

CME:

Gender-Affirming Care in SND: A Family Physician's Toolkit

February 5, 2025 • Event Summary

On February 5th, the second session in a 3-part series, presented by the Shared Care Gender-Affirming Care working group, took place at the Guildford Golf and Country Club. The session, which was attended by 40 FPs, NPs, specialists, and others, focused on the clinical management of gender-affirming care. Attendees also had the opportunity to ask questions, fostering further discussion and understanding of these key aspects of gender-affirming care.

Panelists spoke about:

- The initiation and titration of hormone therapy
- Treatment options and risks
- Various clinical scenarios



The medical information, pathways for delivering gender affirming care, the speakers and presentations are very relevant for my practice at this stage
- Survey respondent

KEY LEARNINGS

The panelists discussed practical tools, clinical challenges in gender-affirming care, and strategies for primary health care to trans patients.



HORMONE THERAPY

- Understand typical feminizing and masculinizing regimens.
- Compare different treatment approaches and their applications.
- Identify expected physiological changes with hormone therapy.



LINKED RESOURCES

[Trans Care BC-Primary Care Toolkit](#)

[FTM Laboratory Summary](#)

[Dr. Kissock's Presentation Slides](#)

[Basic Feminizing Regimen](#)

[Feminizing Regimen Laboratory Summary](#)

[Basic Masculinizing Regimen](#)

HEALTH CARE FOR TRANS YOUTH

- Improve provider confidence in GAC youth within the context of the primary care setting.
- Learn about endocrine medical care options.
- Discuss roles for family physicians in gender care for trans youth in BC.



LINKED RESOURCES

[Dr. Hursh's Presentation Slides](#)

[BCCH Gender Resources](#)

[BCCH Gender Clinic Referral Form](#)



ADDITIONAL LINKED RESOURCES

[Q&A](#)

[SND-A Family Physician's Toolkit](#)

[Photo Collage](#)

[Recorded Session: GAC In SND-A Family Physician's Toolkit](#)

[Funding Coverage](#)

[Gender Inclusive Language-Clinical](#)

SESSION EVALUATION

95 % of respondents felt that the event improved their awareness of community supports and resources.

75%

of respondents who completed both pre and post evaluation, **reported a confidence increase in initiating gender-affirming hormone therapy.**

85%

of respondents had the **opportunity to learn what they had hoped to learn** during the session.

92%

of respondents are planning to **attend the next session** on June 3, 2025.