



Don't Leave Your  
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**ADVANCE CARE PLAN**  
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Up In The Air

## Have the conversation on National Advance Care Planning Day.

Advance Care Planning lets you have a say in the health care you will receive if you are unable to speak for yourself. Discussing and documenting your wishes with your loved ones and health care providers means they will be better able to speak on your behalf when needed.

**Join us for a FREE information session on Wednesday, April 16, 2015 from 7:00–9:00pm:**

- 2-hour educational session with legal and health care professionals
- Topics covered include: representation agreements, advance directives and appointing substitute decision makers
- Three locations to choose from:

★ **Peninsula Health Unit**  
★ 2170 Mt. Newton X Road  
★ Saanichton

★ **Juan de Fuca Rec Centre**  
★ 1767 Old Island Hwy, Colwood  
★ (call 250.478.8384 to register)

★ **Victoria Health Unit**  
★ 1947 Cook Street  
★ Victoria

For more information, visit:  
[www.viha.ca/advance\\_care\\_planning](http://www.viha.ca/advance_care_planning)



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British Columbia Branch

