

TIP: RADIAL HEAD DISLOCATION IN CHILDREN

Tip: Do you have a young child in your clinic who does not seem to want to use their arm after a pulling injury? Maybe they were with a caregiver who grabbed the child's hand to prevent them from falling or maybe they were playing with a parent who was swinging the child. They might have a radial head subluxation (A.K.A. "nursemaids elbow")

Trick: If the accident was non-traumatic and there is no neurovascular compromise, bony pain, or edema, you might have all the tools you need to get the little one back on with their day! In a radial head subluxation, some of the annular ligament is displaced into the radio-humeral joint space. Scan this QR code on your phone to watch this quick video for an example of how to quickly and easily reduce the dislocation:



https://www.youtube.com/watch?v=n74j7dNQbjU&ab_channel=LarryMellick

