

# CME:

## Gender-Affirming Care in SND: Moving Forward Together

June 3, 2025 • Event Summary

On June 3rd, the final session in a 3-part series, presented by the Shared Care Gender-Affirming Care working group, took place at the Surrey Golf Club. The session, which was attended by 63 FPs, NPs, MOAs, and others, focused on rethinking gender-affirming care through a patient-centered, evidence-based lens. Attendees also had the opportunity to ask questions, fostering further discussion and understanding of these key aspects of gender-affirming care.

*Key Highlights from the Event Included:*

- A personal and engaging, case-based presentation from renowned psychologist Dr. Wallace Wong.
- An interactive opportunity where guests learned about local resources and system navigation.
- A return of our patient partners, with an open panel-style opportunity for attendees to ask questions and learn about the importance of trust-building, language, and providing safe clinical spaces.



"It will take time to develop my skills and knowledge on this topic, but I am committed to continue to learn."  
- Survey respondent




# KEY LEARNINGS

The panelists shared strategies to foster inclusive care for gender-diverse patients and support meaningful clinical change.



## WORKING CLINICALLY WITH TRANSGENDER CHILDREN AND YOUTH

- Learn to make different clinical diagnoses for children and youth.
- Understand DSM on gender dysphoria and how to apply them.
- Address family resistance and conflict.

 **LINKED RESOURCE:** [Dr. Wong's Presentation Slides](#)

## TRANS CARE BC: SUPPORTING GENDER-AFFIRMING HEALTHCARE

- Clinical support through RACE and eCASE for advice from transgender health specialists.
- Primary Care Toolkit with guidelines on hormones, surgery, and patient-specific care.
- Navigation services to help providers support patients through care pathways.

 **LINKED RESOURCE:** [Trans Care BC](#)



## **ADDITIONAL LINKED RESOURCES**

[Q&A](#)

[Recorded Session](#)

[SND-A Family Physician's Toolkit](#)

[Photo Collage](#)

[Event Recap](#)

# SESSION EVALUATION

81% of respondents reported high motivation to apply what they learned in their practice

83%

of respondents **reported a confidence increase in knowing where to find resources on gender-affirming care** after the session.

81%

of respondents had the **opportunity to learn what they had hoped to learn** during the session.

63%

of respondents feel more confident in **knowing how to support patients with navigating the HRA process** after the session.