

SHARED CARE STRATEGY

MEDICATION MANAGEMENT

KNOWLEDGE, CONFIDENCE, CARE

The Adult Mental Health and Substance Use (AMHSU) Shared Care Project aimed to increase Family Physician (FP) knowledge of Mental Health best practices, increase FP and MOA awareness of specialized services, and troubleshoot existing communication gaps between FPs, Specialists (SPs), MOAs and specialized services.

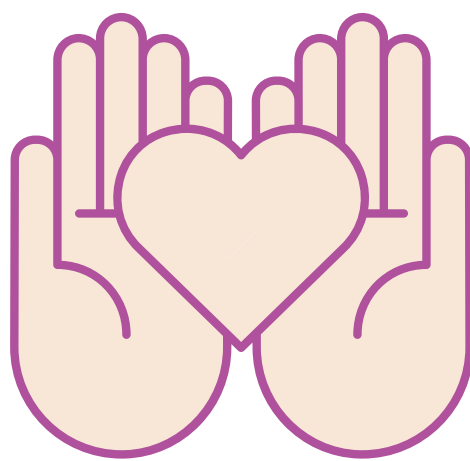
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GAPS WERE IDENTIFIED AMONG FAMILY PHYSICIANS IN THE COMMUNITY

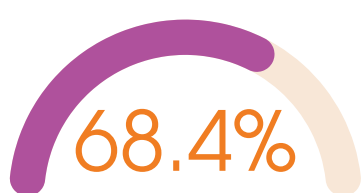
- Knowledge of MHSU best practices
- Awareness of MHSU resources
- Skills to screen for MHSU concerns
- Confidence and support
- Volume of MHSU patients

3 **THREE MEDICATION MANAGEMENT CMES WERE PLANNED:**

- Management of OCD
- Perinatal MHSU Medication
- Sleep Disorders and Depression



Medication management education was selected as the primary tool to help FPs gain knowledge and confidence, and to lessen their feeling of isolation by connecting them with available resources.



OCD MANAGEMENT CME ATTENDEES

Reported feeling confident in their understanding about recent advances in the treatment of their patients with OCD following the session.



PERINATAL MHSU MEDICATION CME ATTENDEES

Reported having a better understanding of psychiatric morbidity on the perinatal spectrum



SLEEP DISORDERS AND DEPRESSION CME ATTENDEES

Strongly agree that they gained a better understanding of the effects that different anti-depressant medications have on sleep.



"The CMes for medication management they have been very, very well received. Usually, the numbers go down, our numbers have gone up."

- Shared Care Working Group Member

On average, a physician CME in Surrey-North Delta will have 20 to 25 physicians in attendance. The first session - Management of OCD - had 37 attendees and the second session - Perinatal Medication Management - had 50.