

# UBC Residency Program Has A New Site Director



*The Division met up with Dr. Krabbe and Dr. Linekin to discuss the role of Site Director and reflect on the establishment, development and future of the South Okanagan Similkameen UBC Residency Program.*



*Dr. Margie Krabbe steps down from her role as Site Director of the UBC Residency Program (top left), passing the baton to Dr. Michelle Linekin (bottom left). Dr. Linekin in PRH's SIMs Lab (top right), Dr. Krabbe, with more time for her massive vegetable garden (bottom right).*

July 2021 heralded a significant transition at the UBC Okanagan South Family Residency program, as Dr. Marjorie Krabbe handed the Site Director baton to Dr. Michell Linekin.

Having been in the role since the program's inception, Dr. Krabbe has corralled preceptors in both family medicine and specialties to guide sixteen residents to graduation. Noting that at least twelve graduates have chosen to

remain in the region to practice, Dr. Krabbe feels this is a testament to the culture of the medical community here. "It's been a big shift for our local community to grow as a medical education community, engaging in and supporting the residency training program – with family practitioners teaching in their clinics, a variety of other specialists sharing knowledge, having the hospital systems in place as a resource, and the strong support of the Division. Training doctors in our community and the distributed education of the program throughout the province brings hope for physician retention. I think that's been accomplished to a certain degree."

Although currently taking time to catch her breath, it is unlikely that Dr. Krabbe will leave education altogether, as Rosedale Medical Associates in Summerland, where Dr. Krabbe practices, is currently home to two residents.

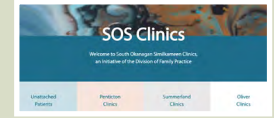
Dr. Krabbe noted her immense gratitude for colleagues who've taken on the additional, scantily compensated, roles of program directors and preceptors over the last four years. The residency program is truly a community effort.

Dr. Linekin is no stranger to medical education, having been a preceptor in her Vancouver practice for over ten years before relocating to the Okanagan last year. In addition, Dr. Linekin has been site faculty for Behavioural Medicine for the last 18 months.

## IN THIS ISSUE

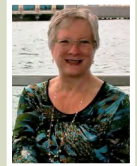
### NEW CLINIC WEBSITE

Division launches new website sosclinics.ca, a reliable online clinic resource to aid patient navigation.



### HAPPY RETIREMENT SUSAN BROWN

We wish Interior Health Director, Susan Brown, a happy retirement.



### IH WELCOMES JANA ABETKOFF

Jana Abetkoff is the new Director of Clinical Operations for Primary Care. Jana has held the MHSU Director position over the past year.



### MARTIN STREET OUTREACH CENTRE MOVES TO UPPC

Martin Street Outreach Centre (MSOC) providers and patients share their journey in short documentary on the impact of MSOC.



### WELCOME

Please welcome the Class of 2023 to the UBC Okanagan South Family Medicine Residency Program. Also, welcome new family physicians and NPs.



### PATHWAYS - DID YOU KNOW?

Email hundreds of resources to your patients directly from Pathwaysbc.ca



(Continued from front page - Site Director, UBC Residency Program)

Dr. Linekin plans to combine Site Director role with her work at the Foundry Youth Centre and the South Okanagan Maternity Centre where she recently led a project to pilot group prenatal classes.

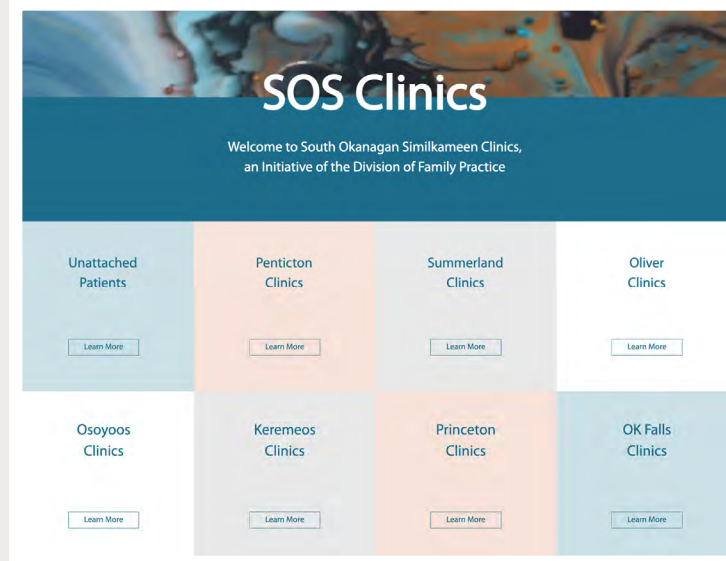
The Okanagan South residency program is truly a generalist program, allowing residents to develop competency and confidence in many aspects of medicine – with additional programs available to those who want to get extra training in a particular field.

