

GENDER-AFFIRMING CARE

The Transforming Gender-Affirming Care in Surrey-North Delta project (May 2024–July 2025), funded by the Shared Care Committee, aimed to increase primary care providers' confidence and knowledge in delivering gender-affirming care and creating safe, inclusive clinical spaces. Guided by a multidisciplinary working group and patient partners, the project offered a three-part Continuing Medical Education (CME) series:



1

Session 1: Centering the Patient Experience

Focused on the “why” of gender-affirming care, emphasizing stigma identification and reduction. Introductions covered key gender concepts, followed by sessions featuring patient stories and physician discussions on clinical care. Audience: primary care providers, Medical Office Assistants (MOAs), PCN allied health providers, and community partners.



[Read the Summary](#)

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Session 2: A Family Physician's Toolkit

Was a clinically-focused session on how to provide gender-affirming care, including hormone readiness assessments. Speakers included a family physician, an adult endocrinologist, and a pediatric endocrinologist specializing in youth gender care. Audience: primary care providers.



[Read the Summary](#)

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Session 3: Moving Forward Together

Emphasized supporting patients and families through the gender-affirming care process and introduced key resources, featuring a youth psychologist, patient partner stories, and Trans Care BC resources. Audience: primary care providers, MOAs, and PCN allied health providers.



[Read the Summary](#)

The project also created practical supports for providers, including a one-page guide on creating safe, gender-affirming clinical spaces, a physician toolkit with clinical guidance and resources to support gender-affirming care, and a care pathway on Pathways BC that offers clear clinical and referral guidance for gender-affirming care.



Evaluation Findings

72%

A 72% increase (from pre-project baseline to post education sessions) in primary care provider confidence and knowledge in the provision of GAC

59%

A 59% overall increase (from pre-project baseline to post education sessions) in primary care provider confidence in creating a safe clinical space.

Impact and Sustainability

The project strengthened collaboration among primary care providers, specialists, and community partners. CME participation, resources, and connections to Trans Care BC education opportunities support sustainable improvements in care for trans and gender-diverse patients. 9 Family Physicians had indicated their willingness to enhance their learning and confidence in providing Hormone Readiness Assessments. Furthermore, 25 had expressed their interest in strengthening their proficiency in the provision of gender affirming care via the Trans Care BC ECHO program.

