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Thompson Region Division of Family Practice

Division **FOCUS**

June 2015

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Spring has transitioned into summer, and despite the warm temperatures your Division team has ensured that our local projects are off and running with great momentum. This latest issue of the Division Focus newsletter will keep you informed and updated on our events, initiatives, and everything that is going on. Read on!

Save the Date: 2015 Annual General Meeting and Strategic Conversation

There's never been a better time for you to participate! The Division is hosting our Annual General Meeting and Strategic Dialogue. Join us for dinner, a celebration of retired members, AGM, conversation, and social time on Tuesday, June 23, 2015.

<u>Click here</u> for your invitation and registration form, or <u>here</u> to register online.

Thompson Region Division of Family Practice Society 2015 ANNUAL GENERAL MEETING and STRATEGIC CONVERSATION*



Walk With Your Doc A Great Success!

On May 12, 2015 the Thompson Region Division of Family Practice hosted the fourth annual Walk With Your Doc at MacArthur Island Park between 6:00-7:00 PM. The annual event celebrates daily movement for better health that helps physicians and patients foster healthier relationships. Six physicians and two residents participated, and 150 people attended - our greatest turn out to date!

A GPSC initiative

With help from Kamloops physiotherapists, who led a pre-walk stretch and had information about physiotherapy available, daily movement and fitness were promoted.





Recruitment Update

We have been working hard on the Recruitment and Retention portfolio and continue to develop our four programs focused on supporting new and existing practices, aiding GPs looking to retire or transition out of their current practices, and bringing more family physicians to the region.



Attraction Services Program: Within the last few months we have worked to promote the Thompson Region and gain valuable visibility through a number of family medicine conferences.

When attending these conferences we provide listings of the current locum and family physician opportunities in the region to interested attendees. To have your locum or physician vacancy shared, please post your job opportunities on the Family Practice Kamloops Area **job board** and we will be happy to share them at future conferences! In February we saw many of you at the CME Conference at Sun Peaks Resort, while in April we made our way to Montreal for the Rural and Remote Conference, and most recently we were at the BCCFP Spring Conference in downtown Vancouver.

Succession Planning Program: We continue to move forward with our Succession Planning program to support retiring physicians looking to successfully transition their practice. If you are planning to retire or transition your practice within the next 4 to 5 years and are interested in discussing

some of the resources available to you please contact Christine Matuschewski at thompsonrecruitment@divisionsbc.ca. **Incubator Program:** There continues to be lots of positive discussion around our incubator program to support transitioning physicians into practice and out of practice. We will be setting up a Reference Group to help guide this program moving forward. If you are interested in participating in this capacity please contact Christine Matuschewski at **thompsonrecruitment@divisionsbc.ca**.

<u>Urban Locum Program</u>: We are currently in the final stages of development for our Urban Locum Program, which aims to attract more locums to the region to support family practices seeking to fill locum vacancies.

For further information regarding participation in any of these programs please contact Christine Matuschewski at <u>thompsonrecruitment@divisionsbc.ca</u>.

Endocrinology Telehealth: Let's Try Something Different

Our local Shared Care Endocrinology Telehealth Services project is currently underway and the team is looking to try something different.

We want to hear from our Family Physicians to know how telehealth access to an Endocrinologist would work best with your practice?

http://fluidsurveys.com/surveys/project-lead/endocrinology-telehealth/

Project History

Project Goal: Supporting family physicians, specialists, care providers, patients and their families through increased access to endocrinology services via telehealth.

To date we have trialed:

- Weekly telephone consults with an Endocrinology: For Physicians, Specialists, and Nurse Practitioners for Kamloops and area providers
- Telehealth Videoconferencing with an Endocrinology: For Diabetes Educators and patients at Kamloops and Nicola Valley Diabetes Education Centers

If you have any ideas on ways to incorporate telehealth into your own practice please connect with Monique Walsh, Shared Care Lead at mwalsh@divisionsbc.ca.

Or take a minute to fill out this quick online survey to provide feedback:

http://fluidsurveys.com/surveys/project-lead/endocrinology-telehealth/

Doctors of BC Response to the Ministry Policy Papers

In February 2015, the Ministry of Health released policy discussion papers on three focus areas. Doctors of BC sought input and feedback from members to form a written response to the MoH policy papers. The response took into account all the collective input submitted to Doctors of BC, including input from the Thompson Division Board of Directors.

The final response can be accessed through the <u>Doctors of BC</u> <u>websitehttps://www.doctorsofbc.ca/health-system-design-renewal/doctors-bc-response-</u> <u>ministry-health-policy-papers</u>, along with additional information.

