

### Progestin Options in a Feminizing Regimen

	Progestin Options
Oral	Micronized progesterone (Prometrium®): 100–400 mg qd
	Medroxyprogesterone acetate (Provera®): 5–30 mg po qd (in divided doses at higher range)
Transdermal single patch	140 µg or 250 µg norethindrone acetate (progestin) with 50 µg 17β-estradiol§ twice per week (Estalis®)
§ If also taking estradiol alone, adjust the dosage of estradiol accordingly. * Plus the dispensing fee set by each pharmacy and billed each time a prescription is refilled. In BC the average fee in 2013 was \$10.43, although compounding pharmacies may charge significantly more.	