

From our physicians



"I was surprised and pleased at the many artistic activities in the high schools. The people my kids met there became like their family."

- Dr. Julie Baxter



"I love having Vancouver right there, but I love leaving Vancouver to come back to the Coast."

- Dr. Rob Lehman

"My favourite activity on the Coast is a Sunday morning ritual. My wife and I choose one of the local beaches to go for a walk. We watch the eagles fishing, the otters swimming and get some rest."

- Dr. Rahul Gupta

Interested in life on the Sunshine Coast?

- ✓ Lifestyle
- ✓ Affordable
- ✓ Schools
- ✓ Nature
- ✓ Career growth
- ✓ Close to city

Visit our website for:

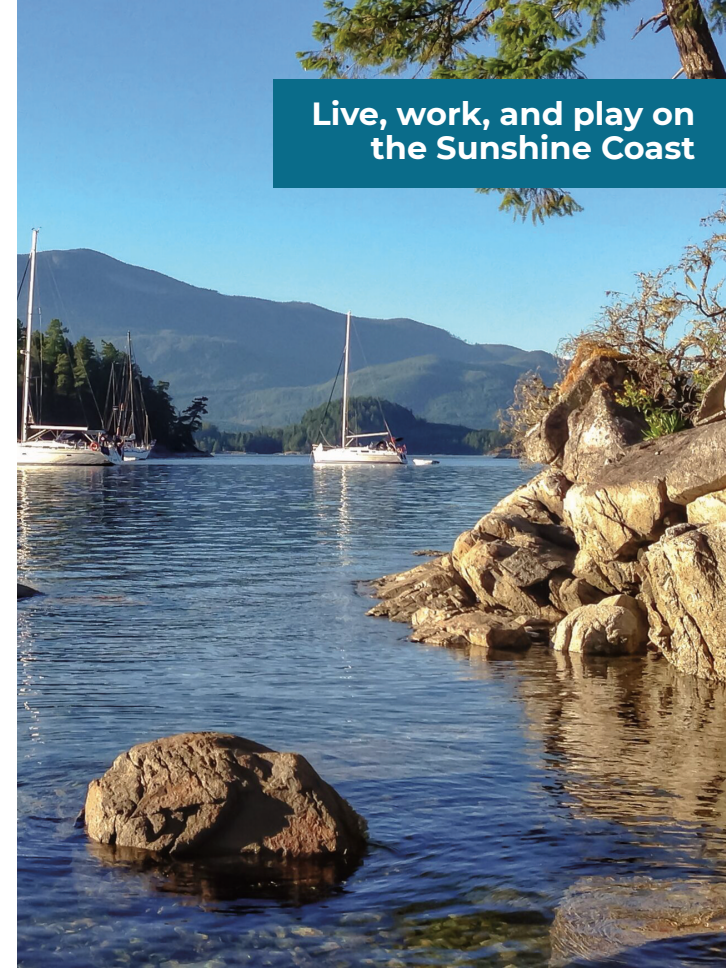
- Available opportunities
- Division newsletters
- Orientation guides
- Innovative initiatives

divisionsbc.ca/sunshine-coast



We respectfully acknowledge that we work and provide services within the ancestral, traditional, and unceded territory of the Skwxwú7mesh Nation and the shíshálh Nation.

Live, work, and play on the Sunshine Coast



Top 10 Reasons to Practice on the Sunshine Coast

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1. Work-Life balance

There's a great balance of outdoor activities and a relaxed way of living on the Sunshine Coast. Physician colleagues support each other to balance work and life. In many clinics, retired physicians will fill in to allow physicians to take regular breaks and enjoy a few days away in this physician 'buddy system'.

2. Room to find and create a specialty niche

In a smaller community, GPs can practice specialties like Anesthesia, Obstetrics, Emergency Medicine, In-patient Care, Addictions Medicine, GP Oncology, Palliative Care and Geriatric Medicine in hospital and community. The Coast's medical community supports physician exploration and development of specialty niches to address issues that might otherwise go unanswered.

3. Lifestyle

The Sunshine Coast offers work, outdoor, sports, arts, and cultural opportunities all with commute times often only minutes from home. The Coast is home to an active cultural scene of artists, writers, dancers and musicians. You can find music and other events virtually everyday and certainly every weekend. Want a chance to shop and meet the artists? Every fall the Sunshine Coast Art Crawl draws people from across the continent for the chance to experience the vibrant arts and culture community here. For those who like team sports, there are active soccer, hockey and other teams.



4. Community involvement

Our community is inclusive and diverse; Residents work together to create thriving communities. There's a level of volunteerism in the Coast that is rarely seen in other communities.

5. Water sports and activities

With ocean fishing and boating right outside your door, as well as gorgeous kayaking, paddle boarding, kite boarding and wind surfing opportunities all along the coast, the Sunshine Coast has it all for those who like the wind in their sails and a fish on the BBQ. For those with their sights beneath the waves, the Sunshine Coast offers world-class diving opportunities. The Skookumchuck rapids or 'Skook', as it is affectionately named, is one of the great whitewater wonders of the world attracting thrill-seekers from across the globe.

6. Nature activities

Want adventure? Sculpted by the Strait of Georgia, the Sunshine Coast peninsula's rocky shoreline quickly fades into a mystic, coastal rainforest. Inside you'll find a labyrinth of diverse hiking and mountain biking trails, including the renowned Sunshine Coast Trail and the Coast Gravity Park. Winter brings the opening of Dakota Ridge, offering groomed cross-country skiing and over 14 kilometres of snowshoeing trails.

7. Excellent schools

The Coast offers a strong public school system including a Francophone school. Smaller class sizes lead to more intimate and supportive learning environments.

8. Affordable living

Want ocean proximity without the Lower Mainland price tag? The Coast offers homes of all price ranges, many with ocean views, and all within a few minutes of beaches or the ocean. Local farms produce fresh summer produce at prices similar to local grocery stores and community amenities are available across the coast.

9. Proximity to everything urban

Vancouver nightlife, dining, and attractions are only a 40 minute ferry ride away. And when you're ready, get away from the traffic and congestion by simply coming back home.

10. Innovative Division

The Coast offers the amenities of a smaller community, namely close working relationships between physicians and other health professionals. This enables innovations such as the maternal health collaborative. It also allows work on projects like the development of a single EMR to better serve patients across the Coast.