In addition to the core elements of the role, Dr. Linekin sees potential for expansion. A fully equipped SIMS lab, virtual consults, and more rural placements are just some of the possibilities under consideration.

Dr. Linekin encourages every family physician to get involved in the program, noting one of the main benefits to self is locum coverage.

**“One of the best things about being a preceptor is having somebody who can step right in and knows your practice”.**

Another benefit is bringing the learner feeling well into the medical community. As a preceptor, you don't have to know everything – demonstrating how you approach a problem is where the value is. “What new learners want to learn from the preceptor is how you approach it - what your little pearls are about gaining interest or traction with a certain style of patient, little tips and judgments that only come with practice. You don't necessarily have to know the most up-to-date information, and quite often the most helpful thing is to look it up together on some point of care clinical support. Then you've learned something, you've demonstrated to the learner that they don't have to know everything right off the bat, and then they've had the practice of researching something they don't know.”



## New SOS Clinics Website

As more patients move to the area and seek primary care, there has been a growing need for easy online navigation. At the same time, more clinics reached out asking for tools to help direct patients to appropriate care in an effort to reduce phone calls. To respond to these needs, the SOS Division created a new regional website, [www.sosclinics.ca](http://www.sosclinics.ca).

Here, patients will find:

- Clinic contact info and hours of operation
- Clinic addresses with Google Maps links
- Direct links to [Pathways Medical Care](#) profiles and established clinic websites, where they exist
- Photos and names of team members

Patients in the South Okanagan Similkameen will easily find [www.sosclinics.ca](http://www.sosclinics.ca) on platforms such as Google, thanks to search engine optimization and stylization for both mobile and desktop navigation. Clinics are free to add the URL to business cards and other publicly available documents. Directing patients to reliable information online can help reduce the volume of calls handled by clinics.

A professional online presence can also help recruitment efforts, as physicians and nurse practitioners often look for sites like this when contemplating relocation.

Clinics are encouraged to keep information up to date by emailing [member.services@sosdivision.ca](mailto:member.services@sosdivision.ca) with any changes. This is an opportunity to celebrate our great community of care here in the SOS.



### Happy Retirement, Susan Brown

The announcement came earlier this year of Susan Brown's retirement from her role with Interior Health as Director of Primary Care - South Okanagan. After a 45 year nursing career, Susan's last day of work was September 9, 2021.

Susan shared with Division leadership that she will miss all of the colleagues and team members that she has had the privilege of working with these last fifteen years. However, she is quite sure she will not miss the early morning, late evening, lunch hour and day-long meetings. She is looking forward to more time to hike, kayak, practice Tai Chi and travel. She is most excited about the time she will get to spend with her family, especially her four grandchildren.



### Jana Abetkoff, New Director of Clinical Operations for Primary Care

Interior Health is very pleased to announce that Jana Abetkoff is the new Director of Clinical Operations for Primary Care as Susan Brown's replacement. Since coming to IH, she has worked in a variety of clinical positions in mental health substance use, and in leadership roles as an educator and manager. Most recently, Jana has been the Interim Director for Mental Health and Substance Use, Allied Health and Administration.

Jana is looking forward to continuing to work with the South Okanagan and focus on the many important aspects of high quality care in an operational role.

Congratulations to Jana on her new role.

## Martin Street Outreach Centre Moves to Urgent and Primary Care Centre

Prior to relocating to the Pentiction Urgent and Primary Care Centre (UPCC) in April 2021, providers and patients at Martin Street Outreach Centre (MSOC) participated in a short video to celebrate their relationships and accomplishments. When MSOC opened in 2015, it was anticipated that 250 patients would use the services. Today, over 1,100 patients call Martin Street their primary care home. Take a few minutes to be inspired by some of their stories. Click on the image below to watch the short video or visit <https://tinyurl.com/MartinStreetOutreach>.

Images of the Martin Street Outreach team that appear in the documentary "What Does Martin Street Mean to You?" From top left: Dr. Kyle Stevens, Lisa Birch - Social Worker, Marianne Lockie - Registered Nurse, Lana Thorslund, Dr. Sam Van Horn, Sara Goddard - Registered Nurse.



Click on the image to watch the short video.



Welcome to the Class of 2023 to the UBC Okanagan South Family Medicine Residency Program, who gamely participated in Dr. Venkataraman's legendary Amazing Residency Race in July:

**Dr. Emily Kogel, Dr. Cassandra Nysten, Dr. Kelsey Robinson, and Dr. Maddie Trudeau.**

And a big shout out to everyone who helped with the event, especially: Dr. Barb Main, Dr. Mark Lawrie, Dr. Chris Toneff, and Dr. Stefan Samoyloff!!

## More newcomers to welcome to our community

Dr. Hans Kuschke has joined Primacy Medical Clinic, Penticton as we bid a fond farewell to Dr. Fathima Abdul-Hameed.

Dr. Vicci Fourie has taken over Dr. Chris Toneff's practice at Penticton's Ponderosa Primary Care Centre.

