

Thompson Regional Family Obstetrical Clinic

December 17th, 2018

Clinic #3 - CSB 1
Royal Inland Hospital
311 Columbia St.
Kamloops, BC V2C 2T1

Ph: 250 314-2782

Dear Colleague:

The Thompson Regional Family Obstetrical Clinic (TRFO) is experiencing a shortage of physician manpower. We are currently working in partnership with Interior Health and the Divisions of Family Practice to resolve this issue by developing a new model of care. ***At this time we are accepting referrals and processing patients that are due on or before June 30th, 2019.*** As we work toward a new model, we are requesting that for the patients ***that are due after June 30th 2019*** the referring physicians provide prenatal care and order all routine prenatal tests while your patient waits to see us (please see below for list of tests). This will help ensure that the results are obtained at the appropriate time. ***Our clinic will notify you when we are able to assume care of the patient.*** Please encourage patients to also connect with Healthy from the Start (1-855-868-7710) for additional support and information.

These are the tests required in the first half of pregnancy:

Ultrasounds:

- First trimester dating ultrasound for all pregnant women
- 10w-13w3d gestation, fetal nuchal translucency for pregnant women 35 and over years old
- 20w-22w gestation, fetal anatomic scan for all pregnant women

Lab Work:

- CBC, Ferritin, TSH
- Urine culture
- Blood Group and Antibody Screen
- Rubella titer
- HIV, HepB, HepC, Syphilis
- Cervix or Urine screen for Chlamydia/Gonorrhea
- Current PAP
- Prenatal Serum Screening for fetal aneuploidy (SIPPS 1: 10 – 13 weeks; SIPPS 2: 15-20 weeks)
- If a woman has an abnormal SIPPS screen, she can have a NIPT test
- 50gm Glucose Screen to screen for Gestational Diabetes at 24-28 weeks

Thank you for your help as we work together to care for our patients.

Sincerely,
Thompson Regional Family Obstetrical Clinic