



Annual Report

April 2021 - March 2022



Sunshine Coast
Division of Family Practice
A GPSC initiative



Sunshine Coast Division of Family Practice

A GPSC initiative

The Sunshine Coast Division of Family Practice represents physicians who support the communities along the lower Sunshine Coast, including Earl's Cove, Langdale, Madeira Park, Pender Harbour, Sechelt, Robert's Creek, and Gibsons.

Together, the members work to improve local primary care, increase local physicians' influence on health care delivery and policy, and provide professional support for physicians. Membership is open to all physicians practising or recently retired on the Lower Sunshine Coast, including specialists and locums.

Sunshine Coast Division of Family Practice Team

Michael Aeberhardt
Executive Director

Sonja Sorensen
Administrative Coordinator

Sarah Garner
*Primary Care Network
Project Manager*

Michelle Bruecker
*Primary Care Network
Project Coordinator*

Kathy Copeman-Stewart, BSCN, MPA
Shared Care Project Manager

Incorporated in November 2011, the Division consists of

74

Members

40

Family Physicians

6

Clinics

Divisions of Family Practice

An initiative of the General Practice Services Committee

divisionsbc.ca/sunshine-coast

Our Vision, Mission, & Values

2021 to 2024

Vision

Healthy, thriving Sunshine Coast communities supported by resilient doctors and comprehensive community-based health care.

Mission

To support and provide a voice for physicians and foster action to promote system change and accessible, comprehensive and sustainable health care on the Sunshine Coast.

Values

- Community centred solutions through team-based care
- Physician health, well-being and empowerment
- Cultural humility on community engagement
- Teamwork, collaborative and partnership
- Diversity, equity and inclusion
- Creativity, innovation and openness to change
- Integrity, accountability and transparency

Message from the Chair and Executive Director



As 2022 came to an end we reflect back on the unprecedented impact that the pandemic had on us all and how day to day activities and work have slowly started to return back to normal. While we realized the value of virtual engagement, we also recognized the benefits of the need for both connection and in-person meetings with our many members, partners and stakeholders. Similarly, we remain fully cognizant of the impacts of the post pandemic including staff shortages, fatigue and MHSU.

A very special thanks to Dr. Chinmay Dalal, who after several years as Division Board Chair, decided to step down for some well-deserved life balance and to take on new opportunities around the roll-out of Cerner. The Division extended a warm welcome to Dr. Annette McCall who graciously agreed to take on the roll of Interim Chair.

The Board's commitment to its members and longitudinal care on the Sunshine Coast was highlighted in a very collaborative September 2021 strategic planning session, led by Kathleen Coyne, where key priorities were identified including progressive projects, physician voice and well-being. The strategic plan was a key milestone for the Division in that it established a renewed mission and vision from the lens of physicians and the patients they both serve and advocate for. In early 2022, the Board continued its effort in advancing the Division through a governance review with the support of Maria Turnbull of Vantage Point.

The Division has made significant gains in successfully strengthening our board and its ability to reflect the membership and communities we serve and to ensure we are connected to our physician membership. We have achieved gains in our operational functions that have allowed us to dedicate greater focus to our communities and the work that is most important. The Division has

actively pursued funding opportunities that support the advancement of physicians on the Sunshine Coast and has achieved increased success in this regard. Funding to support the development of a PCN service plan was realized and through much planning and enhanced consultation we were able to solicit valuable input from physicians and various community partners and stakeholders.

Over the past year, the Division team and key Physician Leaders have continued to have regular meetings with the Ministry of Health, GPSC, community stakeholders and Vancouver Coastal Health, thru a myriad of tables including the PCN Steering and the Collaborative Services Committees. It is these collaborative efforts that will guide improvements for both patient care and family practitioners. The imminent submission of a PCN service plan that would see resultant team-based care resources integrated into patient medical homes is a key objective. Once approved, the Sunshine Coast PCN service plan will support patient medical homes through the introduction of team-based care supports and patient attachment.

Through the next year, the Sunshine Coast Division of Family Practice will continue to work with members, other Divisions, community leaders, Vancouver Coastal Health and the Ministry of Health to improve coordination and physician supports across the system and the streamlining of patient access to community resources. Health human resources will remain a continued priority.

In closing, we would like to thank our Board for their leadership and dedication to supporting our organization and our members over the last year, which clearly demonstrated the value of a strong diversified board composed of physicians and community members. The Division will continue to reach out to you, the members, through monthly Board meeting and PCN updates. We also encourage you to become or remain involved in the important work that we do or to consider joining us at a Board meeting to see what is going on behind the scenes.

We also want to acknowledge our staff for their dedication and efforts during this most extraordinary time. In closing and most importantly, thank you for being our members. Your engagement in improving patient care continues to be our drive to improve and advocate for the lives of our member family practitioners.

