



# NEW! PCN MHSU Program

## REASONS FOR REFERRAL

- ✓ Depression
- ✓ Anxiety
- ✓ Relationship issues
- ✓ Work stress
- ✓ Life transitions
- ✓ Grief
- ✓ Phobias
- ✓ And more

## OUT OF SCOPE

- ✗ Under 19 years old
- ✗ Moderate to severe MHSU
- ✗ Has extended health benefits

Surrey-North Delta PCN MHSU Clinical Counsellors provide short-term counselling for patients with mild to moderate mental health challenges.

They can also connect patients with other services, including substance use support.



Complete referral criteria and referral form are available on Pathways Referral Tracker. Search "Surrey PCN" or:

[Visit Pathways Page](#)

## HOW TO REFER