## CME:

# Gender-Affirming Care in SND: Moving Forward Together

June 3, 2025 • Event Summary

On June 3rd, the final session in a 3-part series, presented by the Shared Care Gender-Affirming Care working group, took place at the Surrey Golf Club. The session, which was attended by 63 FPs, NPs, MOAs, and others, focused on rethinking gender-affirming care through a patient-centered, evidence-based lens. Attendees also had the opportunity to ask questions, fostering further discussion and understanding of these key aspects of gender-affirming care.

Key Highlights from the Event Included:

- A personal and engaging, case-based presentation from renowned psychologist Dr. Wallace Wong.
- An interactive opportunity where guests learned about local resources and system navigation.
- A return of our patient partners, with an open panel-style opportunity for attendees to ask questions and learn about the importance of trust-building, language, and providing safe clinical spaces.





"It will take time to develop my skills and knowledge on this topic, but I am committed to continue to learn."

- Survey respondent





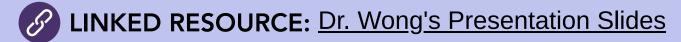
## KEY LEARNINGS

The panelists shared strategies to foster inclusive care for gender-diverse patients and support meaningful clinical change.



# WORKING CLINICALLY WITH TRANSGENDER CHILDREN AND YOUTH

- Learn to make different clinical diagnoses for children and youth.
- Understand DSM on gender dysphoria and how to apply them.
- Address family resistance and conflict.



# TRANS CARE BC: SUPPORTING GENDER-AFFIRMING HEALTHCARE

- Clinical support through RACE and eCASE for advice from transgender health specialists.
- Primary Care Toolkit with guidelines on hormones, surgery, and patient-specific care.
- Navigation services to help providers support patients through care pathways.







#### **MADDITIONAL LINKED RESOURCES**

<u>Q&A</u>

**Recorded Session** 

SND-A Family Physician's Toolkit

Photo Collage

**Event Recap** 

## SESSION EVALUATION

81% of respondents reported high motivation to apply what they learned in their practice



of respondents reported a confidence increase in knowing where to find resources on gender-affirming care after the session.

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of respondents had the **opportunity to learn what they had hoped to learn** during the session.



of respondents feel more confident in knowing how to support patients with navigating the HRA process after the session.