



Divisions of Family Practice
An FPSC initiative

Register for UpToDate

Resident Physician

Updated: June 2025

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How to register for UpToDate if you are a Resident Physician

1. Navigate to <https://www.divisionsbc.ca/user/register>
2. Fill out the form and include where and when you are expecting to complete your residency

Create new account

[Log in](#) [Create new account](#) [Reset your password](#)

Email address *

A valid email address. All emails from the system will be sent to this address. The email address is not made public and will only be used if you wish to receive a new password or wish to receive certain news or notifications by email.

Salutation First Name * Last Name * Suffix

I am a *

Where are you doing your residency? When do you expect to complete your residency?

08/16/2023

Other Divisions

Please select

Select any other Divisions you'd like to apply for membership in.

Preferred Mail Address Work Email Home Email

- None -

Preferred Phone Work Phone Home Phone Cell Phone

- None -

Mailing - Address 1

Mailing - Address 2

3. The following email will be sent to you

Hi John Smith,

Thank you for applying for an account. You will receive an email shortly from webmaster@divisionsbc.ca with your log-in details for the site.

-- Divisions of Family Practice team

4. Once your application is approved, follow the instructions in your email and login here <https://divisionsbc.ca/login> to complete your access to UpToDate

Hi John Smith,

Your account has been activated. You may now log in by clicking this link or copying and pasting it into your browser:

https://divisionsbc.ca/user/reset/71354/1660688989/n3oNHbB948ha06vK8WbJDvpVoQCl8TRtO_1REcAZ6Sg

This link can only be used once to log in and will lead you to a page where you can set your password.

After setting your password, you will be able to log in at <https://divisionsbc.ca/user> in the future using.

Once you've logged into your division account, click on the "My UpToDate" link, which will redirect you to the UpToDate website to "Register for an account"

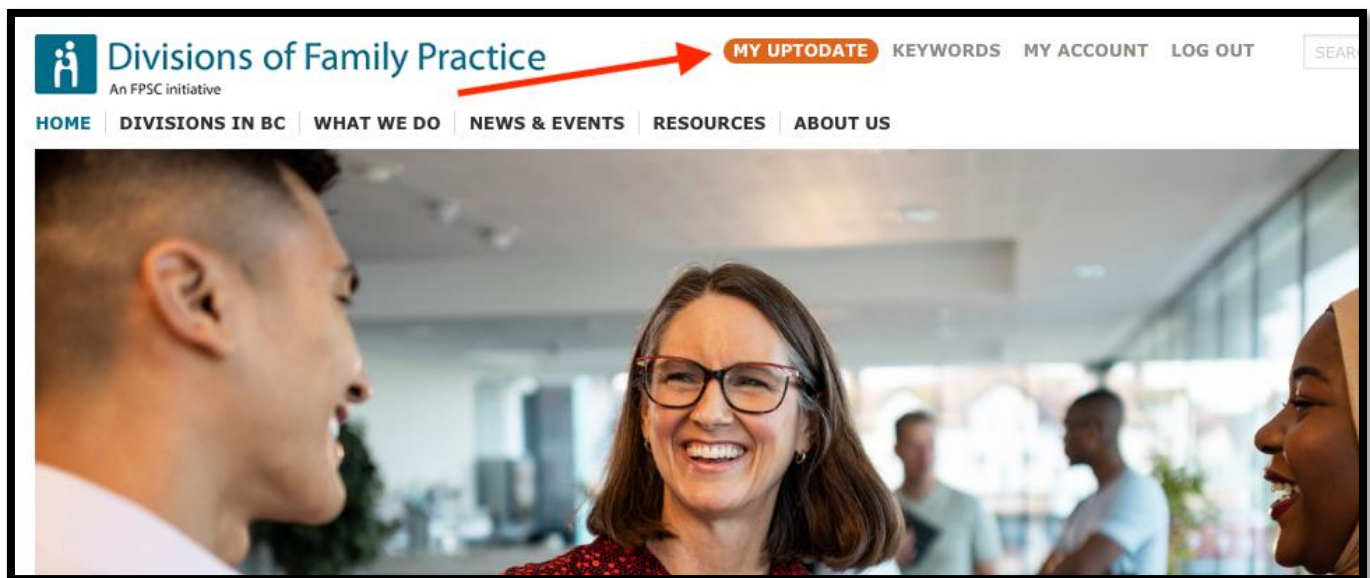
Complete the form with a new username and password and you will be able to access UpToDate.

