

SOUTH ISLAND DIVISION OF FAMILY PRACTICE A GP FOR ME EVALUATION SUMMARY

ABOUT A GP FOR ME

A GP for Me is a province-wide initiative funded jointly by the Government of BC and Doctors of BC to:

1. Enable patients who want a family physician to find one
2. Increase the capacity of the primary health care system
3. Confirm and strengthen the continuous doctor-patient relationship, including better support for the needs of vulnerable patients

LOCAL PILLARS

- Practice Support
- Improved Access for Aboriginal Populations
- New Models of Care
- Health Promotion
- Recruitment and Practice Coverage

PRACTICE SUPPORT

KEY ACCOMPLISHMENTS

- ✓ Identified local practice capacities and attached 25,640 new patients between April 2013-March 2016
- ✓ 15 offices supported to complete the Practice Toolkit
- ✓ 9 GPs and 10 MOAs directly provided individualized practice support (Fig. 1)
- ✓ 7 Practice Learning Sessions delivered to GPs (e.g. EMR Bootcamp) along with SGLS in collaboration with PSP
- ✓ 52 MOAs engaged through appreciation nights and education sessions

"What I do see in practices now is an understanding of how to support the practice. Like EMR ... Not knowing what it is capable of is a huge issue, so for us to see these are things you repeatedly do and how you can make it more efficient." – GP

Fig. 1 - Practice Support by Type



IMPROVED ACCESS FOR ABORIGINAL POPULATIONS

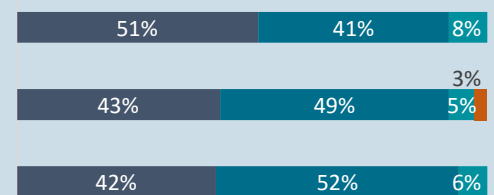
KEY ACCOMPLISHMENTS

- ✓ 2 successful relationship building/educational events delivered in First Nation communities with 108 attendees: GPs, MOAs, IH employees, and First Nation health care providers and Leadership (Fig. 2)
- ✓ 1 family physician hired to provide culturally safe care on traditional lands to 4 communities with the support of local NPs and RNs
- ✓ 17 MOAs attended a cultural awareness training session

"[I will] look at my Aboriginal patients with more care and make sure they understand my instructions. Also ask about their lives and how they are coping with their illness. Remove my barriers to delivering good care." – GP Attendee

Fig. 2 - Attendees' Key Learnings (n=37)

- I have learned how poverty, housing, safety, and security can impact First Nations people's access to health care services.
- I have a better understanding of the importance of how non-medical supports can improve health care outcomes for First Nations patients.
- I learned at least one new strategy to help create positive outcomes for my First Nations patients.



NEW MODELS OF CARE

KEY ACCOMPLISHMENTS

- ✓ Created the Saanich Peninsula Primary Health Care Society to support the project
- ✓ Collaboratively developed a model of care for the Primary Health Care Initiative (PHCI)
- ✓ Developed vital support processes to move the initiative forward (e.g. lease agreements, human resource policies, etc.)
- ✓ Despite delayed timelines, the first primary care centre will open in early July, 2016



“We have struggled with getting the primary health care centre off the ground prior to the Division ever starting. Without the funding from the A GP for Me project, it would have never happened. Having the two contractors keeping us on track, even though it was slower than we wanted, it would have never happened... It was the start of our project for the Division.” - GP on Steering Committee

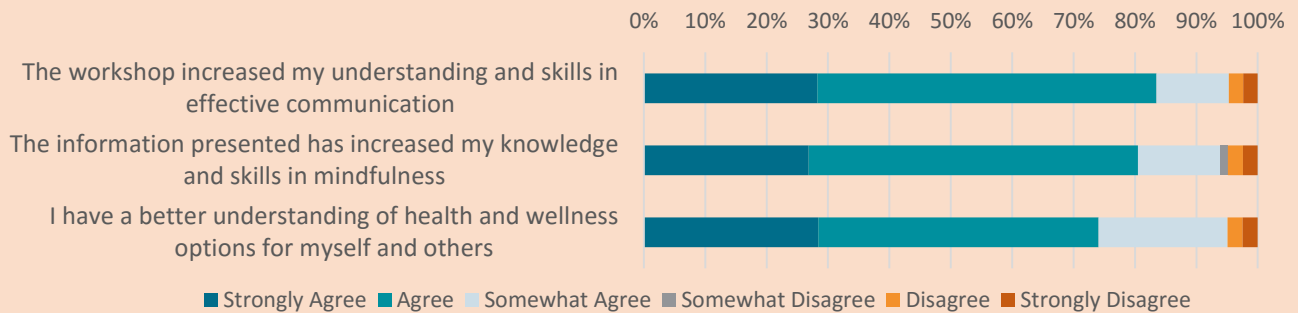
HEALTH PROMOTION

KEY ACCOMPLISHMENTS

- ✓ 1,926 resources on FETCH including IH programs and community services, a comprehensive communications plan will guide rollout
- ✓ 2 Health and Wellness Fairs delivered to 93 GPs (Fig. 3)
- ✓ 4 recreational programs offered to GPs including football, cycling, rowing, and running
- ✓ 2016/17 strategic plan created for health and wellness program development

“One thing that resonated for me is the importance of maintaining our own wellness, otherwise we'll reduce our ability to cope and be less effective physicians, spouses, parents and friends” - GP Attendee

Fig. 3 - Impact of the Health and Wellness Fairs (n=84)



RECRUITMENT AND PRACTICE COVERAGE

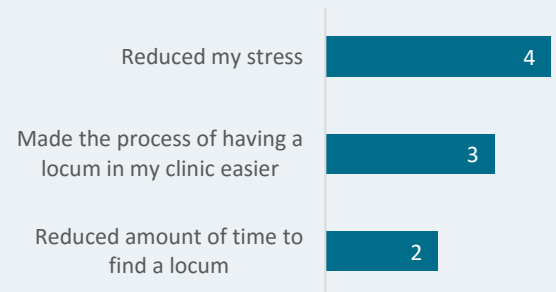
KEY ACCOMPLISHMENTS

RECRUITMENT

- ✓ 29 physicians recruited to South Island who have attached 9,799 patients
- ✓ 10 clinics supported to find a new GP through advertisements and a “Red Carpet” welcome
- ✓ Recruitment Information & Orientation Resource toolkit created for new physicians
- ✓ 13 mentors and 48 mentees participated in the Resident Mentorship Program
- ✓ Awareness of South Island recruitment needs increased among municipal leadership and IH recruiters

“The point of our residency program is to create a network of colleagues in the area so when looking for work, they look at us as a warm and friendly location because they already have colleagues.” - GP Mentor

Fig. 4 - Support from Locum Coordinator (n=5)



PRACTICE COVERAGE

- ✓ 29 locums registered in the Locum Pool with 14 facilitated matches to GPs (Fig. 4)