

# • F O U N D R Y •

WHERE WELLNESS TAKES SHAPE



mental health and substance use services •

physical and sexual health care •

peer support • social services

**Services and resources are free of charge  
and available for young people aged 12-24  
and their caregivers anywhere in BC**

[foundrybc.ca](https://foundrybc.ca)



@foundrybc



@foundry\_bc



**Kelty  
Mental  
Health**  
Resource Centre



- Mental health and substance use resources and information
- Peer support for parents/caregivers
- Assistance with treatment and support options

**Free of charge for parents and caregivers  
of children and youth up to age 25  
anywhere in BC**

[keltymentalhealth.ca](https://keltymentalhealth.ca)



@keltymentalhealth



@keltycentre