

Thursday, March 26, 2020

An Open Letter to British Columbians:

The physicians of Surrey and North Delta are on the frontlines in the battle against COVID-19. This crisis is unlike anything we have experienced in our lifetime. We are working flat out to be there for our patients and their families. But we need your help.

Doctors cannot do this alone. What the public does now will impact the health of British Columbians the weeks and months ahead. Lives depend on your actions now.

Our province is in a state of emergency. As we are finalizing this open letter, 66 more cases have been confirmed bringing the total number to 725.

Here is the directive from our Provincial Health Officer, Dr Bonnie Henry:

- Stay home unless absolutely necessary. This means no dinner parties. No shopping. No sports, even outside. Have coffee with a friend online instead.
- Keep 2 metres or 6 feet away from everyone if you must go out. That's about the width of a car or the length of two arms stretched out.
- Wash your hands frequently.
- Tell your loved ones to do the same.

We urge you to follow these directives. This is especially important for young people. We sometimes see you out in the park or at the beach. You can get sick from this virus. You can also be carriers and cause a lot of harm to parents, grandparents, and other loved ones.

The time is now. We can't wait one more hour or one more day. Let's save lives, together.

Signed,

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Dr. Chris Cox  
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Dr. David Guy  
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