From: To: Subject: Date: <u>Chelsea Brookes</u> <u>Brookes, Chelsea</u> TEST - Fall 2015 Newsletter July-05-17 2:10:30 PM

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Fall 2015

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The weather is getting colder as fall sets in, but we are working hard at the Division office to bring you the next edition of our Division Focus newsletter. This issue will provide you with important updates about the many engagement events our members so diligently and enthusiastically attended over the busy summer. There is information about new initiatives and new events to pique your interest. Read on!

GPSC Residential Care Incentives

We are excited to coordinate the GPSC Residential Care Initiative for Kamloops, which will design and implement local solutions that deliver dedicated GP Most Responsible Physician (MRP) services to patients living in residential care homes.

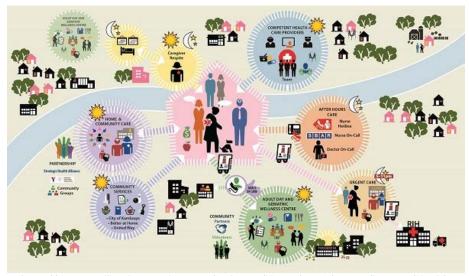
Our goal is to have all family physicians involved so that we can support you in achieving the five best practices. Registration is required to receive the quarterly incentive

By now, you should have received a package about the initiative. If you have not received your residential care package and are interested in participating, please contact the Division.

To learn more about the GPSC initiative, <u>click here</u>. You can also contact <u>Dr. Phil</u>

Repositioning Care for Older Adults: It Takes a Community

The Thompson Region Division of Family Practice co-led with Interior Health to develop a model of care for older adults with moderate to high complex conditions in collaboration with key stakeholders. Co-chairs Dr. Phil Sigalet and Cathy Thibault presented the model of care designed by the Kamloops Local Action Team to the Ministry of Health on October 14 and 15. Their model aims to develop a new plan for a truly integrated system of health care for older adults by focusing on patient and family centred care. Access to care is an integral part of the model. The fantastic work completed by the LAT aligns with the current and planned work in the community, and it seeks to improve existing services. Congratulations to Dr. Sigalet, Cathy, and the rest of the team!



http://www.mailoutinteractive.com/Industry/Home/9108/31375/images/Health Care for Older Adults in Kamloops - graphic legend -handouts at Oct 14-15 event (2).pdf



You're Invited: Exploring the Nurse in Practice

The Nurse in Practice project introduces nurses into physicians' offices as a way to ease physicians' workloads, ensure patients get the time and care they need, and put more patients into physicians' offices for diagnosis. The project team has developed a toolkit that will support a physician on the areas and steps to consider when introducing a nurse in their practice. This includes an interactive business tool developed with Venture Kamloops to enable a physician to see the financial impact this would have on their practice. The team is excited to share their findings and developed tools at a presentation to the membership on November 5, 2015 at the Hilton Doubletree. We look forward to seeing you there.

<u>Click here</u> to download the registration form or <u>here</u> to read a testimonial from a physician who successfully utilized a nurse in her practice.

We are also looking for a physician interested in piloting this project. Please contact the Division if you are interested, or join us on November 5th to learn more!



A GP for Me



Physician Engagement Event

Exploring the Nurse in Practice

JOIN the Thompson Region Division of Family Practice to

LEARN about a cost recoverable solution to improve physician job satisfaction and quality of care, and

DISCOVER tools and resources to support bringing a nurse in to your practice

Thursday, November 5th, 2015 5:30 - 7:00 PM Yellowhead Room, Doubletree by Hilton Dinner available at 5:30 PM

Physician Engagement Event Registration		
lame:		
hone:	Email address:	
Special dietary requiren	nents:	

Please RSVP in one of three ways:

- Emailing thompsonregion@divisionsbc.ca,
- Dropping off your form in the Division's mailbox located in the physicians' lounge at RIH
 Faxing confirmation to 250-372-1610
- · You will be compensated for your time

Fall BBQ

The Recruitment and Retention Committee hosted a Here Comes the Fall BBQ for GPs and their families. The event took place on Friday, October 2, 2015 from 4:30-7:30 PM at Tranquille Farm Fresh, located at 4600 Tranquille Road. It was fun for the whole family, with a corn maze race, tunnel tours, and a casual BBQ dinner. The kids had a great time learning, playing, and roasting marshmallows for s'mores. Yeehaw!





Improved Support for Divisions and FPs to take on Youth Patients

The Specialist Services Committee have supported a project to develop Transition Care Management Plans for youth with chronic health conditions who are aging out of pediatric care and moving onto adult services. During transition the role of the Family Physician becomes much more significant. We are seeking Family Physicians to review the plans and have a separate letter to send to them directly with a consent.

<u>Click here</u> for more information. Please contact Sandy Whitehouse at <u>swhitehouse@cw.bc.ca</u> or by telephone at 604-374-4437.

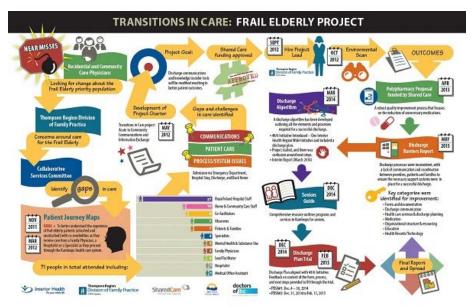
A Project's Story: Telling the story of our Frail Seniors work to-date

Dr. Phil Sigalet, Physician Lead for Transitions in Care, and Monique Walsh, Shared Care Lead, attended a provincial Shared Care Steering Committee meeting in Victoria early October to present on the Transitions in Care Frail Seniors project.

