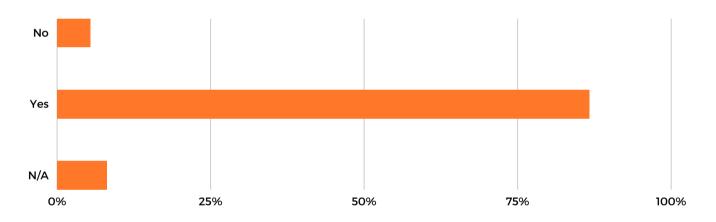
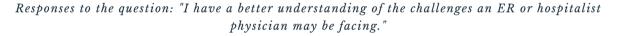
#### CME

#### THE 4 CS OF EMERGENCY MEDICINE AND FAMILY PRACTICE

On November 30, 2022, 82 Family Physicians and hospitalists gathered for a frank conversation about the 4 Cs of emergency medicine and family practice: **Communication**, **Connection**, **Care and Collegiality**. 82 participants

**75** survey respondants





Following a presentation by Dr. Sanjay Khandelwal, an SMH ER physician and Dr. Mark Blinkhorn, a Family Physician in Surrey-North Delta, FP and hospitalist participants were divided into breakout groups to share the challenges they face with regards to the 4 Cs, and to brainstorm potential solutions. **90.7% of participants** agreed or strongly agreed that there was sufficient time to brainstorm ideas about how to improve the 4 Cs.

**93.4% of participants** agreed or strongly agreed that there was sufficient time for people to share about their common experiences.

58.7% of participants felt that the discussions were well-balanced between airing frustrations and seeking solutions.



#### COMMUNICATION + CONNECTION + COLLEGIALITY

Participants noted that communication between ED physicians/hospitalists and FPs can be challenging, and that opportunities to connect naturally don't exist the way they used to. Proposed solutions included:

- Events/meetups to help build connections between FPs and hospitalists
- List of personal phone numbers so FPs and hospitalists can speak on the phone/bypass admin staff

#### CARE

Challenges with discharge were discussed as well, with proposed solutions including:

- a standardized discharge process
- typed Discharge Summary, rather than handwritten
- Discharge Summary shared digitally with MRP
- patient given more meds upon discharge (to last until an appointment with MRP is available)
- include a box on Discharge Summary to show whether patient needs a specialist referral

### **ACTION ITEMS**

Division staff, ED physicians and FP committees are working on implementing some of the solutions proposed in this meeting. We will keep our members updated on our progress.

## 100%

place a high priority on conversations like the ones had at this event

# 93%

feel more connected to their FP and/or hospitalist colleagues