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# Division *FOCUS*

Summer 2015

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The sun is shining and the temperature continues to climb, but we are working hard at the Division office to bring you a summer edition of our Division Focus newsletter. This issue will provide you with important updates about Division initiatives, as well as an extensive list of upcoming engagement opportunities designed to gather your input from your valuable experiences. Read on!

## 2015 Annual General Meeting and New Board

Our AGM was held on June 23<sup>rd</sup> and was attended by more than twenty-five Division members and their spouses. Annual reports were given by Chairman Dr. Chip Bantock and President Dr. Shirley Sze. Audited financial statements will be presented at an Extraordinary General Meeting in September.

The evening continued with the election of the Board of Directors for the 2015/2016 year. Newcomer Dr. Peter Loland joined returning directors Drs. Chip Bantock (Chair), Graham Dodd (Vice Chair), Lennard Pretorius (Treasurer), Ben Anders (Secretary), Krista Bradley, Miranda du Preez, and Servaas Swart.

Dr. Shirley Sze has moved on from her position as President with the Thompson Region Division of Family Practice. We thank Dr. Sze for all her work during the founding years of our organization and wish her well. She continues to support the Division during a transition period.

Prior to the AGM we extended a huge thank you to the two retiring family physicians who provided immeasurable care to our community. We celebrated Dr. Otto Zsigmond

and Dr. Paul Yanko for their immense dedication.

Change is a constant for division of family practice. Our work continues to evolve, as we engage in a growing number of initiatives of increasing complexity. With this in mind, we are confident that during this period of transition, with the support of our partners and the provincial Divisions team, we will continue to succeed in our efforts to improve primary care delivery in our community.

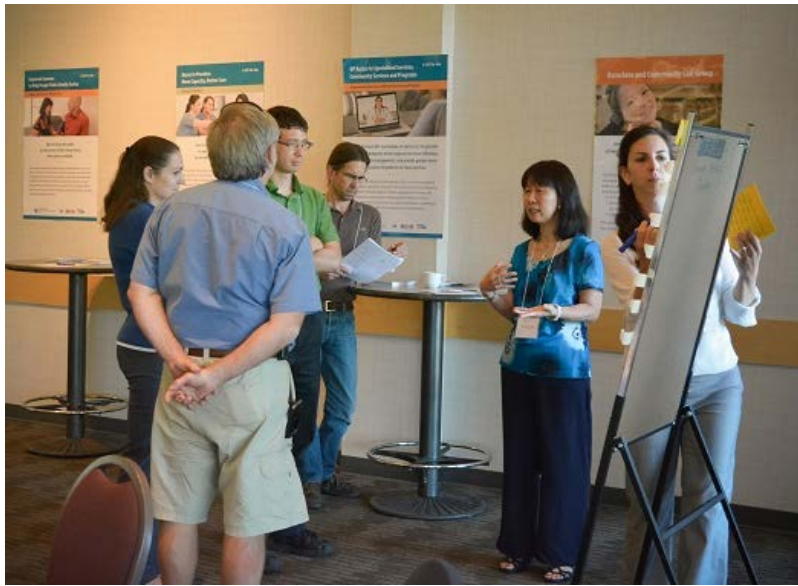




## Strategic Conversation

Following the AGM on June 23<sup>rd</sup> Division members engaged in a strategic dialogue to discuss our collective vision for family practice and primary care. The evening was full of great conversation and many positive visions for the future. A huge thank you to Dr. Annette McCall from the GPSC Visioning Committee for attending and linking our event to the GPSC's Visioning process, as well as to everyone who came out to share their ideas.







## Many Opportunities to Have Your Voice Heard!

What are you most interested in improving? Do you see challenges in your daily practice? There are several upcoming opportunities for you to get engaged and be part of the solutions. [Click here](#) to register for any or all of these exciting opportunities! As always, you will be compensated for your time.

### GPSC Visioning

- Speak up and tell GPSC how you want to practice! They want to hear your ideas about the future of primary care in BC. What GPSC hears will help it influence policy, set priorities, and allocate its budget over the next 3-5 years. The decisions made will impact you, your practice, and your patients. Although the Thompson Region Division's in person event has already occurred, there are still plenty of opportunities to have your voice heard. [Click here](#) to access the survey by responding to four questions or go [online](#) for more information. If you have any questions, please contact the Visioning Steering Committee at [gpscvisioning@doctorsofbc.ca](mailto:gpscvisioning@doctorsofbc.ca).



