

Support Groups, Victoria BC

<p>Greater Victoria Intergroup AA Central Office #8-2020 Douglas Street Victoria BC V8T 4L1 Office Hours: Mo-Fr; 9.30 am – 5 pm Business Line: 250-383-0415 24 Hour Help Line: 250-383-7744 Email: vicintgpco@shaw.ca Fax: 250-383-0417 www.aavictoria.ca/</p>	<p>South Vancouver Island Area of Narcotics Anonymous 24 Hour Helpline: 250-383-3553 Toll Free: 1-866-664-3511 Mailing Address: South Vancouver Island Area of NA PO Box 8284 Victoria, BC V8W 3R9 www.svina.ca/</p>
<p>Alanon Family Groups Victoria AIS/LDC Office #2, 2020 Douglas St. Victoria, B.C. V8T 4L1 250-383-4020 alanonvictoria@gmail.com Office hours: Mon, Wed & Fri 10am - 2pm www.bcyukon-al-anon.org</p>	<p>Life Ring 250.920.2095 in Victoria 1.888.920.2095 toll free Mailing Address: Box 104 105 - 1497 Admirals Road Victoria, BC V9A 2P8 (this is a mailing address only) http://liferingcanada.dreamhosters.com/</p>
<p>SMART Recovery Victoria Meeting James Bay New Horizons Activity Centre 234 Menzies St, Victoria, BC V8V 2G7 Tuesday 7:00 PM – 8:00 PM Wendy Shayne smartrecoveryvictoria@shaw.ca www.Smartrecoverybc.com</p>	<p>Addictions Outpatient Treatment 2nd floor - 1250 Quadra Street Victoria, BC V8W 2K7 Phone: 250.519.3544 Fax: 250.519.3545 www.viha.ca/mhas/</p>
<p>Women's Recovery Group Quadra Village Community Centre 901 Kings Rd. Tuesday 4pm – 6pm for 6 weeks. wecanhelp@umbrellasociety.ca www.umbrellasociety.ca</p>	<p>Connections Drop In Group 1125 Pembroke Street RAS room Tuesday and Friday 2:30pm – 3:30 pm www.umbrellasociety.ca</p>
<p>Recovery Addictions Support (RAS) is a flexible day program for clients new to recovery. The program runs seven days per week and offers daily psychoeducational groups and complementary therapies. 1125 Pembroke Street Open everyday at 10am Phone: 250-213-4441 www.viha.ca/mhas/</p>	