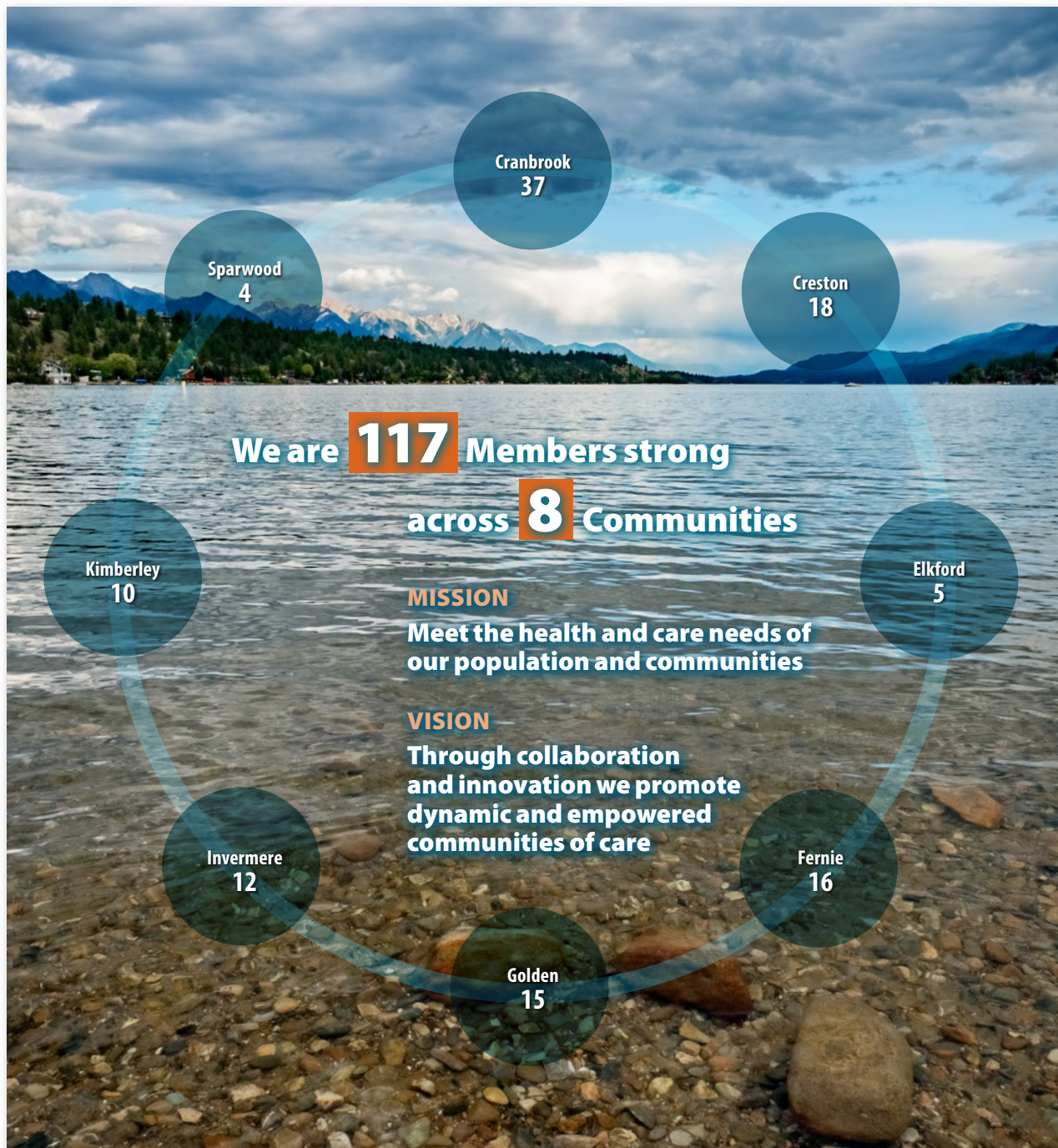


# ANNUAL REPORT 2016–2017



Invermere



Sparwood



Board of Directors 2016–17



AGM 2016

## YEAR IN REVIEW

It has been another exciting year of change and growth for us. Megan Purcell became the Executive Director in April 2016, and Patti Phillips transitioned to the Operations Lead role. Our staff continues to grow and evolve as the needs of the Division change, and we are looking forward to some new faces joining us in the year ahead.

Our board has prioritized grassroots work in our communities through various projects, and continues to share our local, rural perspectives at the provincial level to ensure it informs health care policy and planning. Our board members continue to develop their leadership skills through training opportunities, and have worked hard to advocate for team-based care sustainability.

