broke Open (Directors: Elle-Máijá Tailfeathers and Kathleen Hepburn, 2019), available on iTunes
- The Pass System (Director: Alex Williams, 2016) www.thepasssystem.ca
- Kanehsatake: 270 Years of Resistance (Director: Alanis Obomsawin, 1993). Full film available online: www.nfb.ca/film/kanehsatake 270 years of resistance
- Finding Dawn (Director: Christine Welsh, 2006).
 Full film available online: https://www.nfb.ca/film/finding_dawn/
- Casna?am: the city before the city (Director: Elle-Máijá Tailfeathers and Members of Musqueam First Nation, 2017)

PARTICIPATE

Participate in events that celebrate Indigenous peoples and promote social change, such as:

- Vancouver's annual march for missing and murdered Indigenous women (Feb. 14)
- Moose Hide Campaign Day (typically in Feb.): www.moosehidecampaign.ca
- Indigenous Peoples Day (June 21)
- Orange Shirt Day (Sept. 30): www.orangeshirtday.org
- Reconciliation Canada events: www.reconciliationcanada.ca

CHECK YOUR PRIVILEGE

Learn about intersectional privilege:

- Privilege 101: https://everydayfeminism.com/2014/09/what-is-privilege/
- Explaining White Privilege to a Broke White Person: https://www.huffpost.com/entry/explaining-whiteprivilege-to-a-broke-white-person b 5269255
- We Built A Life From Nothing: colonialism and the myth of meritocracy: https://www.policyalternatives.ca/sites/default/files/uploads/publications/ National%20Office/2017/12/McLean.pdf
- Oppression and Privilege Self-Assessment Tool: http://www.cpedv.org/sites/main/files/oppression_and_privilege_self_assessment.pdf

ALLY

Become an ally:

- Amnesty International. "10 Ways to Be a Genuine Ally to Indigenous Communities." https://www.amnesty.org.au/10-ways-to-be-an-ally-to-indigenous-communities/
- Dr. Lynn Gehl. "Ally Bill of Responsibilities." http://www.lynngehl.com/uploads/5/0/0/4/5004954/

 ally bill of responsibilities poster.pdf
- Indigenous Perspectives Society. "How to be an Ally to Indigenous Peoples." https://ipsociety.ca/2017/04/
- Montreal Urban Aboriginal Community Strategy Network. "Indigenous Ally Toolkit." https://segalcentre.org/common/sitemedia/201819_Shows/ENG_AllyTookit.pdf

READ

Read books by Indigenous authors:

- "Real" Indians and Others: Mixed-blood Urban Native Peoples and Indigenous Nationhood (Bonita Lawrence)
- 21 Things You May Not Know About the Indian Act (Bob Joseph)
- Indigenous Writes: A Guide to First Nations, Métis and Inuit Issues in Canada (Chelsea Vowel)
- Making Native Space: Colonialism, Resistance, and Reserves in British Columbia (Cole Harris)
- First Nations 101 (Lynda Gray)
- Green Grass Running Water and Inconvenient Indian (both by Thomas King)
- The Marrow Thieves (Cherie Dimaline)
- Monkey Beach and Son of a Trickster (both by Eden Robinson)

TRAIN

Check out training opportunities:

- Rainwatch Advising: http://rainwatch.ca/training
- Indigenous Corporate Training: https://www.ictinc.ca/
- The Raven Institute: http://raveninstitute.ca/
- Indigenous Perspectives Society: https://ipsociety.ca/

