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Subject: TEST - September Newsletter
Date: July-05-17 2:02:00 PM

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Division *FOCUS*

September 2014

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Fall is here! We've revamped our newsletter over the summer and we hope you enjoy the new version. This issue of our newsletter will give you an update on current initiatives and upcoming events you may be interested in. Read on!

Fall BBQ a Success!



The Recruitment and Retention Committee hosted a Here Comes the Fall BBQ where our members and their families welcomed new family doctors to the community. The event took place on Friday, September 26, 2014 from 5:30-8:30 PM at Tranquille Farm, located at 4600 Tranquille Road. It was fun for the whole family, with a corn maze race, farm trivia, and a casual BBQ dinner. The kids had a great time learning, playing, and roasting marshmallows for s'mores. Yeehaw!



A GP For Me Update

The Thompson Region Division of Family Practice presented the GP for Me Implementation proposal on September 16, 2014 in Vancouver. Our proposal was approved along with four other Divisions: Vancouver, Fraser Northwest, North Peace, and South Island. We welcome your involvement in future implementation activities. Please contact Gerriane Clare at gclare@divisionsbc.ca if you have time to get involved.

New Shared Care Lead

We are pleased to welcome Monique Walsh as our new Shared Care Lead! Monique will manage the Transitions in Care, Polypharmacy, Endocrinology Telehealth, and Child and Youth Mental Health and Substance Use Collaborative projects and well as development of our new Thompson Shared Care Steering Committee.

Monique Walsh is a communicator, facilitator, and collaborator. As an adult educator and communications professional Walsh has over 10 years' experience in the non-profit sector including project management, program development, needs analysis, and grant administration. Outside of the non-profit environment she has also worked in the outdoor adventure industry and taught yoga and mindfulness workshops. Walsh holds a Master's degree in Adult Education where her research focused on learning, culture, and identity within the workplace. She values critical thinking, diversity, and active listening. Work-life balance is important to her; she treasures her time with her husband and their 11 month-old daughter.



Learn more about Shared Care at the November 25th Member Engagement Event. More details are included below.

You're Invited to Our 3rd Annual Holiday Social

The Thompson Region Division of Family Practice is pleased to invite all members,

colleagues, specialists, and their spouses to join us at Hotel 540 on Thursday, December 11th at 6 PM for an evening of fun leading into the holiday season. Dinner (yes, dinner!) and entertainment will be provided. Be prepared for a night of laughs and joy to get you in the holiday spirit. Formal invitations will be distributed at a later date. We hope to see you all there!



Recruitment Update

The Thompson Region Division would like to join the membership in welcoming the new GPs to the area!

For those who are looking for locum coverage in the next year or have space available for another GP, please post your opportunities on the familypracticekamloopsarea.ca website. The Division has been contacted by GPs interested in possibly doing locum work next year, and candidates will be viewing postings on this website to gather information. Please ensure that your posting is available for their review, and contact Christine Matuschewski if you need any support or have any questions by email: thompsonrecruitment@divisionsbc.ca or cell: 250-320-1471.

The Thompson Region Division will have a booth at the next BCCFP conference in Vancouver Oct. 18th and 19th and will be advertising your opportunities. If you are attending the conference, please stop by the booth and help showcase our community!

Endocrinology Telehealth Pilot

Launched in late April, the Endocrinology Telehealth Pilot is a collaborative project with your Division, UBC Okanagan, Interior Health and Partners in Care. Dr. Charlotte Jones welcomes a call from community physicians interested in learning more about services available through this pilot project. She is available Wednesday mornings and evenings for telephone consultations for your complex patients. To book a consultation call 250-807-9187. [Click here](#) to learn more.

Be Active Every Day 2014

Be Active Every Day is a program from Doctors of BC to help school age children be more active and make healthy choices. Doctors across the province are coordinating with their local schools a month-long challenge that encourages one hour of activity and play time every day throughout November.