This year, Mike Walsh continued as the Chair, Todd Loewen as the Physician Lead, Cecile Andreas as Vice Chair, and John Kilfoil as Secretary/Treasurer. John moved to Calgary in April, and Gareth Mannheimer took over as Secretary/Treasurer for the remainder of the term. Members at large were Sheri Bentley and Jessica Chiles.

### Highlights of the year:

- Residential care initiative MOUs (memorandum of understanding) signed in all communities
- Quarterly RCI (residential care initiative) Quality Improvement Meetings held in our communities
- Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative generated many great events, learning opportunities, partnerships, and improved care for patients

- Patient medical home physician engagements were completed in each community
- Primary care social workers continue to provide services in Fernie, Elk Valley, Creston, Cranbrook, and Kimberley
- Funding from the Shared Care Committee for a rural maternity project
- Partnership funding to sustain Recruitment and Retention Coordinator
- Physician leadership and training opportunities

We would like to sincerely thank all the directors, executive, and support staff for their diligent and passionate work.

Dr. Michael J. Walsh, Dr. Todd Loewen, and Megan Purcell

## ACTIONS AND INITIATIVES ACROSS THE DIVISION



Getting Active with Healthy Kimberley

### A GP for Me Impact-based Funding – Social Workers

Through the extension of A GP for Me Impact Based Funding, we have continued to contract three primary care social workers in six communities – Fernie, Sparwood, Elkford, Creston, Cranbrook, and Kimberley.

As we move towards enhancing patient medical homes and a team-based approach to primary care, the social worker has been an integral part in working with patients in

the participating communities. Our board is advocating directly with the General Practice Services Committee (GPSC) and Ministry of Health to support the continuation and expansion of this important service.

### Healthy Kimberley

Healthy Kimberley has continued to be led by Dr. Ilona Hale and the local Advisory Committee. Last spring we hired a new Coordinator, Jennifer White, who is a kinesiologist with a wealth of experience offering wellness programming in Australia.

Jenny and the team have applied for numerous grants, and have been successful with the City of Kimberley, Resorts of the Canadian Rockies, and BC Healthy Communities. They have also built numerous partnerships and have just announced that a playbox (filled with balls and play equipment) will be set up in one of Kimberley's parks.

### Residential Care Initiative (RCI)

- Signed MOUs with Interior Health for the residential care initiative in 2016
- Thanks to Jo Ann Lamb and Shirley Parent for assisting these physicians in developing their MOUs and plans for residential care
- 80 doctors now participate in ensuring patients in residential care facilities have a MRP
- The project covers 492 patients throughout the East Kootenay Division of Family Practice region

### Recruitment and Retention

- Working with family physicians, IH, and community partners to support postings and welcome visiting GPs
- The Cranbrook Physician Task Force takes a collaborative approach, securing the majority of new GPs, and hosting a re-connection event for Cranbrook GPs and Red Carpet Committee
- Special thank you to RDEK, our funding partner for 2+ years
- Smaller patient panels as lifestyle becomes more of a priority. Larger practices being replaced by two physicians
- Currently seven GP postings in five communities. Main reasons: replace departing physicians, anticipation of retirements, and increased community need
- Better use of existing networks and website for locum placements

### Shared Care

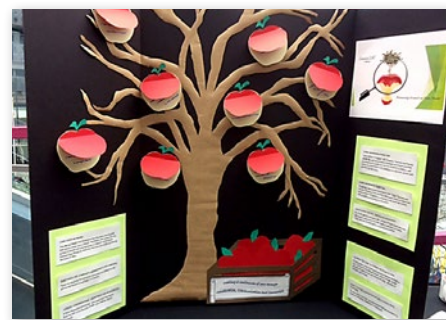
Over the past year, Shared Care has focused on the Child and Youth Mental Health and Substance Use Collaborative, which experienced great success and impact. As the CYMHSU Collaborative winds up, we anticipate a renewed energy directed toward future Shared Care projects. Shared Care funding has been approved to support engagement with physicians on rural maternity care. In addition, we will be fostering new opportunities for physicians to bring ideas and help to develop solutions through Shared Care and other projects.