### GPSC Residential Care Initiative: Share your perspective and be part of the future model for providing residential patient care

*Wednesday, July 29, 5:30-6:30 PM, Sandman Signature Hotel*

- We are pleased to host a meeting to gather your ideas on designing a local solution for dedicated GP MRP services for residential care communities with residential care beds (Kamloops and Ashcroft). Dinner will be provided and you will be compensated for your time.
- The GPSC is introducing the residential care initiative to improve care for one of BC's most vulnerable populations of patients. This initiative is designed to address challenges by enabling physicians to develop local solutions to improve care of patients in residential care services. Participants will also establish best practice expectations and system level outcomes to guide changes in the culture and systems of care.

### Access to Psychiatry

*Thursday, August 6, 6:00-8:00 PM, Location TBD*

- A focused conversation around access to psychiatry services in the Thompson Region: what works, what does not, and what can we do differently to enhance the working relationship between Family Physicians and Psychiatrists

and improve patient/provider experience.

- Thursday, August 6 - 6:00PM-8:00PM, Location TBD

### **Revisiting GPSC Attachment Fee Code Incentives: What's working? What isn't?**

*Wednesday, August 19, 6:00-7:00 PM, Sandman Signature Hotel*

- The GPSC is currently evaluation how the GP For Me Attachment Fees have been used since they were introduced in 2013 and what changes are needed to better achieve their intended objective. The experience of physicians using the fee codes, the opportunities and barriers they present, the different issues that arise in different regions and types of practice are needed to inform this review. This consultation with Division members is intended to bring your experiences and recommendations to these provincial considerations and to reflect the practical realities you face using these fee codes.
- Space is limited to the first 10 who register.

### **Thompson Region's Shared Care Steering Committee Environmental Scan**

*Thursday, September 3, 7:00-8:00 AM, RIH*

- Throughout the summer and into the fall the newly formed Shared Care Steering Committee is looking for your input in identifying the strategic direction for our community's Shared Care program which will include a mix of focus groups and interviews. Please join us for a strategic conversation around future Shared Care priorities.

### **Thompson Region's Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative Local Action Team Physician Reference Group**

*Wednesday, September 9, 7:00-8:00 AM, RIH*

- This group engages and contributes to the Child and Youth Mental Health and Substance Use Local Action Team by reviewing and offering feedback to work the team has recently undertaken. Projects/tests of change to be discussed: an online resource of CYMHSU community resources; a transitions algorithm, a crisis response protocol, and peer navigation.

### **Practice Standards for Access to Palliative Beds**

*Monday, September 14, 2:00-3:30 PM, Home Health Boardroom and Teleconference*

- Interior Health has been working for some time to develop new strategies for Palliative/End of Life Care. As part of this strategy they are proposing some changes to the number and access to palliative care beds. IHA is inviting physicians to provide input into the proposed changes. Please contact the Division at 250-372-1621 or [thompsonregion@divisionsbc.ca](mailto:thompsonregion@divisionsbc.ca) if you're interested and we'll get you connected.

### **Succession Planning 101**

*Tuesday, October 20*

- This October 2015, we are partnering with PSP to deliver a Succession Education Workshop that will be available to all members. The purpose of this educational workshop is to help prepare physicians to transition out of practice and make local professional partners from the legal, accounting, and business fields available to answer questions and provide guidance during the transition. Please keep an eye out for further information regarding the event.

### **Nurse in Practice Workshop**

- The nurse in practice project is putting the finishing touches on a toolkit that will contain everything a physician will need to incorporate a nurse fully into their practice, from the financials to all of the advantages this could bring.

They have prepared a presentation to tell you all about the toolkit.

- Invitations will be coming out in the next few weeks and the nurse in practice team will come to your office during lunch time, bearing great food and an interesting concept we are hoping you will be interested in.

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## Repositioning Care for Older Adults

The Thompson Region Division of Family Practice is co-leading with Interior Health to develop a model of care for older adults with moderate to high complex conditions in collaboration with key stakeholders. The initiative aims to develop a new plan for a truly integrated system of health care for older adults in Kamloops as directed by the Ministry of Health. Nine other Divisions in the province, including Central Okanagan Division in Kelowna, are also working on models for their communities.

Dr. Phil Sigalet, Chair of the Residential and Community Care Committee, and physician lead for our Transitions in Care, Polypharmacy, and GPSC Residential Care Initiative, will act as Co-Lead on behalf of the Division, with Cathy Thibault as the Interior Health Co-Lead.

A Local Action Team comprised of key stakeholders has been formed to draft a strategy, which will be reviewed by the Division Board of Directors. If you have questions or ideas for input please contact the Division.

