



The Working Mind in Healthcare

As healthcare professionals, it is imperative for us to prioritize mental health for ourselves, our patients and the people we work with. The South Island Division of Family Practice recently hosted twenty-eight of your moa's and clinic managers at a Working Mind in Healthcare Workshop. Facilitated by the Mental Health Commission of Canada, this training was aimed at providing your team members with tools to promote mental health in the workplace, reduce the stigma of mental illness and maintain their own mental health with self care and compassion. Thank you to all the participants who attended and let us continue to uphold the values of empathy, understanding, and support as we work together to promote mental health and well-being within our team and beyond.



Upcoming Workshop***** Blanket Exercise April 24th

Learning about Indigenous Peoples and understanding their viewpoints with compassion is an important step towards building strong and respectful relationships. **Join us for a Blanket Exercise on April 24th at Tsawout Nation** to engage on intellectual and emotional levels to deepen your understanding of the shared history of Indigenous and non-Indigenous peoples in Canada. The session is 3 hours and a light lunch will be provided to you.

[Click to register](#)

[REGISTER NOW](#)

Drop in Practice Improvement Sessions.

Join via Zoom on Wednesday, April 10th by clicking [HERE!](#)
Meeting ID: 813 3232 2655
Passcode: 186512

"Workflows, team work, attachments, opening a practice, retiring, adding an allied health member, templates, macros, vendors, staffing"

On the second Wednesday of each month, the South Island Division offers our members and their team, the opportunity to connect directly with the PCN, PSP, Attachment Co-ordinator's, and our recruiter by offering an open drop-in practice improvement session. team members a platform to bring forward any questions you have or assist you on the spot with EMR questions . Whether you need 5 minutes or 30, we encourage you to drop into our monthly sessions and allow us to help you with overcome any obstacles you are encountering.



Feel free to come prepared with any specific issues or problems you'd like to discuss, or simply join to listen and contribute to the conversation.

MOA Network

for South Island Division of Family Practice Physician members.....
If you are employed by a physician in the South Island Division, please join our MOA network by emailing: moa.network@sidfp.com. Be the first to receive education, gain exclusive access to educational seminars, workshops, and training designed specifically for MOAs. Be at the forefront of knowledge and skill development in your field.....

