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# AMHSU CME:

## Mental Health Medication Management During Pregnancy

November 16, 2022



[Event Recording](#)

### Event Summary

#### Expected Learning Outcomes

1

Improved understanding of the 2021 NICE guidelines

2

Increased confidence in perinatal medication management for anxiety, OCD, depression, postpartum psychosis, trauma-related disorders and more

#### Session Overview

74

Registered

48

Attended

43

Completed Survey

**Most Valuable Part of the Session:** Many respondents appreciated the practicality and relevance of the information

**Attendee Incentives:** 1.5 MainPro-MI CME credits + \$25 Skip the Dishes gift card

#### Survey Responses

I have a better understanding of psychiatric morbidity on the perinatal spectrum

I feel more confident in my ability to identify an at-risk mother

I have a better understanding of the rationale for treating perinatal depression

Strongly Agree Agree Disagree

65.1%

34.9%

55.8%

44.2%

67.4%

32.6%

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I gained a better understanding of the prescribing principles for initiating common antidepressants in pregnancy & the postnatal period



I feel I have a good understanding of the risks and benefits of common antidepressants



I feel more confident in my ability to manage the psychiatric medications of my patient when she becomes pregnant



I have a better understanding of TCAs in pregnancy



I have a better understanding of SSRIs in pregnancy



I feel confident in my understanding of the 2021 NICE guidelines



I feel confident in my understanding of the use of antidepressants & breastfeeding



I enjoyed the format of the presentation



Was there enough time in the session to ask questions and have the questions responded to?

