

EXTREME HEAT

COMMUNITY RESOURCES

SURREY

Community Partner	Resources	More Information
<p>City of Surrey</p>	<p>Website</p> <ul style="list-style-type: none"> • Cooling centres • Population-specific info • Patient brochures <p>Alertable App</p> <ul style="list-style-type: none"> • Local emergency notifications 	<p>https://www.surrey.ca/news-events/news/staying-cool-during-extreme-heat</p> <p>https://alertable.ca/signup/index.html?site=BC14</p> <p>https://bit.ly/3WVhQGo</p>
<p>Mosaic BC</p>	<p>Seniors Check-in Service</p>	

DELTA

<p>24-hour Extreme Heat Hotline</p>	<p>Information</p> <ul style="list-style-type: none"> • Operator • Cooling stations 	<p>604-946-3200</p>
<p>City of Delta</p>	<p>Website</p> <ul style="list-style-type: none"> • Cooling centres • Population-specific info • Patient brochures 	<p>https://www.delta.ca/b/eattheheat</p>
<p>DeltAssist</p>	<p>Seniors Check-in Service</p>	<p>604-946-9526</p> <p>https://deltassist.com/seniors/volunteer-provided-services-free-of-charge</p>

Community Partner	Resources	More Information
Surrey-North Delta Division of Family Practice	<p>Printable Posters</p> <ul style="list-style-type: none"> Stay Cool in Extreme Heat Know the Signs of Heat Stroke English + Punjabi 	<p>https://divisionsbc.ca/surrey-north-delta/stay-cool-during-extreme-heat-surrey-north-delta</p>
Fraser Health	<p>Website</p> <ul style="list-style-type: none"> Physician resources Population-specific info Patient brochures <p>Home Health</p> <ul style="list-style-type: none"> Patient check-ins Cooling packs 	<p>https://www.fraserhealth.ca/health-topics-a-to-z/sun-safety/resources</p> <p>1-855-412-2121</p> <p>https://pathwaysbc.ca/clinics/369</p>
DIVERSEcity	<p>Programming</p> <ul style="list-style-type: none"> Social Prescribing Better at Home 	<p>https://pathwaysbc.ca/programs/2975</p>
RACEApp - Fraser Valley Region	<p>Specialist/SMH ER Advice</p> <ul style="list-style-type: none"> 8am to 5pm Monday to Friday 	<p>1-877-696-2131</p> <p>https://raceapp.ca</p>
Pathways	<p>Information</p> <ul style="list-style-type: none"> Search "extreme heat" 	<p>https://pathwaysbc.ca</p>
BCCDC	<p>Information</p> <ul style="list-style-type: none"> How to prepare an extreme heat kit 	<p>http://www.bccdc.ca/health-info/prevention-public-health/preparing-for-heat-events</p>
Toward the Heart	<p>Information</p> <ul style="list-style-type: none"> Extreme heat guide for people who use substances 	<p>https://bit.ly/3W3jo0W</p>