Meet Our MOA Network Steering Committee

The MOA Steering Committee plans educational learning sessions, supports MOAs' ability to connect with one another to learn how to improve clinical workflow or how to manage work-life balance, and coordinate social events to network with MOA peers.

Sally Sousa



My Name is Sally and I am a Medical Supervisor for Amari Medical Clinic.

I have been working for Dr. Sachit Shah for 17 years and have been supervising Amari Medical for the last 10 years.

I love helping assist families through some of the most difficult and happy times in their lives, as well as working behind the scenes to keep our medical facility running smoothly. Working in the healthcare industry allows me to nurture my deisre to help others.

I am also a mom to a kind and caring 8 year old who's thriving as an athlete.





I have been working with Fraser Health for 11 years in different roles as Unit Clerk Coordinator. Currently, I am working at BC Cancer, with Functional Imaging PET and at BCCH. I also have been a part of the MOA association as a charter member and I served on the Board as Education Chair.

My education includes graduating from: Unit Clerk, Records Management, Financial Management and a Baccalaureate Diploma.

I have a strong background in working with multidisciplinary teams, and I can bring valuable experience from a variety of clinical areas and serving diverse populations to SND.

I am very exited to be a member of the MOA Network Steering Committee team. I am confident that we will do great work together to address the needs of the multiple clinics and teams and better serve our community, our patients and families.

Cess Canoy



Princess "Cess" strongly believes that when you put your Heart and Soul into everything you do, You will end and start the day of hard work energized, inspired, determined and motivated.

Cess is a Clinic Manager at Careville Medical Clinic. Her qualifications include:

- Certified Medical Office Administrator (2014)
- Registered B.C Healthcare Assistant
- Internationally Educated Registered Nurse (2001)
- Surrey-North Delta Division of Family Practice
- MOA Network steering Committee Member (2022)



Chantelle Long



My name is Chantelle. I have resided in the Surrey/North Delta community for 25 years and have been a MOA in Surrey for 6 years.

I am passionate about healthcare, my community and ways to bridge the two together. I believe MOAs can help by coming together in the MOA network and with education.

I have been part of this network for approximately 9 months and the knowledge I have learned and the support I have received from here in just this short time is incredible.

I am excited to be a part of the MOA network and the work we will be doing together!

Together we can empower, support and learn from one another.