Dr. Sigalet and Monique presented the journey (see project journey map below) this project took over the past few years as well as the project team's recommendations for future Transitions in Care work with Frail Seniors in our community. These recommendations to look at information exchange when patients present at the Emergency Department and exploring a patient travelling chart for frail seniors were based on a recent gap analysis the team completed.

From their presentation in Victoria the Shared Care Steering Committee felt that: "There is a large amount of transferable work from this project" and that "The terminology used in the project, *Transfer of Trust* and *Warm Hand-Over* [was] very powerful."

A big thank you to all those physicians who have participated over the years on this Transitions in Care project and we look forward to the next round of work with Frail Seniors. Also, thank you to Dr. Sigalet whose leadership over the past number of years has been instrumental to seeing this project through to completion.



Looking for physicians with Endocrinology needs/interests for a short telehealth trial

We are about to start a new trial within our Endocrinology Telehealth project that will span the next few months. The goal will be to trial telehealth between Family Physicians and their patients from the physician's office and connect in with an Endocrinologist via telehealth.

Do you have a patient(s) that could be part of this trial over the next couple of months?

Please contact the Division to get involved.

So you have heard about the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative. Now what?

Within BC it is hard not to have heard about this provincial Collaborative as it

builds momentum. Now with over 60 Local Action Teams and 10 provincial Working Groups exploring new ways to create system change across ministries for children and youth with mental health and substance use issues and only 18 months remaining until completion, there are a lot of changes still needed both provincially and locally.

It is time for physicians to get (more) involved and work towards seeing the changes they would like to see made in the systems to improve the care, access, and transition of children and youth. We would like to support you in bringing these ideas forward and implementing the changes that you can make within your practice. Over the next few months we will be revisiting our Patient Journey Map from the physician lens to see where have we made progress and what areas in the patient journey do we still need to improve on.

We will be also sharing the work of the Local Action Team more broadly. Two projects that have recently wrapped up that you will hear more about in the coming months are: Pediatric Psychiatry Patient Access and Flow Algorithm, a crisis protocol algorithm, and a resource hub for consumers and services providers (www.ewaykamloops.ca).

Looking forward to hearing more about your needs and ways we can supporting Quality Improvement in your practices and for your patients around mental health and substance use.

Request for Expressions of Interest

Your Division has collaborated with IHA to secure 3 Nurse Practitioners for our community. Ideally these practitioners will be co-located with a family practice. If your office is interested in additional primary care capacity and has physical space, please send us an email at thompsonregion@divisionsbc.ca or call 250-372-1621 to express interest. Should more than 3 practices express interest a selection process will follow.

The Division can help!

The Division has just completed a pilot project for creating a patient registry, which collects information from people who are looking for a family doctor and connects to a practice that has the capacity to take on new patients.

We hope to create a systematic mechanism to assist you if you are able to take on new patients. We can provide you with patient contact information if you have the capacity to take on patients. The Division is here to help!

New Staff

We reluctantly say farewell and good luck to our Bookkeeper, Sandy Taylor. Sandy has been with the Division since 2010! We are thankful to have had Sandy as part of our team, and are grateful for the tremendous amount of work she completed for the Division as it has grown over the years.

We are pleased to welcome Veronica Smith, our new Bookkeeper. Veronica comes to us with 15 years of bookkeeping experience and will be in the office during regular business hours on Tuesdays and Thursdays.

Upcoming CME and Webinar Opportunities

There are several upcoming education opportunities for family physicians that you may be interested in. Click the links below for more information.

BC Cancer Agency Family Practice Oncology Network

UBC Continuing Professional Development

Extra Reading and Resources

Click here to read the latest edition of the Divisions Dispatch newsletter.

Click here to read the latest edition of the GPSC newsletter.

Click here for the latest GPSC Meeting Summary.

Click here to access information about UpToDate.

Click here to read the latest edition of Interior Health's newsletter.

<u>Click here</u> to view the Endocrinology Telehealth tri-fold pamphlet.

Upcoming Meetings and Events

Division Board of Directors: Your Division Directors meet monthly to review progress and develop strategies to address emerging opportunities.

Upcoming Board Meetings: November 9, 2015

Thompson Collaborative Services Committee: Upcoming CSC Meetings: November 19, 2015

If you have items to bring forward to the Board and/or CSC please contact thompsonregion@divisionsbc.ca

Contact Us:

https://www.divisionsbc.ca/thompson/home

Phone: 250-372-1621 Fax: 250-372-1610 thompsonregion@divisionsbc.ca

Board Members:

Dr. Chip Bantock, Chair Dr. Graham Dodd, Vice Chair Dr. Ben Anders, Secretary Dr. Servaas Swart, Director

Support Team:

Brenda Phillips, Operations Manager Monique Walsh, Shared Care Laura Becotte, Project Lead Dr. Lennard Pretorius, *Treasurer*Dr. Krista Bradley, *Director*Dr. Peter Loland, *Director*Chelsea Brookes, *Executive Assistant*Tessa Girodat, *Administrative Assistant* Tessa Girodat, Administrative Assistant Veronica Smith, Finance

Newsletter Production Team:

Chelsea Brookes, Dr. Chip Bantock

If you have something to share for the September newsletter, please provide it to thompsonregion@divisionsbc.ca by December 1, 2016.

If you no longer wish to receive monthly newsletters from the Thompson Region Division of Family Practice and wish to unsubscribe from our newsletter mailing list, please click here.



Kamloops, British Columbia Canada

Canada

This email is intended for cbrookes@divisionsbc.ca.

<u>Update your preferences</u> or <u>Unsubscribe</u>