Additional information on this process can be found here <https://divisionsbc.ca/provincial/resources/uptodate/access-uptodate>.

If you have any questions, please contact us or the UpToDate support team at customerservice@UpToDate.com or via phone at 1-800-998-6374

Divisions of Family Practice team

5. Once logged into your Division Account, click "My UpToDate" link



6. You will be redirected to the UpToDate website to “Register for an account”
Complete the form with a **new username and password** and you will be able to access UpToDate.

The screenshot shows the UpToDate website's registration page. At the top, there is a navigation bar with the UpToDate logo, a search bar, and a user icon labeled 'CME'. Below the navigation bar, there is a blue header with links: 'Contents', 'Calculators', 'Drug Interactions', and 'UpToDate Pathways'. The main content area is titled 'Register for an UpToDate account'. It includes a paragraph about registering for a username and password to get a mobile app, followed by a link to 'log in' for already registered users. Below this is a section for personal information with input fields for 'First Name', 'Last Name', 'Email', 'Country' (a dropdown menu), 'ZIP/Postal Code (optional)', 'City', 'Specialty' (a dropdown menu), and 'Role' (a dropdown menu). A note states: 'You will need access to this email account to complete your registration'. The final section is 'Create your username and password', which contains input fields for 'Username' and 'Password'. Two red arrows are drawn on the page, pointing to the 'Username' and 'Password' fields respectively.

UpToDate®

Contents Calculators Drug Interactions UpToDate Pathways

Register for an UpToDate account

Register for a username and password today to get our mobile app for iOS, Android or Windows 8 devices. (An email will be sent with instructions on how to get the app after registration). Plus, you can now log in directly to UpToDate remotely.

Already registered? Please [log in](#) with your UpToDate username and password.

[Continue with your search](#)

First Name

Last Name

Email

You will need access to this email account to complete your registration

Country ▼

ZIP/Postal Code (optional)

City

Specialty ▼

Role ▼

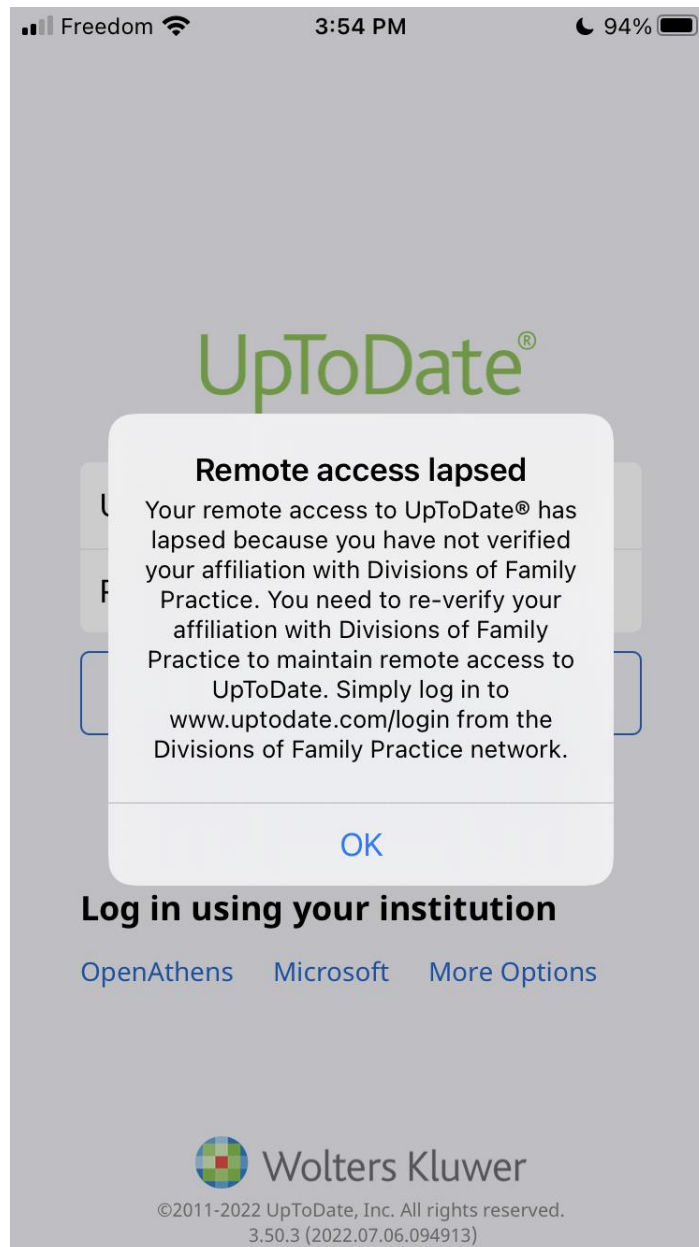
Create your username and password

Username

Password

How to renew your UpToDate access

Every 180 days, the message below will appear on your phone when you try to access UpToDate.



