

# Action Plan

**Goal: (write your goal statement here)**

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**Actions:**

<b>Action Steps</b> <i>What Will Be Done?</i>	<b>Resources</b> <i>Resources Available or Resources Needed</i>	<b>Potential Barriers</b> <i>What might stop you from reaching your goal?</i>	<b>Evidence of Success</b> <i>How will you know you are making progress or have achieved your goal?</i>
<b>Step 1:</b>			
<b>Step 2:</b>			
<b>Step 3:</b>			

To request follow-up on your Action Plan or for in-practice support by a PSP coordinator, please email [RSP@viha.ca](mailto:RSP@viha.ca)  
We are here to help!