

# Indigenous-specific Anti-racism Learning Journey: Support Resources for Ongoing Independent Learning

## **ONLINE COURSES & WEBINARS**

### **Indigenous Cultural Safety (ICS) Collaborative [Learning Series](#)** (PHSA & SOAHAC)

*12 archived 1.5 hour sessions that aim to facilitate opportunities for shared learning by bringing together key leaders provincially, nationally, and internationally. Hosted in partnership with the Provincial Health Services Authority (PHSA) and the Southwest Ontario Aboriginal Health Access Centre (SOAHAC).*

### **Cultural Safety and Cultural Humility [Webinars](#)** (FNHA)

*11 archived one hour sessions focusing on what health service staff and allies can do to understand and integrate cultural safety and humility into their practice or interaction with First Nations and Indigenous clients. Developed by the First Nations Health Authority and BC Patient Safety & Quality Council.*

### **Learning Circle Webinars with Harley Eagle** (UBC)

*Moderated 1.5 hour sessions consisting of a presentation followed by a Q&A period with both online participants and an in-person audience.*

- [Embracing the Critical Consciousness Theory in an Indigenous Context](#) (02/27/18)
- [Cultural Safety and Addressing Systemic Racism](#) (03/02/22)
- [Cultural Safety and Leadership](#) (11/15/18)
- [Cultural Safety in the Face of a Pandemic](#) (04/16/20)

## **PODCASTS & RADIO**

### **[Indigenous Peoples and Public Health](#)** (Media Indigena: Indigenous Current Affairs)

*Encourages health practitioners to be more aware of the larger social, political and historical issues and dynamics that often drive Indigenous health disparities. Guests are Nancy Laliberte and Alycia Fridkin of the Provincial Health Services Authority of BC.*

### **[First Nations, Second-Class Care](#)** (White Coat, Black Art, CBC Radio)

*A look at why First Nations patients sometimes receive second-class health care in Canada.*

### **[All Our Relations: Finding the Path Forward](#)** (Tanya Talaga, 2018 CBC Massey lectures)

*Prize-winning journalist Tanya Talaga explores the legacy of cultural genocide against Indigenous peoples.*

**[Kuper Island](#)**: An 8-part series that tells the stories of four students: three who survived and one who didn't. They attended one of Canada's most notorious residential schools – where unsolved deaths, abuse, and lies haunt the community and the survivors to this day. Hosted by Duncan McCue.

## **SHORT PUBLICATIONS**

### **[What is Indigenous Cultural Safety – And Why Should I Care About It?](#)** (Visions Journal, HeretoHelp)

*By Cheryl Ward, Chelsea Branch, and Alycia Fridkin of the Provincial Health Services Authority (PHSA).*

### **[First Peoples, Second Class Treatment](#)** (Wellesley Institute)

*Explores the role of racism in the health and well-being of Indigenous peoples in Canada.*

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## **DOCUMENTARIES & INTERVIEWS**

[How A People Live](#) (Dir. Lisa Jackson, 2014)

*The inspiring story of the resilient Gwa'sala-'Nakwaxda'xw Nations of B.C.*

[Mansbridge One on One: Cindy Blackstock](#) (CBC News: The National)

*An interview with Cindy Blackstock, executive director of the First Nations Child and Family Caring Society, about advocating for equal treatment and funding for First Nations children.*

[Jordan River Anderson, The Messenger](#) (Dir. Alanis Obomsawin, 2019)

*The story of Jordan River Anderson – after whom Jordan's Principle is named – and how his life initiated a battle for the right of Indigenous children to receive the same standard of social, health and educational services as the rest of the Canadian population.*

[Doctrine of Discovery: Stolen lands, Strong Hearts](#) is a film about a devastating decision, made over 500 years ago, which continues to profoundly impact Indigenous and Settler people worldwide. Pope Alexander VI ruled that the lands being discovered by European explorers at the time was “empty” land and its millions of Indigenous inhabitants were “non-human”. Canada's Truth and Reconciliation Commission released [94 Calls to Action](#) in 2015, with many of them referring to the Doctrine of Discovery and calling for its repudiation. This film is one of the responses of the Anglican Church's Primate's Commission on Discovery, Reconciliation and

## **Books**

1. *Structures of Indifference* by M.J. McCallum and A. Perry (2018).
2. *My Conversations With Canadians* by Lee Maracle
3. *21 Things You May Not Know About the Indian Act* by Bob Joseph (2018)
4. *Challenging Racist “British Columbia” 150 Years and Counting* by Nicolas Claxton, Denise Fong, Fran Morrison, Christine O'Bonsawin, Maryka Omatusu, John Price, Sharanjit Kaur Sandhra (2021)
5. *Colonizing Bodies* by Mary-Ellen Kelm
6. *Conversations with Canadians* by Lee Maracle
7. *Settler Identity and Colonialism in the 21st Century* by Emma Battell Lowman and Adam Barker
8. *Unsettling Canada: A National Wake-Up Call* by Arthur Manuel or *The Reconciliation Manifesto: Recovering the Land, Rebuilding the Economy*
9. *White Fragility* by Robin DiAngelo
10. *How to be an Antiracist* by Ibram X. Kendi (2019)

## **Foundational Documents**

1. [The Transformative Change Accord: First Nations Health Plan](#) (2005)
2. [United Nations Declaration on the Rights of Indigenous Peoples](#) [2007]
3. [Declaration of Commitment on cultural Safety and Humility in Health Services for First Nations & Aboriginal People in B.C.](#) [2015]
4. [Calls to Action of the Truth and Reconciliation Commission](#) [2015]
5. [Calls for Justice from the Missing and Murdered Indigenous Women and Girls Report](#) [2019]
6. [B.C. Declaration on the Rights of Indigenous Peoples Act](#) (B.C. DRIPA) [2019]
7. [Remembering Keegan: A BC First Nations Case Study Reflection](#) (Remembering Keegan Report) [2022]
8. Indigenous-specific anti-racism and health related actions in the [B.C. DRIPA Action Plan](#) [2022]
9. [In Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care](#) [2022]

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### **PAPERS**

Choo, Ester. (2019). ***Seven Things Organizations should do to combat racism***. The Penumbra see Comment Lancet 2019; 394: 453 and Perspectives Lancet 2020; 395: 1333

Choo, Ester. (2019). ***Seven More Things Organizations should do to combat racism***. The Penumbra see Comment Lancet 2019; 394: 453 and Perspectives Lancet 2020; 396: 157

Jones, C. (2018). ***Toward the Science and Practice of Anti-Racism: Launching a National Campaign Against Racism***. Ethn Dis. 2018;28(Suppl 1):231-234; doi:10.18865/ed.28.S1.231.

Jones, C.(2000) ***Levels of Racism: a theoretical framework and a gardener's tale***. Am J Public Health. 2000; 90(8):1212-1215.

McCall, S. (2016). ***Land, Memory, and the Struggle for Indigenous Rights Lee Maracle's "Goodbye, Snauq"***. Canadian Literature 230/231 / Autumn/Winter 2016

Nixon, S. (2019). ***The Coin Model of Privilege***. BMC Public Health (2019) 19:1637

Syvestre, P., Castleden, H., Denis, I., Martin, D., Bombay, A. (2019). ***The tools at their fingertips: How settler colonial geographies shape medical educators' strategies for grappling with Anti-Indigenous racism*** *Social Science & Medicine* 237 (2019) 112363

Gum yan asing Kaangas giidaay han hll guudang gas ga. ***I Will Never Again Feel That I Am Less Than: Indigenous Health Care Providers' Perspectives on Ending Racism in Health Care.***