In order to maintain your access to UpToDate, you will need to follow the steps below:

1. Log in here: <https://divisionsbc.ca/user/login> **using a computer/or laptop**
2. Click "My UpToDate"
3. When you see this message above, click "OK" to verify your Division Affiliation

4. Then you will be able to access UpToDate again via your phone

How to reset your password on Divisionsbc.ca

Navigate to www.divisionsbc.ca and click on Member Login.

From there, click on Reset Your Password.

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KEYWORDS MEMBER LOGIN SIGN UP SEARCH

Divisions of Family Practice > Log in

Log in

Log in Create new account Reset your password

Don't have an account? [Sign up for one here.](#)

Login by username/email address *

You can use your username or email address to login.

Password *

Log in

Enter your email address and click Submit.

Divisions of Family Practice
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KEYWORDS MEMBER LOGIN SIGN UP SEARCH

Divisions of Family Practice > Reset your password

Reset your password

Log in Create new account Reset your password

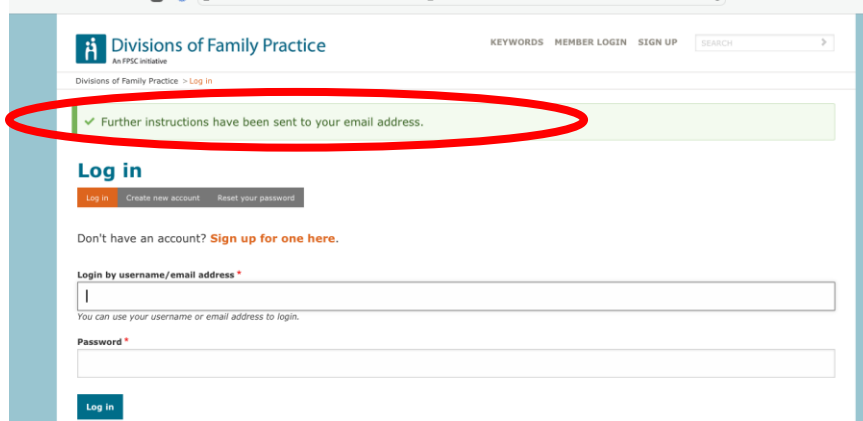
Email address *

aashbaugh@doctorsofbc.ca

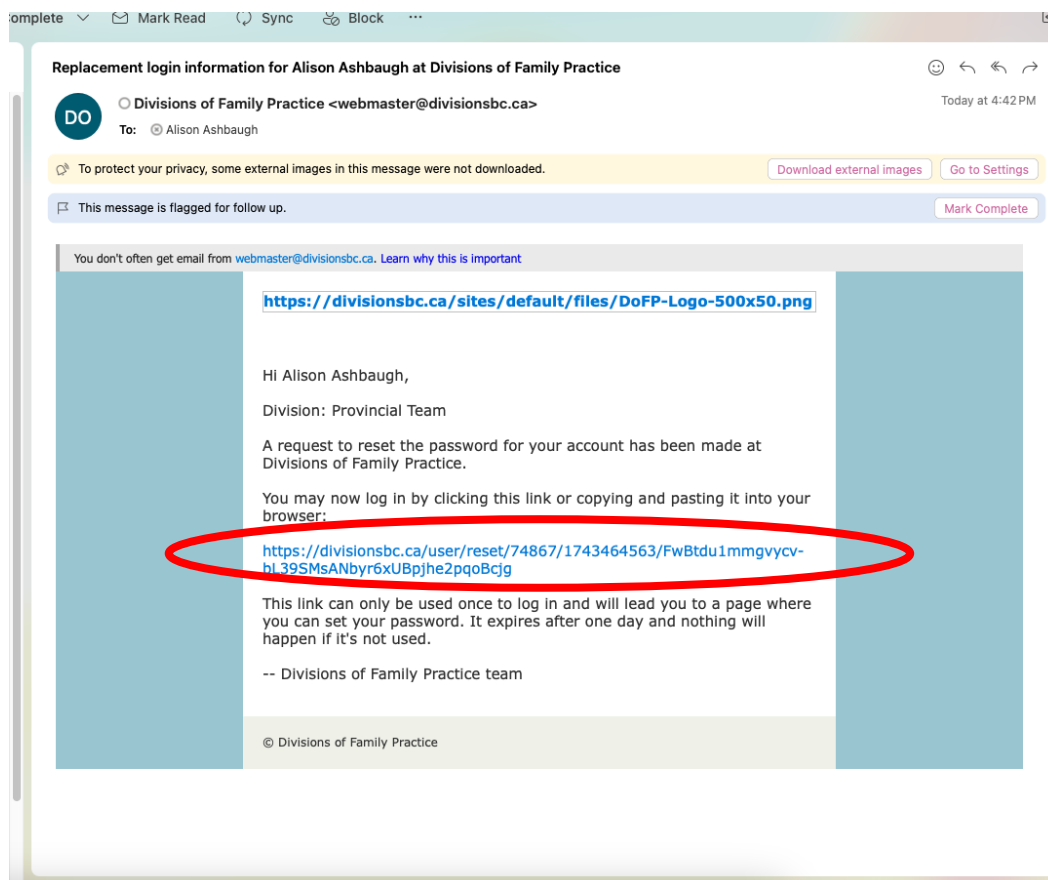
Password reset instructions will be sent to your registered email address.

Submit

You will see a green pop up at the top of your screen indicating the email has been sent.



You will receive an email to your listed email address. It will look like this:

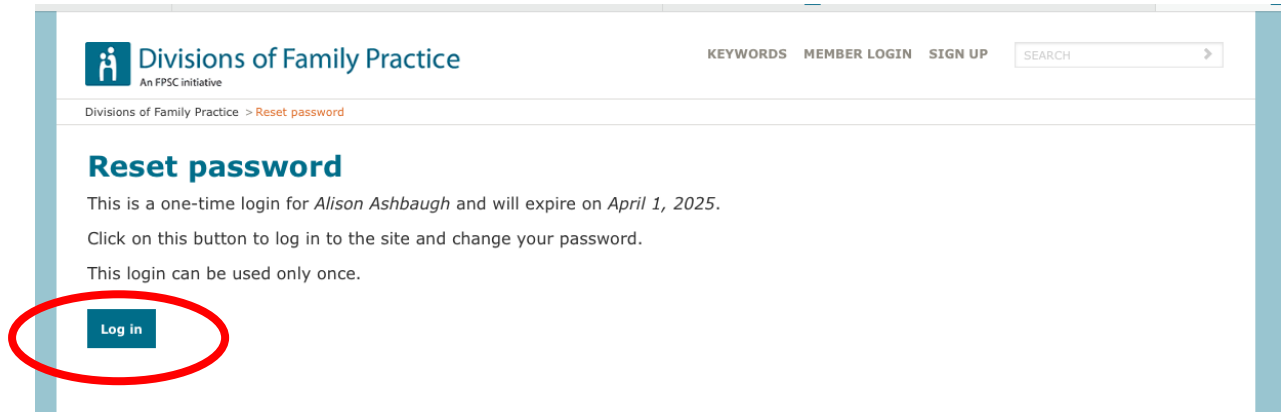


Click on the hyperlink provided.