The challenge gives kids the opportunity to learn about health, nutrition, and fitness from a medical perspective. Kids will be able to track their progress through print and online activities that help them set

goals and realize the value of daily exercise.

If you are interested in participating, or would like more information, please contact Erica Timmerman at Doctors of BC by emailing etimmerman@doctorsofbc.ca, or visit doctorsofbc.ca/active! The deadline to indicate a desire to participate is **October 17, 2014**.

WorkSafeBC Retirement Notice

Dr. Tim Dundas, the Medical Advisor for WorkSafeBC, has officially retired. He has been a part of the Kamloops medical community for the past 15 years, and has had the pleasure of getting to know other community physicians. He will be sorely missed.

For the time being, there will be no WorkSafeBC physician residing in the Kamloops community. Physician support to the Kamloops claim management teams will be provided by Dr. Philip Hinds and Dr. Daniela Chifor, both of whom are currently based in the Courtenay office, and will be pleased to respond to any request for assistance. They can be reached by email at philip.hinds@worksafebc.com and daniela.chifor@worksafebc.com.

Strategic Health Alliance Open House

Come learn about the Chronic Disease Exercise Programs you can refer to at the TCC!

2014 Strategic Health Alliance Open House: Showcasing the power of partnership! Please join us on November 5, 2014 from 5:30-7:30 PM at the Tournament Capital Centre (910 McGill Rd) for the Strategic Health Alliance Open House. This event will showcase the chronic disease exercise programming delivered through the partnership between Interior Health and the City of Kamloops. The Open House will allow attendees to explore the wide range of program options with the opportunity to speak to program staff and program graduates. Come and enjoy some appetizers and the chance to win some amazing prizes! For more information, please contact Jennifer Edgecombe at 250-828-3742 or jedgecombe@kamloops.ca.

Save the Date for a Member Engagement Event!

The Division will be hosting a member engagement event on **Tuesday, November 25, 2014**. More information about this event will be distributed at a later date. Look for your invitation!



A GP for Me



First Nations Palliative Care Seminar

The UBC Learning Circle and [Vancouver Coastal Health: Vancouver Home Hospice Palliative Care Services](#) are offering a series of three videoconference only workshops on First Nations Perspective in end-of-life care. The workshop dates and times are Monday, October 27th from 8:30 AM-12:30 PM; Monday, October 20th from 8:30 AM-12:30 PM; and Monday, November 3rd 8:30 AM-12:30 PM. Pre-registration is required to participate. For registration and additional information, please [click here](#).

Extra Reading and Resources

[Click here](#) to read the latest edition of the Divisions Dispatch newsletter.

[Click here](#) to read the latest edition of the GPSC newsletter.

[Click here](#) to access information about UpToDate.

[Click here](#) to read the latest edition of Interior Health's newsletter.

Upcoming Meetings and Events

Division Board of Directors: Your Division Directors meet monthly to review progress and develop strategies to address emerging opportunities.

Upcoming Board Meetings: November 10, 2014, December 8, 2014.

Thompson Collaborative Services Committee: Upcoming CSC Meetings: October 16, 2014, November 18, 2014.

If you have items to bring forward to the Board and/or CSC please contact thompsonregion@divisionsbc.ca

October 21st Musculoskeletal Module: Rheumatoid Arthritis & Osteoarthritis Learning Session 2

The Practice Support Program is presenting this learning session on Tuesday, October 21st from 5:30-9:00 PM at Chapters Viewpoint Restaurant. For more information and to RSVP please contact ron.gorospe@interiorhealth.ca.

November 5th Strategic Health Alliance Open House

Join us on November 5, 2014 from 5:30-7:30 PM at the Tournament Capital Centre.

November 25th Member Engagement Event

Save the date! Details to follow.

December 11th Holiday Social

Join us at 6:00 PM at Hotel 540 to celebrate!

Contact Us:

<https://www.divisionsbc.ca/thompson/home>

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If you have something to share for the September newsletter, please provide it to thompsonregion@divisionsbc.ca by December 1, 2016.

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