





#### Foundry Victoria - Employee

- Family Counselling
- Hormone Readiness Assessments

#### Grow Counselling- Owner

- Trauma and Attachment Therapy
- Family Therapy/Parenting Classes
- Wellness classes for Youth and Families
- CONTRACTS
  - Fist Nations Health Authority/ NIL TU,O
  - Sagnich Parks and Recreation
  - Ministry of Child and Family Development



## My parents want to be supportive...

- -Validate the fear parents have regarding social and physical transition
- -For many parents this is a grieving process for the life they had anticipated
- -If parents think it's a phase, using chosen name and pronouns helps youth figure that out.
- -It took youth years to figure it out, and will take parents time to understand as well



## Open Ended Questions

- What words if any do you use to define your gender?
- What was your experience of gender as a child?
- -What are you hoping to get from your transition?
- What has been helpful so far?

### Case Presentation

- 18 years old
- Lives with both parents
- Attends Oak Bay High School
- Enjoys baseball
- Gets good grades
- Was been hospitalized for a suicide attempt at 16 years old.





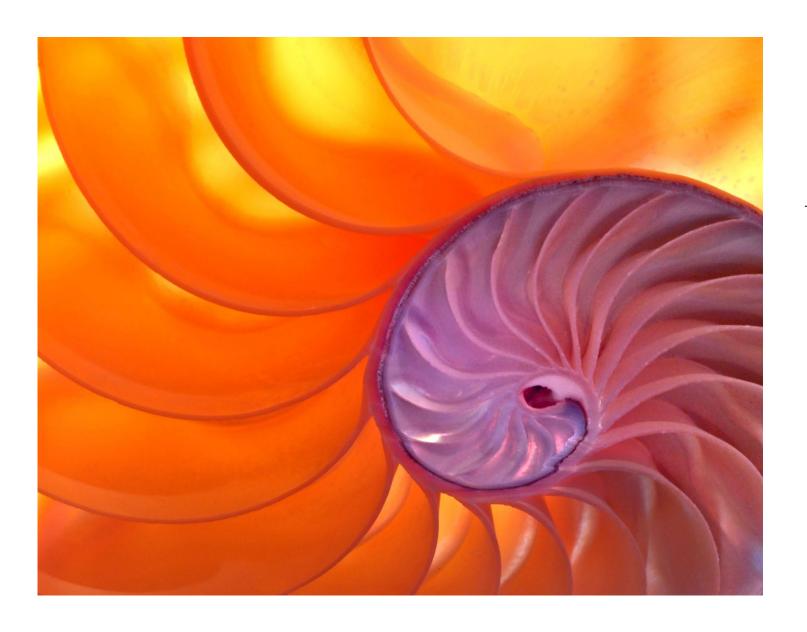
# Case presentation

- 13 years old
- Adopted at age 4
- Parents are separated and co-parent 50- 50
- Loves science and art
- Home schooling currently

### Referring clients...

- Trans Care BC
- Private pay
- Age and residence





### Questions?