

CME:

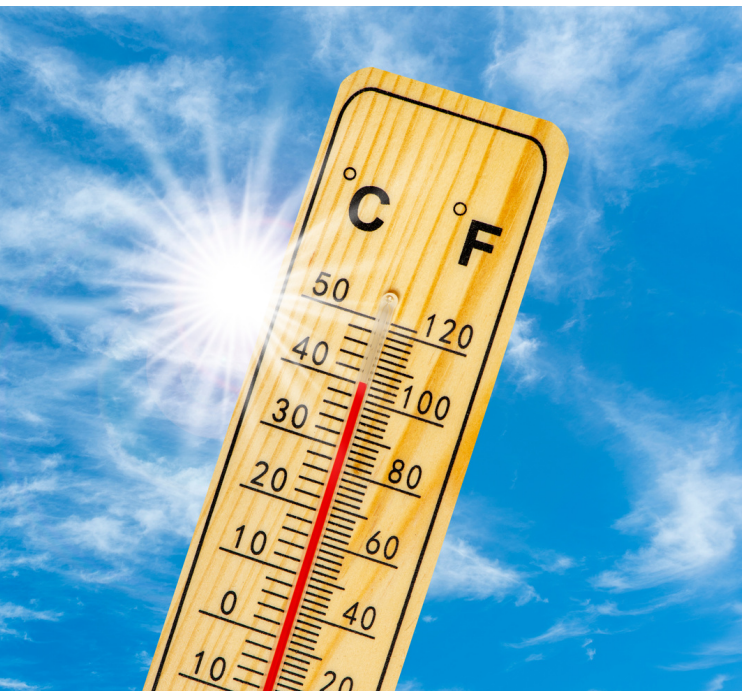
Preventing and Managing Heat-Related Illness

June 12, 2023 • Event Summary

On June 12, Family Physicians, ER Physicians, Hospital Physicians and Nurse Practitioners gathered to collaborate on a community approach to preventing and managing heat-related illness in Surrey-North Delta.

Topics discussed included:

- How heat-related illness is managed in the hospital and in our community
- Extreme heat resources for Family Physicians and patients
- Approaches to identify and communicate with vulnerable patients



78% of participants felt that the education portion was a highlight of the event

KEY LEARNINGS

Dr. Amol Lail and Dr. Jasper Ghuman, Emergency Room Physicians at SMH, and Dr. Sujatha Nilavar, Family Physician in North Delta led the discussion.



[Watch CME Recording](#)



[View Presentation Slides](#)



Managing heat-related illness in SND

Key questions FPs can ask vulnerable patients and their caregivers:

- What did you do last year when it was hot?
- What are your plans during the hot weather? Do you have someone to check on you?
- Do you ever have difficulty making ends meet at the end of the month?*

**From "The Poverty Intervention Tool - BC"*

Identifying vulnerable patients

Some medications increase the risk of illness during a heat event:

- anticholinergic agents
- antiepileptic agents
- Phenothiazins
- Antihistamines
- Decongestants
- Tricyclic antidepressants
- Diuretics
- beta blockers
- and more



SESSION EVALUATION

100% of participants left the session feeling much more confident or somewhat more confident in several key areas:

56%

Felt much more confident in their ability to prevent heat-related illness.

Felt much more confident in their ability to have proactive conversations with their patients and their families about heat.

69%

58%

Felt much more confident in their ability to connect their patients with appropriate Community Partners.