

'intheknow'

Information and Support

For families and caring adults who
are parenting a child or youth with
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY
COMPUTER OR PHONE.**

PARENTING WHEN OUR KIDS CAN'T GO TO SCHOOL

Parenting when our kids won't (or can't) go to school is hard for everyone; mental health challenges can be what is creating the barrier to them attending. This is hard and complex – we talk about the pieces we have some control over, remembering how much relationships matter, and who we can look to for support.

Registration Required:

<https://www.gotostage.com/channel/intheknow>

Communities: North Shore & Sunshine Coast

Cost: Free of Charge

Date: Wednesday, October 21, 2020 – 7:00 PM

Discussion facilitated by FamilySmart Parent in Residence

Watch a video with us and come together with other families for a facilitated discussion.

familysmart.ca