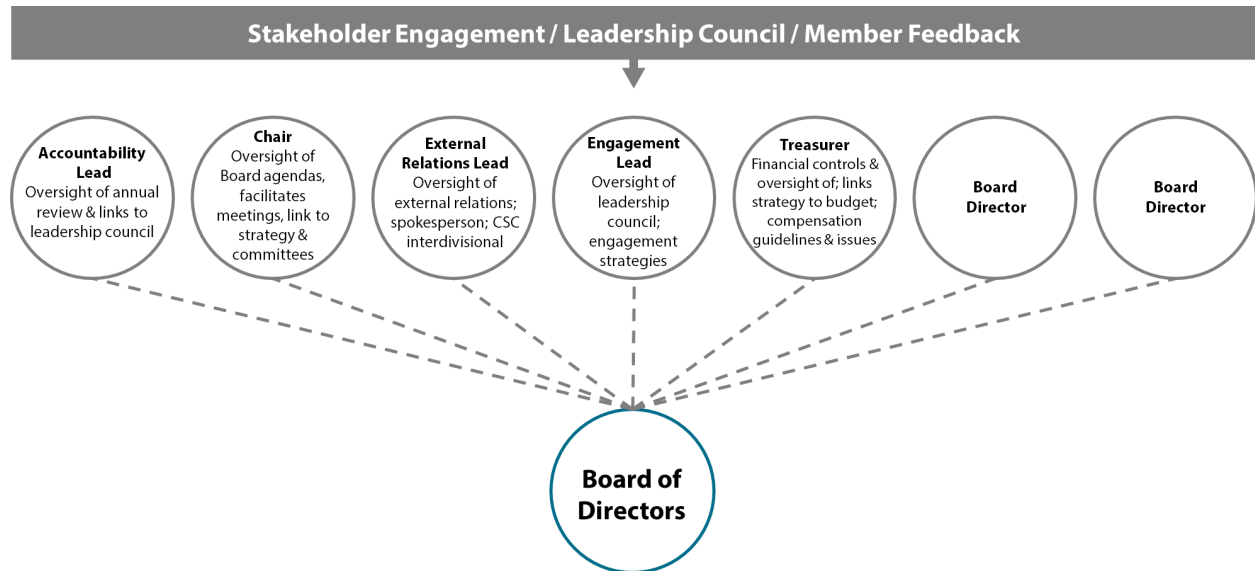
Respectfully submitted,

Dr. Annette McCall
Chair

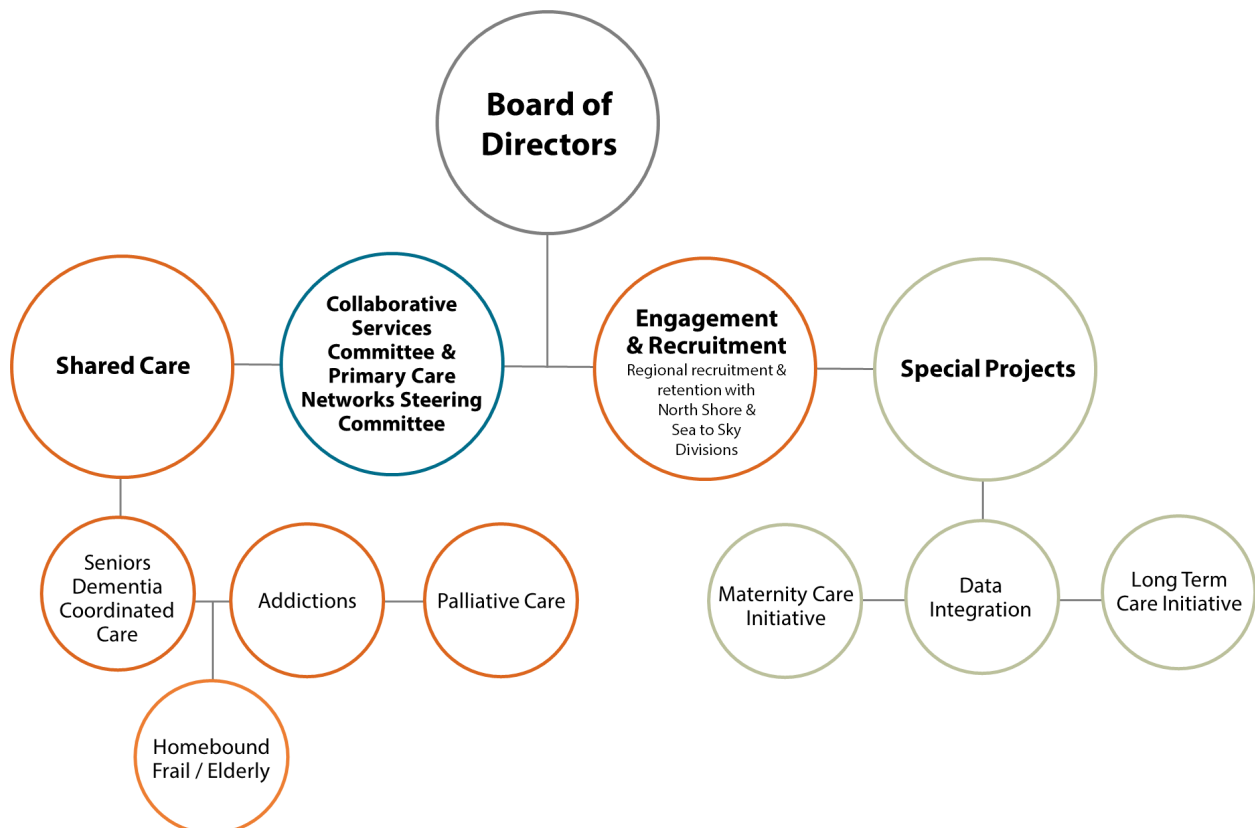
Michael Aeberhardt
Executive Director

March 2022

Board Governance Structure



Working Groups





Board of Directors

April 2021- March 2022

Chair (Apr - Nov 2021)

Dr. Chinmay Dalal

Chair/Accountability Lead

Dr. Annette McCall

External Relations Lead

Dr. Rob Lehman

Engagement Lead

Dr. Edward Krickan

Treasurer

Mark Wentzell

Directors at Large

Dr. Adetunji Oremakinde

Dr. Geoff McKee

Chairs

Dr. Rob Lehman
Marie Duperreault

Members

Dr. Karen Forgie, MSA
Dr. Edward Krickan, Division
Dr. Marius Welgemoed, LMD
Carole Gillam, VCH
Bree Beveridge, FN VCH
Dr. Nardia Strydom, VCH
Dr. Yasmin Jetha, VCH
Rochelle Le Sueur, VCH
Marina McBride, GPSC
Meghan Burrows, GPSC
Susann Richter, PHHC
Dr. John Harding, MHO
Shilo Joe, shíshálh Nation
Nick Gaskin, shíshálh Nation
Dr. Tracy Monk, GPSC Pathways



Collaborative Services Committee (CSC)

April 2021- March 2022



Primary Care Network Steering Committee

Tri-Chairs

Dr. Rob Lehman, Division
Marie Duperreault, VCH
Nick Gaskin, shíshálh Nation

Members

Dr. Sara Wadge
Dr. Tim McDowell
Dr. Carmen Goojha
Carol Gillam, VCH
Jennifer Gough, MoH
Rochelle Le Sueur, MoH
Marina McBride, Doctors BC

Priority Strategies & Planned Outcomes

2021 to 2024

The following strategies and outcomes were developed by the Board of Directors in a collaborative, strategic planning session in September 2021.

Priority Strategies



Primary Care Network

Implement and evaluate PCN Service Plan.

Recruitment & Retention

Recruit and support retention of additional physicians.

Governance Structure

Renew and energize.



Voice of Physicians

Listen with openness and engage collaboratively.

Communication

Promote deep understanding of the role of physicians in leveraging system change.

Physician Well-being

Embed commitment in every aspect of our work.



Community Engagement

Strengthen connection with local governments and community planning tables.

Responsive Projects

