

February 2022 | ISSUE 7

Central Interior Rural Primary Care Network

"Optimizing accessible primary care service delivery with coordinated, team-based, culturally safe approaches."



February is Heart Month

Bridge Care Virtual Clinic *Bridging the Healthcare Gap in the Central Interior*

Bridge Care Virtual Clinic (BCVC) is bridging the healthcare gap for people living in the Cariboo Chilcotin. Bridge Care provides the following:

1. Primary care for unattached patients
2. Facilitates access to allied health services
3. Launches team-based care
4. Offers centralized referral & scheduling

Through BCVC, the region's primary care providers have come together to support people without a family doctor. BCVC is a virtual service that ensures adequate care in the community for non-emergency medical needs. Local doctors staff the clinic outside of their own clinic time to assess local patients, whether it be virtual "face to face" or via phone.

What's Inside:

Dahooja / Dzin Guzun / Weyt-kp / Good Day!

- | | |
|-------|---|
| Pg. 1 | Bridge Care Virtual Clinic - Bridging the Gap |
| Pg. 2 | Bridge Care Virtual Clinic - How it Works |
| Pg. 3 | PCN Update - New Resources Join the PCN Team |
| Pg. 4 | Cultural Safety Corner |
| Pg. 5 | PCN: Who We Are - Organizational Chart |

REMINDER: Please use the zero-free attachment code when attaching any new patients.

The Central Interior Rural (CIR) Primary Care Network (PCN) is situated on the ancestral, traditional and unceded territories of the Secwepemc, Tsilhqot'in and Dakelh Dene (Ulkatcho) Nations.

Bridge Care Virtual Clinic - How it Works

Meet the "A" Team

Allie, Amy and Angela are the PCN "A" team that keep Bridge Care Virtual Clinic running smoothly. They are your first point of contact to get set up for an appointment with BCVC.



Allie Grey, BCVC Lead



Amy Seville, Patient Services Coordinator



Angela Elliot, Patient Services Coordinator

Bridge Care Virtual Clinic (BCVC) provides access to primary care services for patients living in the Cariboo Chilcotin region who have non-emergency healthcare issues, and who currently **do not have a family doctor**.

Appointments are virtual, online or by phone. However, space is being made available in Williams Lake and 100 Mile House for in-person appointments when required.

Visits are covered by the BC Medical Services Plan when patients provide their Care Card number.

BCVC is now the home of the Central Interior Rural Primary Care Network's Allied Health Professionals, bringing to fruition the PCN vision of team-based care. As well, BCVC ensures a coordinated and centralized referral and scheduling hub for allied health services, simplifying the process and freeing up valuable patient time for health care professionals.

Current PCN allied health professionals include social workers for both Williams Lake and 100 Mile House and a respiratory therapist. As PCN expands, it will add physio and occupational therapists, mental health workers, dieticians and a clinical pharmacist. Family physicians can refer their patients to the PCN allied health professionals in BCVC while, patients without a family doctor can gain access by calling the clinic to schedule an appointment.

The referral process for primary care providers:

1. Primary care providers fax a referral letter for their patients to BCVC at 844-961-3410.
2. A Patient Services Coordinator will schedule the appointment and notify the patient.
3. Appointment documentation will be faxed back to the referring doctor's office.

***Note:** We are currently working with clinics to ensure they have the information required to build a standardized referral letter into their EMRs.

Unattached patients call the clinic directly at 250-296-0070 to schedule an appointment for primary care or PCN allied health services.

PCN Update - New Resources Join the PCN Team



Jane Barnett PCN Social Worker

As of February 28, Jane Barnett has accepted a PCN Social Worker position in Williams Lake. Working with the local clinics and the Bridge Care Virtual Clinic in Williams Lake, Jane will be assisting both attached and unattached patients to improve their social functioning and meet their social needs.

With a Bachelor of Arts degree (Psychology) and a Bachelor of Social Work already under her belt, Jane is currently completing an Advanced Project Management Certificate. She previously worked in child protection and youth justice for the majority of her career before

coming to Practice Support five and a half years ago. Jane loves working with MOAs, Physicians, and Nurses and understands the many ways that social workers can support them and their patients. Whether it is helping patients with navigating existing services, adjusting to a new diagnosis, disability forms, or beginning or end of life issues; making the process as easy as possible for the clinics and the patients is her goal.

