



# The New Ridge Meadows Urgent and Primary Care Centre is Open!

## How Does It Work?

An Urgent and Primary Care Centre (UPCC) is a new kind of medical centre. It provides a one stop location for patients to receive care for non-emergency health concerns. It can also provide access to a family doctor or nurse practitioner to patients who do not have a family doctor.

## What Can They Treat?

**Patients Can Seek Treatment for Issues Such As:**

- Sore throats
- Ear aches
- Upset stomach
- Sprains & strains
- Small cuts needing stitches
- Fevers and infections

**Services Patients Can Also Access at the Urgent and Primary Care Centre:**

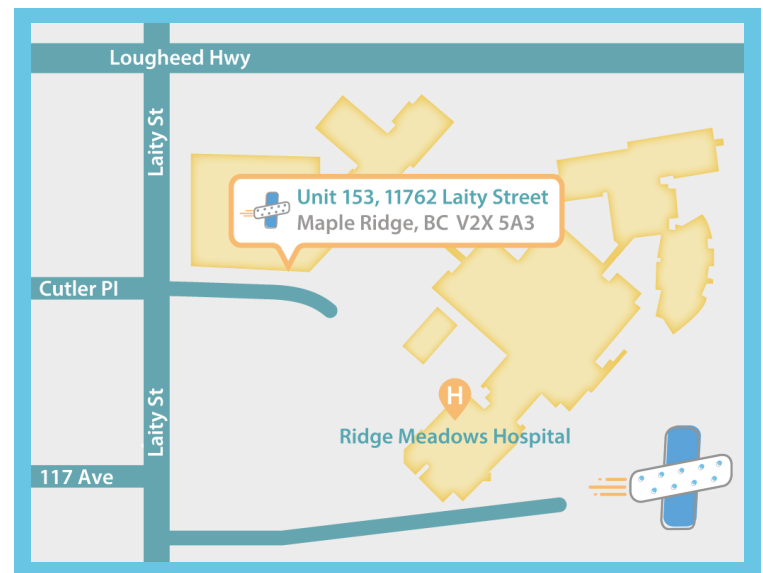
- Appointment with a family physician
- Counselling services
- Prescription renewals (no medication dispensing on site)
- Referrals to specialists and other community services

## Where Do I Find It?

**CareLife Building, #153 - 11762 Laity Street**

**HOURS OF OPERATION: Ph: 604-476-7890**

**Monday - Sunday (11 am - 10 pm)**



## How Do I Use It?

The Urgent and Primary Care Centre is for non-life-threatening illnesses when you are not able to see your family doctor or visit a clinic within 12 - 24 hours.

For non-emergency health concerns please call your family doctor first or visit a walk-in clinic. Your family doctor may have same day bookings available. Visit [MEDIMAP.CA](https://www.medimap.ca) for wait times and appointments available at walk-in clinics in your community.

For emergencies like broken bones, chest pains or head injuries please visit the emergency room.