

## CardioMetabolic Collaborative Clinic 230-1641 Hillside Ave. Victoria, BC V8T 5G1

Phone: 778-433-4800 Fax: 250-412-6464

September 13<sup>th</sup>, 2019

Dear Colleagues,

We would like to invite referrals to the Cardiometabolic Collaborative Clinic (CMCC). This is a primary and secondary vascular prevention clinic. Our clinic systematically manages key cardiometabolic abnormalities (diabetes, fatty liver, dyslipidemia, hypertension) to optimize cardiovascular risk and to get patients to target while optimizing use of pharmacotherapy to reduce overall risk as indicated while supporting lifestyle change. Currently our clinic is comprised of two endocrinologists, a cardiologist, hepatologists, internists, and an electro-diagnostics unit. We also work collaboratively with general practitioners and allied health care professionals (dietitians and diabetes educators) in achieving our mission of comprehensive risk factor management for at risk patients.

The clinic was developed to address the following health care gaps and the need for:

1. A collaborative model of care for cardiometabolic conditions designed to help patients achieve their glycemic, hypertension and lipid targets.

2. On-going support for lifestyle change for patients.

3. Access to timely Ankle-Brachial Index (ABI) assessments and Ambulatory Blood Pressure monitoring (offered to our patients at no charge).

Clinic Streams	What we offer:
Diabetes/Dyslipidemia	-Screening for Peripheral Vascular Disease with in office
Hypertension	ankle brachial index assessments plus consultation
Fatty Liver Disease management	-Ambulatory Blood Pressure Monitoring
CV Risk Stratification as	-Exercise Stress Testing
indicated	-Holter Monitors
	-Lifestyle program in the form of weekly counselling sessions for patients run by certified craving change
	facilitators, dietitians and general practitioners

## **OUR STAFF**

Dr. Priya Manjoo,	Dr. Jennifer Rajala,
FRCPC, Endocrinology and Metabolism,	FRCPC, Cardiology
Diplomat of the American Board of Obesity Medicine	Certified Hypertension Specialist (AHSCP)
Certified Hypertension Specialist (AHSCP)	
Dr. Oscar Cruz Pereira, FRCPC,	Dr. Rohit Pai, FRCPC,
Gastroenterology & Hepatology	Gastroenterology & Hepatology
Dr. Richard Bebb,	Dr. Kevin Garside, MD,
FRCPC, Endocrinology and Metabolism	General Practitioner
ABIM	

Dietitians: **Diabetes Educators:** Electrodiagnostic Unit:

Heather Dueck Carole Fergusson, Stacey Lacerte Cora Bailey

Please see attached referral form. Website. www.victoriacmcc.ca