





- Mental health and substance use resources and information
- Peer support for parents/caregivers
- Assistance with treatment and support options

Free of charge for parents and caregivers of children and youth up to age 25 anywhere in ${\rm BC}$

keltymentalhealth.ca





• FOUNDRY• WHERE WELLNESS TAKES SHAPE

mental health and substance use services • physical and sexual health care • peer support • social services

Services and resources are free of charge and available for young people aged 12-24 and their caregivers anywhere in BC

foundrybc.ca