Jane and her husband have three adult children and operate a small ranch in the Miocene area. In her spare time, she likes to kayak, quilt, travel and has been a volunteer firefighter for 17 years.

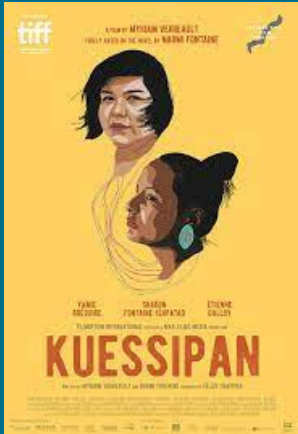
Jane can be reached at: cell phone 250 267-2425 email Jane.Barnett@interiorhealth.ca.

Living Our Best Life in the Cariboo Chilcotin - the Heart of British Columbia





MOVIES



Kuessipan, directed by Myriam Verrault and adapted from Naomi Fontaine's acclaimed novel, Kuessipan follows two childhood friends from the same Quebec Innu community struggling to maintain their friendship as they realize their paths are diverging. The coming-of-age story explores evolving friendship, growing dreams and ambitions, and the bonds that connect people with community. View a trailer [here](#) and available to rent or buy on [Vimeo](#) or Apple TV.



FOLLOW



Autumn Peltier has been a "water warrior" since she was eight years old, when she realized that not all people in Canada have access to clean drinking water. Inspired by this knowledge and the work of her great aunt **Josephine Mandamin** the Water Walker, she began

campaigning for the preservation of water. Autumn is a member of the **Wikwemikong First Nation** in northern Ontario. She lives on Lake Huron, one of North America's Great Lakes — the largest group of freshwater lakes on Earth. As such, much of her work centres around the rights of Indigenous people, particularly their right to clean water. In 2016, at the age of 12, Autumn showed her passion as she pushed back tears and handed a water bundle to Prime Minister Justin Trudeau at the Assembly of First Nations annual winter gathering. Since then, she's continued to make an impact. She has been nominated for the International Children's Peace Prize and is Anishinabek Nation's Chief Water Commissioner, a post previously held by her great aunt.



BOOKS

#INDIANLOVEPOEMS

written by Tenille K. Campbell. Covering Indigenous adventures from Wahpole Island to Northern Saskatchewan to the coast of Vancouver, **#IndianLovePoems** is a poetry collection that delves into the humour and truths of love and lust within Indigenous communities.

Sharing stories in search of The One, or even better, that One-Night-Stand, or the opening of boundaries — can we say medicine wheel — this collection fearlessly sheds light on the sharing and honesty that comes with discussions of men, women, sex, and relationships, using humour to chat about the complexities of race, culture and intent within relationships. From discovering your own John Smith to sharing sushi in bed, **#IndianLovePoems** will make you smile, shake your head, and remember your own stories about that special someone.



MUSIC



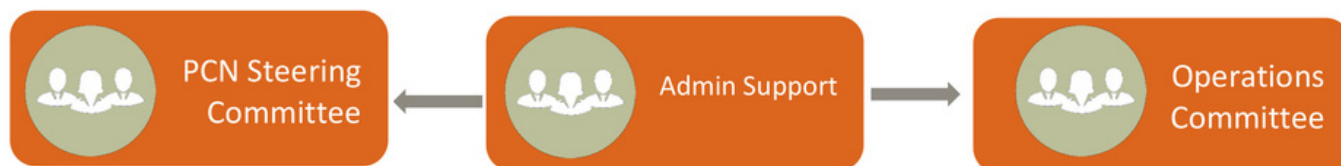
Digging Roots, are a Juno-winning husband and wife music duo, Raven Kanataktá Polson-Lahache and Sho-Shona Kish, whose style blends folk-rock, pop, blues and hip hop with the traditional sounds

of Indigenous music. Digging Roots has collaborated with Indigenous music giants like A Tribe Called Red, Kinnie Starr, and Tanya Tagaq. Streaming available on Spotify & YouTube Music. Song Recommendation: Skoden