Opportunity for Engagement: GPSC Visioning

The GPSC reviewed the activities of the Visioning Steering Committee over the past three weeks. Divisions were sent a letter updating them on the steering committee's activities to date, and asking if there was interest in potentially co-hosting a local or regional event with the Visioning steering committee. If you are interested, please get in touch with your PEL and let us know at <u>gpscvisioning@doctorsofbc.ca</u> as soon as possible. A staff member working on Visioning will get in touch to discuss options.

Divisions can expect to receive a summary of the next steering committee meeting within the

coming week.

New Staff at the Division Office

We are pleased to welcome two new staff members joining the Division team!

Laura Becotte: Shared Care Project Coordinator



Laura Becotte has over 6 years working experience in the non-profit health care system. The majority of her experience comes from the Ontario system. Laura has worked in a multiple of provincial, regional and municipal health systems. She has direct program experience in: patient transitions from acute to community, community support programs, long term care, day programs and community development programs. Laura is a candidate for a Masters of Health Studies, Teaching Stream (Fall 2015). Outside of professional life, she believes work life balance is important, and thus, you can usually find her participating in a variety of physical activities such as skiing, cycling, running and tennis or planning her next global adventure. Laura has recently moved to Kamloops and is looking forward to exploring British Columbia!

Email Laura at lbecotte@divisionsbc.ca.

Calli Duncan: Recruitment Coordinator



Calli Duncan recently joined the Division team as a Recruitment Coordinator working closely with Christine Matuschewski on the Recruitment and Retention programs. Born and raised in Kamloops, Calli completed her Business Degree, with a Major in Human Resources, at Thompson River's University before setting out to work for a range of local employers including Service Canada, Interior Health, and New Gold. Recently, Calli took leave from life in Kamloops to backpack through Europe for nine months - an experience she's likely to talk your ear off about if given the

opportunity.

Email Calli at cduncan@divisionsbc.ca.

April Round Table Key Results

The Divisions of Family Practice Provincial Round Table took place from April 29 - May 1, 2015. The three days were full of discussion, inquiry, and building connections. Physician leads, executive directors, and coordinators attended, and were joined by GPSC, MoH, and CSC partners for one of the days.

Background reading and key messages are posted online. Click here to access them.

Access to Psychiatry: New Psychiatrist

Our community has welcomed a new psychiatrist! Dr. Christopher Inegbedion opened a general psychiatric office practice (age 18 and over) on May 8, 2015, with a special interest in the elderly (over 65). He will also be working as a full Department of Psychiatry member at RIH, as well as with the Elderly Services Program at Mental Health and Substance Use. <u>Click here</u> for more information on how to refer to Dr. Inegbedion.

Information for Physicians - After Hours Palliative Nurse Line

The After-hours Palliative Nursing Service helps ensure that terminally ill individuals, their families, and caregivers have after-hours access by phone to palliative care services in their own homes. <u>Click here</u> to read more information.

Extra Reading and Resources

<u>Click here</u> to read the latest edition of the Divisions Dispatch newsletter.

Click here to read the latest edition of the GPSC newsletter.

Click here for the latest GPSC Meeting Summary.

Click here to access information about UpToDate.

Click here to read the latest edition of Interior Health's newsletter.

<u>Click here</u> to view the Endocrinology Telehealth tri-fold pamphlet.

Upcoming Meetings and Events

Division Board of Directors: Your Division Directors meet monthly to review progress and develop strategies to address emerging opportunities.

Upcoming Board Meetings: June 8, July 6 2015.

Thompson Collaborative Services Committee: Upcoming CSC Meetings: July 2015.

If you have items to bring forward to the Board and/or CSC please contact thompsonregion@divisionsbc.ca

Change Day BC: October 15, 2015. Click here to learn more.

Contact Us:

https://www.divisionsbc.ca/thompson/home Phone: 250-372-1621 Fax: 250-372-1610 thompsonregion@divisionsbc.ca

Board Members:

Support Team:

Dr. Chip Bantock, Chair Dr. Graham Dodd, Vice Chair

Brenda Phillips, Operations Manager Dr. Ben Anders, Secretary Dr. Lennard Pretorius, Treasurer Dr. Krista Bradley, Director Director Chelsea Brookes, Executive Assistant Tessa Girodat, Administrative Assistant Veronica Smith, Finance Monique Walsh, Shared Care

Newsletter Production Team:

Chelsea Brookes, Dr. Chip Bantock

If you have something to share for the September newsletter, please provide it to thompsonregion@divisionsbc.ca by December 1, 2016.

If you no longer wish to receive monthly newsletters from the Thompson Region Division of Family Practice and wish to unsubscribe from our newsletter mailing list, please click here.



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