

September 8, 2020

Dear Colleagues,

Last week we promised to provide you with some easy-to-use materials to help you guide parents and children through the return to school.

We are pleased to share with you the following documents:

1. [Managing COVID-19 Symptoms at Home](#): a flow chart of what household members should do if a student (including their own) or teacher in a child's class or cohort develops symptoms that could be COVID-19.
2. [Self-Isolating at Home](#): a flow chart of what self-isolation looks like in various situations, and when it's safe to return to school/work. Also includes links to documentation for caregivers about how to provide care for children or those without the ability to do so for themselves.
3. [Managing COVID-19 Symptoms at School](#): two flow charts, 1) what should household members do if a student (including their child) or teacher in their child's class or cohort develops symptoms that could be COVID-19, and 2) what to do if someone in a child's class/cohort has a positive COVID-19 test.
4. [Guidance for returning to school](#): covers two key topics, 1) when is a doctor's note required (to stay in school, to stay away from school, or to return to school after illness), and 2) guidance for individuals with Immune Suppression.

While these pieces are written for Family Doctors, they should be easy for patients to follow, so could be posted on your website or distributed in any newsletters you produce.

A huge thank you to Dr. Dee Hoyano, Medical Health Officer for Victoria who, along with many others, reviewed these documents over the long-weekend.

Please send any concerns or suggestions to [victoria@divisionsbc.ca](mailto:victoria@divisionsbc.ca) and we will endeavour to address them in future versions.

Regards,

Drs. Aaron Childs and Jaron Easterbrook  
Co-Chairs, Greater Victoria Primary Care COVID Task Group