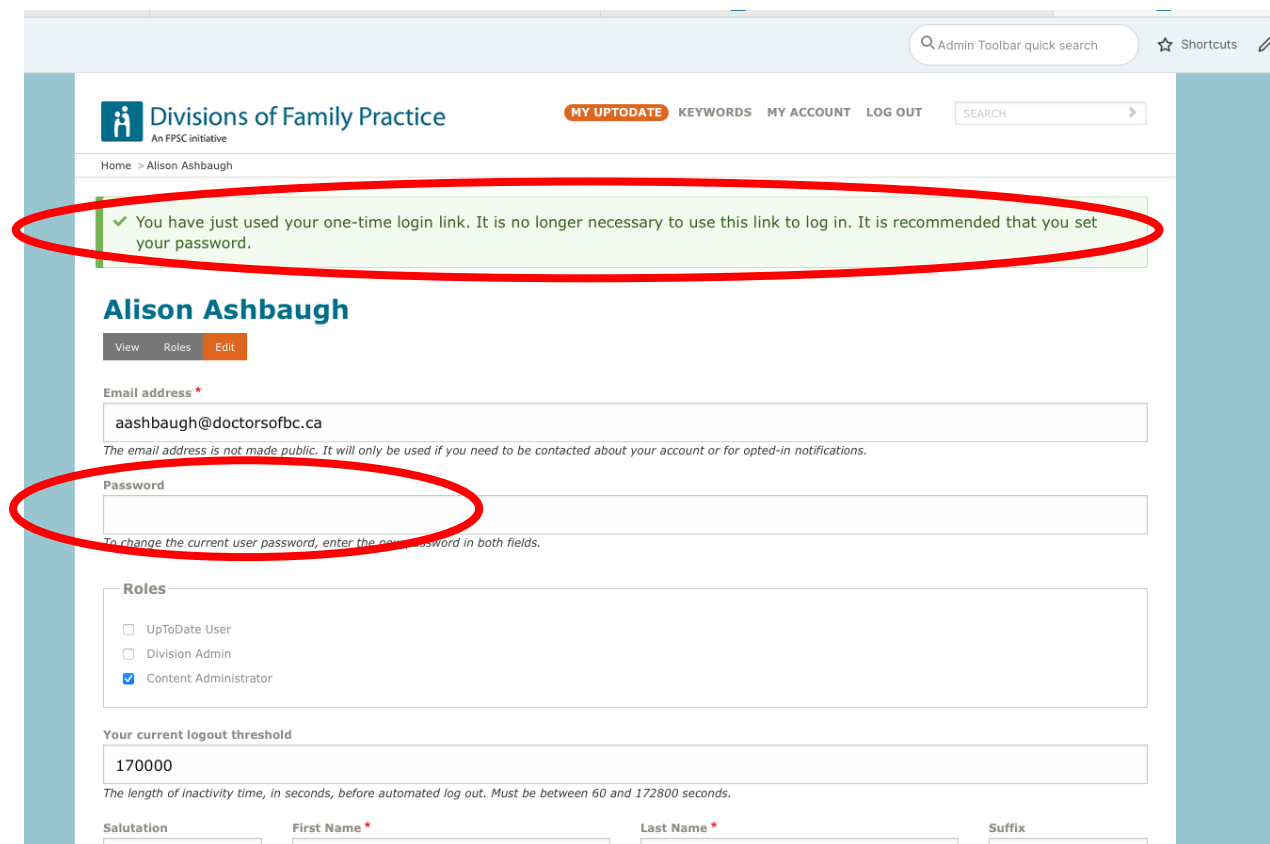
Note: This link is only valid for ONE TIME USE – once you click on it, it will de-activate and you

cannot navigate to it again. You will have to begin the password reset process from step 1 and request a new email link.

Once you click on the hyperlink, you will navigate to this page:
Click on Log in.



Once you have logged in, you will see the following page:
You need to enter a new password IMMEDIATELY. **DO NOT** navigate out of this page without entering your password.



Enter your new password with the recommendations provided.
Enter your password again in Confirm Password to ensure they match.

You have just used your one-time login link. It is no longer necessary to use this link to log in. It is recommended that you set your password.

Alison Ashbaugh

View Roles Edit

Email address *
aashbaugh@doctorsofbc.ca
The email address is not made public. It will only be used if you need to be contacted about your account or for opted-in notifications.

Password
.....

Password strength: **Good**

Confirm password
.....

Passwords match: yes

Recommendations to make your password stronger:

- Add numbers
- Add punctuation

To change the current user password, enter the new password in both fields.

Scroll to the bottom of the page and hit Save

Preferred Phone Work Phone Home Phone Cell Phone

Cell

Mailing - Address 1

Mailing - Address 2

Mailing - City Mailing - Postal Code

Save Cancel

Your changes have been saved. You can now navigate anywhere on the site.



Divisions of Family Practice

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MY UPTODATE

KEYWORDSMY ACCOUNTLOG OUT

SEARCH

Alison Ashbaugh

✓ The changes have been saved.

Alison Ashbaugh

View

Roles

Edit

Current password

Required if you want to change your Email address or Password. [Reset your password.](#)