### Child and Youth Mental Health Substance Use Collaborative (CYMHSU)

To increase awareness of mental health and substance use resources locally, regionally, and provincially the Local Action Teams (LATs) in Creston, Kimberley/Cranbrook and Golden have partnered with:

- RCMP
- Interior Health
- Pediatricians
- Social Workers
- EK Family Physicians
- Medical Clinic Staff
- School Districts 5, 6 and 8

Events to reduce stigma, create caring communities and provide education include a weekly booth at a local summer Farmer's Market, Fentanyl literacy and Mental Health literacy for schools, youth and parents, social media literacy and safe digital citizenship which 1300 students from 3 communities participated and Family Physician learnings including a Child Psychiatrist through telehealth, strengthened linkages with CYMH clinicians.



Creston LAT storyboard presentation at CYMHSU Congress

Harm reduction strategies include: education for youth and community partners for suicide intervention skills, pamphlets developed for parents with key messages about good mental health for their children, the installation of safe needle receptacles in public places, networks of FPs established to attach unattached youth in crisis.

The regional Eating Disorder clinic including Pediatricians, CYMH clinician and dietician has been successfully running for 2 years. The number of patient referrals to BC Children's Hospital has been reduced by 70%! A Step Down Eating Disorder clinic model is in place, which supports FPs in their home communities to take over the medically stable youth, following the wrap around care model practiced in the regional clinic.

LAT youth have held events to encourage inclusivity and reduce the stigma of MHSU challenges. The BEANS, the Kimberley/Cranbrook youth group, have travelled to 5 communities and spoken to 300 students about mental health. They participated at the final provincial congress and spoke with Val Tregillus (Program Director for the CYMHSU Collaborative).



EK LAT teams at CYMHSU Congress



Local Action BEANS with Val Tregillus

# OUR AREA OF FOCUS IN THE YEAR AHEAD... PATIENT MEDICAL HOME

We completed physician engagements in each of our member communities in September and October. We heard from you that patient medical homes are already in practice in most communities, but there are opportunities to enhance and integrate health care services.

In the year ahead, we plan to engage with more physicians, as well as community organizations and the public, to mobilize partners and resources, and identify gaps

and opportunities in the communities. We will implement these engagements with some new funding from the GPSC.

The Division is dedicated to ensuring that physicians' voices are heard throughout the planning and development of patient medical homes and primary care homes in the East Kootenay. We welcome your input and ideas, and we look forward to hearing more about your needs.

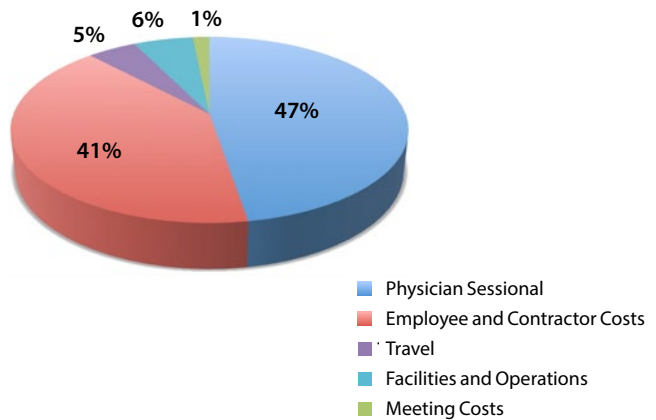


## FINANCIAL STATEMENT

### Unaudited Income and Expense Statement for Year Ending March 31 2017

Funding Carried Forward	\$	342,497.05
New Funding	\$	1,222,062.90
<b>Total Income</b>	<b>\$</b>	<b>1,564,559.95</b>
<b>Expenses</b>		
Physician Sessional	\$	589,312.23
Employee and Contractor Costs	\$	505,440.62
Travel	\$	58,318.28
Facilities and Operations	\$	70,847.31
Meeting Costs	\$	20,057.15
<b>Total Expenses</b>	<b>\$</b>	<b>1,243,975.59</b>
Unused Funds Forward	\$	320,584.36
<b>Total Expenses and Unused Funds</b>	<b>\$</b>	<b>1,564,559.95</b>

### Expenses Summary



Fernie

The Divisions of Family Practice Initiative is sponsored by the General Practice Services Committee, a joint committee of the BC Ministry of Health and Doctors of BC.

[www.divisionsbc.ca/east-kootenay](http://www.divisionsbc.ca/east-kootenay)

Office: Suite 200-201 14th Ave., N.  
Mail: P.O. Box 742, Cranbrook, BC V1C 4J5  
Phone: 250-426-4890  
Fax: 250-417-4664  
Email: [mpurcell@divisionsbc.ca](mailto:mpurcell@divisionsbc.ca)