

# CME:

## Demystifying the Heart Function Clinic – Partner with your Heart Team for Life

June 28, 2023 • Event Summary

---

On June 28, 37 Family Physicians attended a dinner at Morgan Creek Golf Course to connect with the team at the JPOCSC Heart Function Clinic, including Dr. Tarun Sharma and Dr. Calvin Tong (Co-Directors of Heart Failure Service), as well as NPs, RNs, a clinical pharmacist and the Fraser Health Regional Strategic Lead for Cardiac Services BC.

Topics discussed included:

- General management of Heart Failure - Updated CCS guidelines, the impact of new drugs on heart failure
- Role of the Heart Function clinic- staff, patient journey, and referral criteria
- Interactive session to learn from FPs in SND How can we better collaborate to improve communication Heart Function Clinic – Family Physicians



A highlight of the event was the opportunity to build connections between FPs and the Heart Clinic Team



# KEY LEARNINGS

Dr. Tarun Sharma gave a presentation on general heart failure management, guidelines, and the patient journey through the clinic.



[View Presentation Slides](#)



## Heart failure statistics

- Nearly 44% of all HF patients are readmitted within 1 year after discharge
- With each hospitalization, myocardial and/or renal damage leads to further progression
- Comprehensive therapy increases survival by over 6 years

## Working with the Heart Function Clinic

- Referral form on Pathways under "cardiology"
- Referrals are triaged with "very high risk" seen in under 24 hrs
- The team is interdisciplinary and includes cardiologists, RNs, NPs, a dietician and more
- Case Studies in presentation slides highlight when FPs can/should refer to the Heart Function Clinic



# SESSION EVALUATION

100% of participants agreed they better understand the patient journey with the Heart Function Clinic following the session.

95%

Understood the referral criteria for the Heart Function Clinic

Felt more confident caring for their patients after their discharge from the Heart Function Clinic.

95%

92%

Have a better understanding of the support the Heart Function Clinic can offer after the patient's discharge from the clinic.