

Respiratory Therapy in the Community (RTiC)

What is RTiC?

CHS program offering in-home community based Respiratory Therapy services that will:

- Provide service to clients experiencing exacerbations of respiratory disease
- Offer support to clients in order for them to self-manage their respiratory health at home
- Improve quality of life, health outcomes and overall experience of clients in our care
- Decrease Emergency Room presentations and hospital admissions for clients experiencing exacerbations of respiratory disease

What are RTiC services?

- ✓ Respiratory education
- ✓ Self-management strategies
- ✓ Care plans
- ✓ Action plans

Who are our partners?

- Emergency Department Team
- Acute Care Teams
- Community Health Services
- Primary Care
- Community Virtual Care

Questions?

• RTiC@IslandHealth.ca

Who is eligible?

- Individuals who are not able to manage their respiratory disease and symptoms at home:
 - o COPD
 - Asthma
 - Interstitial Lung Disease
- Individuals who are not able to manage a chronic disease affecting their respiratory system at home:
 - Neuromuscular Disease
 - Sleep disordered breathing
 - o CHF

What can you do?

- ✓ Determine eligibility
- ✓ Refer to RT
- ✓ Email RTiC with questions

How to refer to the RT?

For clients new to CHS: Call Community Access at 250.388.2210 If you have questions, email RTiC@IslandHealth.ca

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