

THE NEW RIDGE MEADOWS URGENT AND PRIMARY CARE CENTRE IS OPEN

How Does It Work?

An Urgent and Primary Care Centre (UPCC) is a new kind of medical centre.

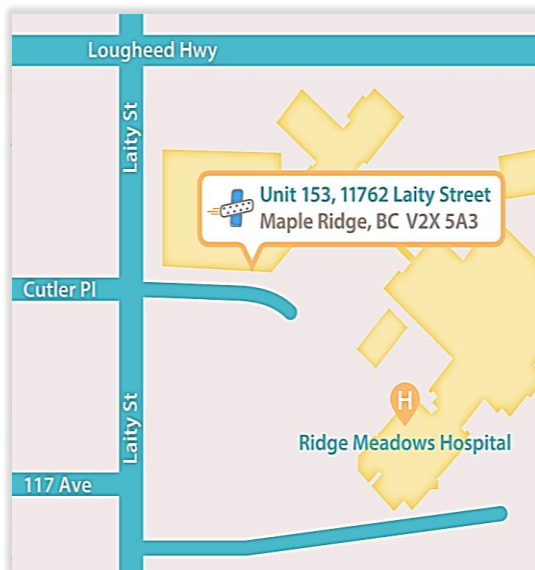
It provides a one stop location for patients to receive care for non-emergency health concerns. It can also provide access to a family doctor or nurse practitioner to patients who do not have a family doctor.

Hours of Operation:

Monday to Sunday 11 am – 10 pm
Phone: 604-476-7890

Where to find us:

Unit 153, 11762 Laity Street
Maple Ridge, B.C. V2X 5A3



Expect us to treat you and your family with compassion, dignity, and respect, without discriminating in any way.

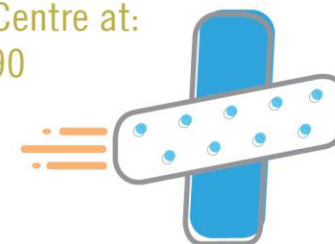
604-476-7890



RIDGE MEADOWS URGENT AND PRIMARY CARE CENTRE

See website for hours:
fraserhealth.ca/urgentcare

Contact the Centre at:
604-476-7890



www.fraserhealth.ca
This information does not replace the advice given to you by your healthcare provider.
Catalogue # (Month Year) Language
To order: patienteduc@fraserhealth.ca

What Can the Urgent and Primary Care Centre Treat?

Patients Can Seek Treatment for Issues Such As:

- Sore throats
- Ear aches
- Upset stomach
- Sprains and strains
- Small cuts needing stitches
- Fevers and infections

Services Patients Can Also Access at the Urgent and Primary Care Centre:

- Appointment with a family physician
- Counselling services
- Prescription renewals (no medication dispensing on site)
- Referrals to specialists and other community services

How Do I Use It?

The Urgent and Primary Care Centre is for non life-threatening illnesses when you are not able to see your family doctor or visit a clinic.

For non-emergency health concerns please call your family doctor first or visit a walk-in clinic within 12-24 hours.

Your family doctor may also have same day bookings available.

Visit MEDIMAP.CA for wait times and appointments available at walk-in clinics in your community.

Find More Health Care Resources at:
findaresourceridgemeanows.ca

Emergency Room?

For life-threatening illnesses or injuries please go to the Emergency Department to be assessed and treated immediately

Visit Emergency for:

- Broken bones
- Chest pains
- Head injuries

Not Sure Where to Go?



HealthLinkBC **8-1-1**

- Speak with a nurse any time of the day or night
- Speak with a pharmacist from 5:00 pm to 9:00 am every night of the week