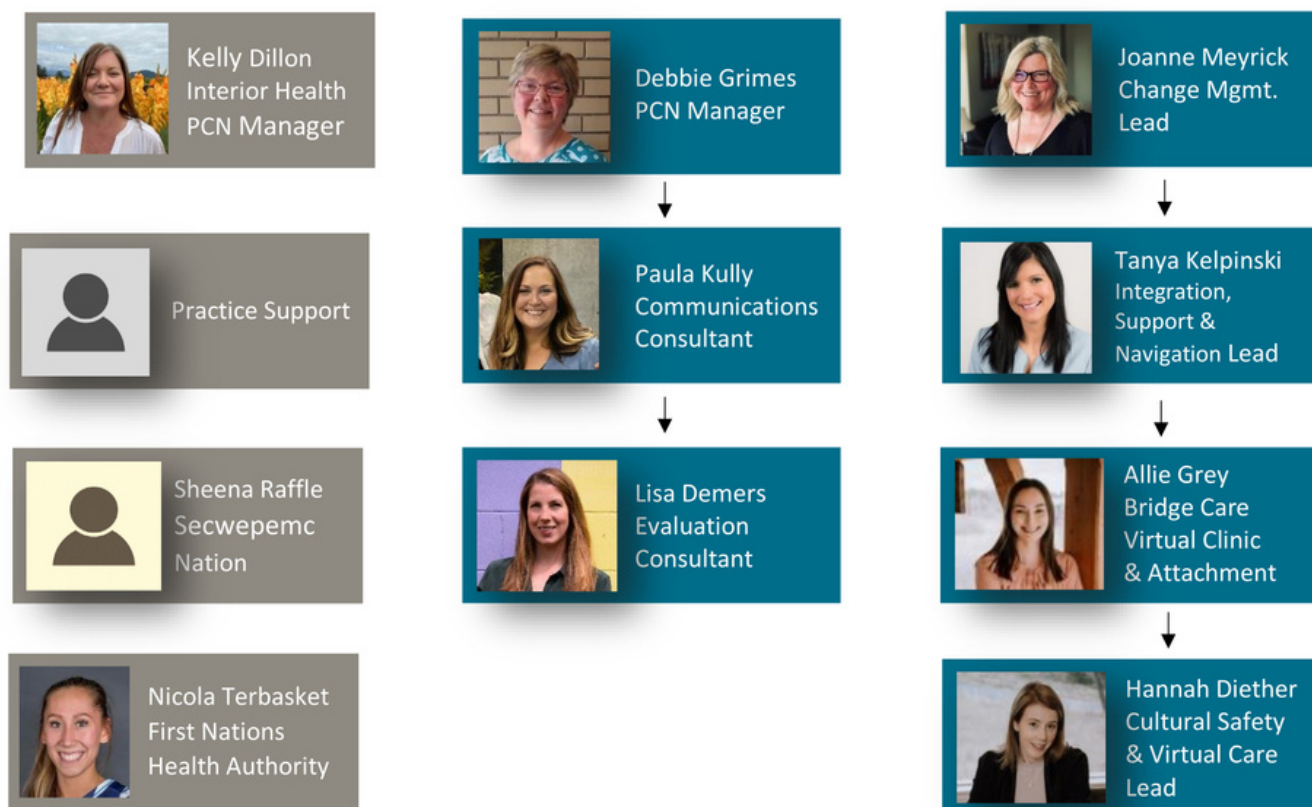
The PCN Steering Committee provides governance and is made up of and supported by the Division/Health Authority partnership, First Nations, physicians and nurse practitioners. The Committee provides strategic direction for the implementation of approved resources.

The PCN Operations Committee consists of Jill Zirnhelt & Natalie Kulyk Co-Chairs of the Steering Committee, Debbie Grimes, PCN Manager, Kelly Dillon, IH PCN Manager and Joanne Meyrick, Change Management Lead. The Opps Committee meets to work through operational issues .

PCN Organizational Chart



Change Management Working Group



PCN Partners