

EMERGENCY

9-1-1

(1200 Dufferin Crescent)

or

URGENT CARE / WALK-IN CLINIC

(#104 - 650 Terminal Ave)

- You think you are having a heart attack or a stroke
- You have significant trouble breathing
- You have had a MAJOR injury
- You hit your head and lost consciousness
- You think you are going into labour or have a potentially serious concern about your pregnancy
- You think you may have a major broken bone
- If you have a SERIOUS allergic reaction (anaphylaxis)
- Major psychiatric illness or feeling suicidal

- You have an infection (bladder infection, fever, cough)
- MINOR cuts or wounds (need a few stitches or tetanus vaccine)
- You have a MINOR allergic reaction (red, itchy skin)
- You need emergency birth control
- Prescription renewals when you cannot see your own doctor (NO narcotics or other medication requiring close monitoring)
- You have something in your eye
- You need an abscess drained
- Mild asthma attack
- Nose bleeds
- Sexual health (STI)
- Sprains