Dr. Frikki Badenhorst has taken over Dr. Greg Selinger's practice at White Clinic, Penticton.

Dr. Magrietha Badenhorst has joined White Clinic, Penticton.


Dr. Nolan Rau, who spent the last year working with CIS and in community locum positions, is now pursuing a sports medicine fellowship in the USA. We look forward to welcoming him back next year!

CIS ranks have been bolstered with the recent addition of three new faces:

Dr. Kelsi Taguchi, Dr. Alan Daniel, and Dr. Mariette Van Wyk.

## Pathways Did You Know?

You can email hundreds of resources, including videos, to your patients directly from [Pathwaysbc.ca](https://pathwaysbc.ca)!

Just click on the blue envelope icon  next to the resource you want to share and enter your patient's email address in the appropriate field. Once you click "send" a confirmation note is generated which you can copy and paste into your patient's EMR record.

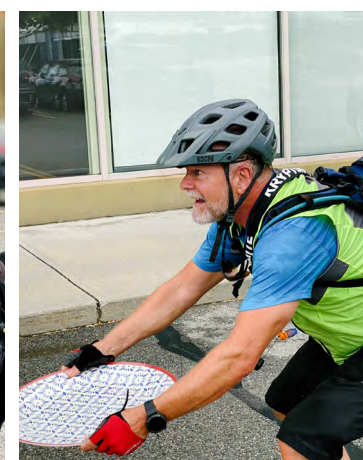
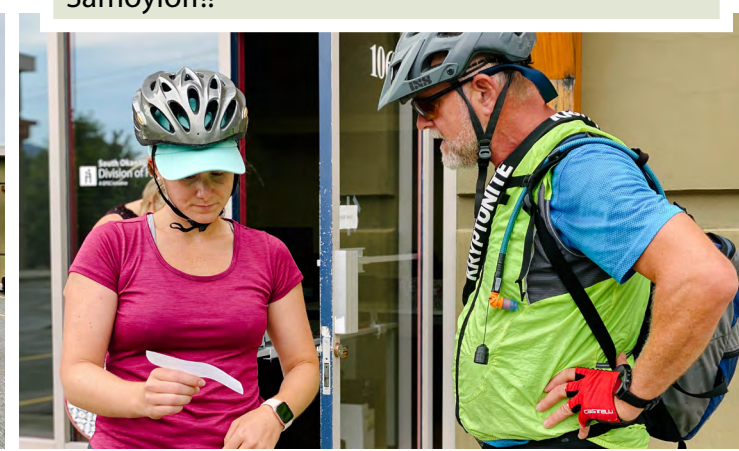
Brochures most frequently emailed to patients in the SOS:

- South Okanagan Maternity Centre Information
- Sleep Tips (Anxiety Canada)
- Mediterranean Diet (Mayo Clinic)
- Low Back Pain Exercises (Health Link BC)

For more info on how to get the most out of [Pathwaysbc.ca](https://pathwaysbc.ca), contact [Kristen.Hart@sosdivision.ca](mailto:Kristen.Hart@sosdivision.ca).



Top Left:



# VISION

A community of primary care physicians who are active, collaborative partners in promoting practical and innovative solutions to local community health needs built on a foundation of primary care excellence.

# MISSION

To engage and support primary care as collaborative and trusted partners to improve comprehensive primary patient care by promoting and strengthening the physician voice and influence on innovative local healthcare delivery.

# AIM

Foster a strong and healthy community of family physicians. Improve the health of our communities. Enhance the quality of patient care and the primary care relationship.

## PHYSICIANS SUPPORTING PHYSICIANS

Attract and retain physicians to meet primary healthcare needs

Provide educational opportunities to strengthen skills, knowledge, and leadership

Foster peer support, mentoring, and networking

Strengthen the interconnectivity between primary, specialists, and other healthcare providers

Support residents and newly practicing physicians

Improve GP satisfaction and work/life balance

## PHYSICIANS INFLUENCING THE SYSTEM

Support meaningful physician leadership in primary care planning

Improve access to primary care in rural communities and for vulnerable patients

Identify local needs and advocate for improvements

Maximize strategic partnerships and collaboration to pursue common goals

Work with our partners to build a sustainable primary healthcare system

## PHYSICIANS WORKING WITH HEALTH PROVIDERS

Foster partnerships to increase coordination of services and enable team-based care

Optimize resources that support care being provided by the right provider, at the right time, and in the right place

Collaborate in the development of technological solutions to improve patient care and communication

Improve efficiencies and build primary care capacity

Utilize quality improvement principles, best practice, and the use of technology to better support clinical project

# VALUES + PRINCIPLES

Physician Health and Wellness • Collaboration and Partnership • Physician Leadership and Best Practice • Quality Improvement • Creativity and Innovation • Integrity and Transparency • Patient-Centred Care • Supporting Rural and Urban Physicians

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