

TWEAK SCORING GUIDE

T	<p>Tolerance:</p> <p>“How many drinks does it take to make you feel high?” (Or this can be modified to “How many drinks can you hold?”)</p> <p>Record number of drinks.</p>	3 or more drinks = 2 points
W	<p>Worry:</p> <p>“Have close friends or relatives worried or complained about your drinking in the past year?”</p>	Yes = 2 points
E	<p>Eye-Opener:</p> <p>“Do you sometimes have a drink in the morning when you first get up?”</p>	Yes = 1 point
A	<p>Amnesia (Blackout):</p> <p>Has a friend or family member ever told you about things you said or did while you were drinking that you could not remember?</p>	Yes = 1 point
K (C)	<p>Cut Down:</p> <p>“Do you sometimes feel the need to cut down on your drinking?”</p>	Yes = 1 point

A score of 2 or more points indicates a risk of a drinking problem.