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## Canadian Collaborative Mental Health Award

Congratulations to all! The Collaborative has won a national award jointly sponsored by the Canadian College of Family Physicians and the Canadian Psychiatric Association. The award recognizes excellence in inter-professional, team-based collaboration between family physicians and mental health service providers. Dr. Shirley Sze, Dr. Lyn MacBeath, and Jamie Marshall, Practice Lead, MHSU, Community Integration at Interior Health Authority received the award on behalf of all involved at the Canadian Collaborative Mental Health Care Conference in Calgary on June 20<sup>th</sup>. They are pictured here at the event with conference chair and psychiatrist Dr. Nick Kates, and CFPC representative.



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## New Residents

We would like to extend a warm welcome to the six new residents joining us in Kamloops for their family practice residency. We are excited to have Drs. Megan

Baldwin, Alisha Gray, Lisa Harvey, Jayden McIntyre, Teghan Moon, and Stephen Reid in our community for the next year! For more information about the UBC Family Medicine Residency Program please contact Dr. Selena Lawrie. [Click here](#) to learn more about the six new residents.

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## Changes to GPSC Fee Codes

The GPSC is making key changes to its incentive fee codes, particularly codes for A GP For me, to help doctors with actuated billings. [Click here](#) for more information, and [here](#) to read about the key changes, that are effective August 1, 2015.

The GPSC is also seeking input from Divisions and will be hosting a consultation in Kamloops on August 18 from 6:00-7:00 PM at the Sandman Signature hotel. More information under "Many Opportunities".

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## Here Comes the Fall BBQ

The Recruitment and Retention Committee is hosting their second annual Fall BBQ for GPs and their families. This event will take place on Friday, October 2, 2015. There are many exciting activities planned including the maze at 4:00 PM, tunnel tours at 5:00 PM, and a BBQ dinner at 6:00 PM. Always popular s'mores will follow in the evening. We hope to see you all there!



## Professional Development Learning Series Survey

The Child and Youth Mental Health and Substance Use Local Action Team will host three Professional Development Learning Series on October 23, 2015, February 19, 2016, and April 18, 2016.

We need your help in selecting the Learning Session topics. Please help us select the Learning Session topics by filling in this short (2 minute) [survey](#) by July 31, 2015.

Thank you!

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## Access to Psychiatry: Updated List of Psychiatrists

Do you have questions about accessing psychiatric services? We hope these documents may be able to provide some clarification.

The Thompson Shared Care team is also hosting an Access to Psychiatry event on August 6<sup>th</sup> to gather your input. More information can be found under "Many Opportunities".

[Click here](#) for the updated list of psychiatrists in Kamloops. Updated List of Psychiatrists.

[Click here](#) to read the letter to all general practitioners in the region.

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## New Smoke Free Environment

Interior Health recently updated their Smoke-free Environments Policy, with a focus on protecting patient health and safety. Please see their [document](#) and links to resources for your offices.

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## Extra Reading and Resources

[Click here](#) to read the latest edition of the Divisions Dispatch newsletter.

[Click here](#) to read the latest edition of the GPSC newsletter.

[Click here](#) for the latest GPSC Meeting Summary.

[Click here](#) to access information about UpToDate.

[Click here](#) to read the latest edition of Interior Health's newsletter.

[Click here](#) to view the Endocrinology Telehealth tri-fold pamphlet.

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## Upcoming Meetings and Events

**Division Board of Directors:** Your Division Directors meet monthly to review progress and develop strategies to address emerging opportunities.

Upcoming Board Meetings: September 8, 2015

**Thompson Collaborative Services Committee:** Upcoming CSC Meetings: September 24, 2015

If you have items to bring forward to the Board and/or CSC please contact [thompsonregion@divisionsbc.ca](mailto:thompsonregion@divisionsbc.ca)

**Change Day BC:** October 15, 2015. [Click here](#) to learn more.

### Contact Us:

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### Board Members:

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Dr. Graham Dodd, *Vice Chair*  
Dr. Ben Anders, *Secretary*  
Dr. Lennard Pretorius, *Treasurer*  
Dr. Krista Bradley, *Director*  
Dr. Peter Loland, *Director*  
Dr. Servaas Swart, *Director*

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Monique Walsh, *Shared Care*  
Laura Becotte, *Project Lead*  
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Tessa Girodat, *Administrative Assistant*  
Veronica Smith, *Finance*

### Newsletter Production Team:

Chelsea Brookes, Dr. Chip Bantock

If you have something to share for the September newsletter, please provide it to [thompsonregion@divisionsbc.ca](mailto:thompsonregion@divisionsbc.ca) by December 1, 2016.

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