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## Visit Us Online

Thompson Region Division of Family Practice website  
*Check in regularly for upcoming events and information*

## Contact Us

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## Transitions in Care (TiC) Update

Transitions in Care work focusing on improving the transition of the frail elderly from acute care to residential and community settings has recognized that a key component to a successful transition is the inclusion of a robust quality improvement process that focuses on the reduction of unnecessary medications, or Polypharmacy.

The Division has received additional funding to support this review process on conjunction with the TiC initiative currently underway.

### **Polypharmacy Project Key Goals:**

- \* Increase the knowledge and skills related to Polypharmacy for those physicians involved in the transition of care for the frail elderly.
- \* Enhance collaboration and consensus among the many individuals who form a "circle of care" around residents (e.g., physicians, pharmacists, nurses, residents' family members or representatives) for effective management of those on multiple medications.
- \* Reduce the number of medications frail elderly are prescribed where clinically warranted.

For more information, please call: Lisa Fuller, 250.574.8885 or email [lfuller@divisionsbc.ca](mailto:lfuller@divisionsbc.ca) Look for TIC updates on our website/newsletters.

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## Child and Youth Mental Health (CYMH) Collaborative Local Action Team

As a result of the PSP program on Child and Youth Mental Health, we were able to engage patients and their families, Child Psychiatrists, Pediatricians, Family Physicians, School Counselors, healthcare providers from IHA Acute Care and Mental Health, Ministry of Child and Family Development, Forensics, First Nations to create a patient journey map to identify the huge gaps in care for CYMH. This information was presented to Stephen Brown, Deputy Minister of MCFD in December of last year. Through robust funding support from the Shared Care Committee and the Specialist Services Committee, we are able to support local action teams in Interior Health region to address systematically some of these gaps which creates major problems for the patients we serve and untold frustration for us and our staff.

\*Be part of a cross sector local action team working together to try new ideas and share results for improving the mental health systems of care of children and youth. It's a one hour commitment twice a month. If interested, contact Dr. Shirley Sze at [wmsze@telus.net](mailto:wmsze@telus.net) or by phone.

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## Integrated Primary Community Care

With your input, the Division is collaborating with Interior Health on updating the model for integrating primary and community care services (IPCC). We're pleased to report that the Health Authority is ready to

## Divisions of Family Practice

An initiative of the General Practice Services Committee

[www.divisionsbc.ca](http://www.divisionsbc.ca)

### Board Members

- Shirley Sze
- Chip Bantock
- Graham Dodd
- Krista Bradley
- Miranda du Preez
- Bruce Newmarch
- Lennard Pretorius

### Support Staff

- Chris Hollstedt, Executive Director
- Lisa Fuller, Transitions in Care Project Lead
- Vivian Van Dorne, Office Administrator

### Newsletter Production Team

- Shirley Sze
- Vivian Van Dorne

Submissions for the July newsletter must be provided to [vvandorne@divisionsbc.ca](mailto:vvandorne@divisionsbc.ca) by July 15<sup>th</sup>, 2013

As always, please email the Division at [thompsonregion@divisionsbc.ca](mailto:thompsonregion@divisionsbc.ca) if you need more information on any particular topic or wish to volunteer for something, anything!

introduce the new model over the summer, anticipating full implementation in September. Look for an update in your mailbox. To view the model and learn more about the IPCC initiative check out our website at: <https://www.divisionsbc.ca/thompson/IPCC> or contact IPCC Working Group Co-chairs Dr. Shirley Sze at [wmsze@telus.net](mailto:wmsze@telus.net) or Cathy Thibault at [Cathy.Thibault@interiorhealth.ca](mailto:Cathy.Thibault@interiorhealth.ca). Thanks to everyone who provided valuable input during interviews, focus groups and discussion forums!

### The IPCC Vision is:

*A system of high quality, community based health care and support services built around attachment to a family physician and an extended health care team which meets the majority of British Columbians' health needs. This is based on the Triple Aim - Institute for Healthcare Improvement approach:*

- Improved population health outcomes
- Enhanced patient and provider experience of care
- At the best per capita healthcare cost

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## Important Updates & Participation Opportunity

Check out these important updates and more on the [Division website](#).

**The Kamloops Diabetes Collaborative Improvement Team** created a "Kamloops Diabetes Resource" list - a one pager that can be displayed or handed out. To access this resource please [visit our website at https://www.divisionsbc.ca/thompson-region](#).

**Self-Management BC** Persons with chronic health conditions and family members can participate in self-management programs offered in communities throughout BC at no cost. These are evidence-based programs which provide information, teach practical skills and give people the confidence to manage their health condition(s). To learn more visit the website by <http://www.selfmanagementbc.ca/>.

**Main/Pro Credit Reporting** the CFPC has created a short animated video to answer questions on MainPro to learn more <http://www.youtube.com/watch?v=LdQY6lQfrOA>. **New for 2013**, it is mandatory to report a minimum of 25 MainPro credits annually as well as report online.

**Kamloops Physicians for a Health Environment** Is dedicated to protecting the health and well-being of the citizens of Kamloops by promoting health education and science-based interventions that result in maintain and improving the environment. To learn more visit the webpage at [www.kphe.ca](http://www.kphe.ca).

**The Recruitment and Retention Committee** is looking for physicians that are interested in participating on the committee. For more information please contact Dr. Wayne Dong [wdlexan@hotmail.com](mailto:wdlexan@hotmail.com).

### A GP for Me and In Patient Care

Now available on the GPSC website are fee code video presentations created to help you learn more about A GP for Me and In-Patient Care fee codes that became available for billing April 1, 2013. <http://www.gpsc.bc.ca/billing-fees/billing-guide-tutorial>.

The Division is coordinating the applications for the Assigned and Un-assigned In-Patient Networks on behalf of our call group members. Once our applications are accepted the physicians will qualify for the GPSC in-patient network incentive. For more information contact Chris Hollstedt at 250-372-1621.