



YOUR COMPLETE PRACTICE

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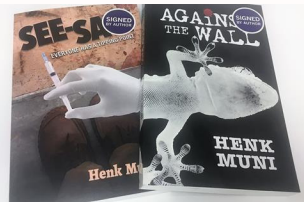


Thompson Region
Division of Family Practice
A QFSC initiative

Henk Muni's "Ironies of Life"

By Chelsea Brookes

EMPHASIZE
WELLNESS
AND
ENGAGEMENT



Henk Muni is a local author who has written two books – *See-Saw* and *Against The Wall*. Readers might not know that he's also the Head of the Emergency Department at Royal Inland Hospital in Kamloops. Henk Muni is the penname of Dr. Henk Van Zyl, who took up writing as a hobby several years ago.



His most recent book, *Against The Wall*, is set in 1981 apartheid era South Africa. Knowing that Henk is actually a physician, readers might be surprised at how non-clinical the book is. The narrative follows two characters, switching back and forth between their perspectives. One is an eight-year-old boy with an increasingly troubled family life, and the other is a Jewish detective grappling with what he thinks is right. *Against the Wall* is fiction but is heavily influenced by real life events from 1980s South Africa.

The book takes a tragic situation and provides insight into a character who is then driven to do something terrible. Dualities are explored - action and reaction, karma and consequence, prejudice and equality. Henk's books are thrillers about moral issues and he really plays with perspective to take the reader on a journey. He plays with what he refers to as the "ironies of life". Henk weaves together different story lines that mesh into coincidences about how we touch each others' lives.

His third book is in the works and we can't wait to see what's next. Want to read *Against the Wall* and *See-Saw*? Email cbrookes@divisionsbc.ca to **enter to win** signed copies of both books.

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- Thoughts from your Chair
- Community Visioning
- Health Data Coalition
- Sun Peaks CME

Thoughts from the Chair

what I'm looking forward to this summer

PROMOTE
INTERDISCIPLINARY
COMMUNICATION

On June 7 we're co-hosting an event highlighting family practice resident, physician, and community driven medical research and quality improvement projects. I'm particularly interested in the research on trampoline park injuries. This is a fantastic opportunity to support our residents and community.

I'm also excited to get underway with Emergency Preparedness. I've been advocating for this for a long time. I have a Masters degree in Disaster and Emergency Management with a focus on how to engage physicians and hospitals in emergency management. We've partnered with TRU to conduct a literature review of emergency preparedness best practices with an emphasis on primary care providers. This research will help us take steps for this summer and build resilience for the future.



Save the Date!
Annual General Meeting
September 19

We asked the community about healthcare. This is what we heard:

PRIORITIZE
RECRUITMENT
AND
RETENTION

PROMOTE
INTERDISCIPLINARY
COMMUNICATION

A Community Vision for Primary Healthcare

We recognize our
COLLECTIVE

RESPONSIBILITY

to **ADVOCATE** and strive for
the delivery of **ACCESSIBLE,**
EQUITABLE and **PROACTIVE**
COMPREHENSIVE primary care.

FEEDBACK
We heard from over 750
people, between the survey
(444 respondents) and
in-person engagement
activities

LOCATIONS
Logan Lake,
Kamloops,
Barriere,
Sun Peaks, Chase,
Scotch Creek

**ENGAGEMENT
ACTIVITIES**
Focus groups,
public events,
patient interviews
and survey

PROMOTION
Press release
Radio and local
television interviews
Maildrop promotion
to residents in all
rural communities
Poster
Social Media
Physician practices/
clinics
Division website

Last fall we met with people living in Kamloops, Logan Lake, Barriere, Chase, Sun Peaks, and Scotch Creek about their experiences with primary health care and opportunities they see for the future.

The good...

- most had a primary care provider (85%)
- most people reported often or always feeling informed and included in their healthcare plans (54%)
- there is a strong appreciation for FPs/NPs

... and the bad

- Most commonly reported barriers:
 - family doctor availability (60%)
 - wait times for procedures (58%)
 - specialist availability (49%)

So, what are we going to do with all this? It's not just about what our Division can do - we heard from people that there is a strong sense that community plays a role in their health. We're currently re-engaging with partners and community health tables across the region to convey the findings and to ask them what their responsibility is. We're creating new or stronger partnerships with our community to better support each other. The plan going forward is to have these communities and residents share their contributions to health.

Dr. Chip Bantock and Rhonda Eden presented the findings at the JCC's Pre-Quality Forum Day "The Power of Togetherness" and shared our learning with healthcare providers and patients across the province.



I want to have a relationship with my physician. It is important that I listen and am heard and that I ask questions and provide good information about my symptoms so we can come to solutions together.



The Health Data Coalition is a physician-led data sharing platform that enables collaborative quality improvement in primary care. We've heard you voice your support of this initiative that provides secure access to aggregated clinical data while maintaining both patient and physician confidentiality.

MedAccess and Profile are currently undergoing beta testing - soon you can privately see your data and compare it to aggregate data. The HDC is looking for more physicians to beta test MedAccess. Email info@hdcbc.ca if you're interested.

Want to learn more about the HDC? Visit hdcbc.ca join a webinar held on Thursday, June 6 from 12:15-12:45 pm or Monday, June 10 from 5:00-5:30 pm. Registration information is on the HDC website.



Highlights from the 2019 Sun Peaks CME

EMPHASIZE
WELLNESS
AND
ENGAGEMENT

We had a blast at the Sun Peaks CME in February. You did too! You said that there were "excellent topics and speakers" and loved that "family was invited and encouraged to attend." Overall it was a great weekend and we're planning to do it again next year. Mark your calendars for February 7-9, 2020!