Develop projects, including a Community Health Centre, that responds to emerging needs including team-based care.

Planned Outcomes



Patients/residents are attached in a meaningful way to health services through the Sunshine Coast Primary Care Network.

There is an increase in the number of **physicians** effectively meeting the health needs of residents through team-based care.



Physicians and other stakeholders are fully engaged in regular dialogue, partnership and collaboration.

The **Division Board** continues to be effective and is responsive to emergent issues.



Program Highlights - Shared Care



Addictions & Overdose Prevention

Dr. Joerg Jaschinski, **Lead**

Dr. Suzanne Walter
Dr. Anthony Barale
Dr. Brian Myhill-Jones
Nicole Kirkley, VCH
Kendrah Rose, VCH
Brent Fitzsimmons, VCH
Ciara Knapp, CAT

Kathy Copeman-Stewart
Project Manager

- Created a draft framework for a Community Response to the Opioid Crisis in collaboration with VCH and Community Action Team.
- Hosted education session by and dialogue with VCH regional leaders in substance use.
- Advocated for expanded local services including safe housing after rehabilitation and cultural safety training for staff.
- Collaborated with VCH and CMHA in planning to pilot a peer support worker as part of the overdose outreach team.
- Mapped out available services and gaps for input to PCN service planning.
- Explored approaches to expand availability of naloxone in the community.
- Supported training of family physicians through the PSP modules on substance use and concurrent disorders.
- Contributed to community education through Coast Reporter articles.

Frail Seniors

Dr. Rob Lehman, **Lead**
Sr. Dementia Services

Dr. John Sloan, **Lead**
Homebound Frail Seniors

Dr. Anthony Barale
Dr. Brian Myhill-Jones
Dr. Carmen Goojha
Dr. Annette McCall
Sheri Myhill-Jones, VCH
Pamela Trant, Nurse Practitioner
Cayce Laviolette, PCN SW
Ava Mundy, PSP

Kathy Copeman-Stewart
Project Manager

- Hosted a dementia care community mapping exercise.
- Created a summary of services and gaps on the Coast to provide input to PCN Service planning.
- Submitted a project proposal and was approved for a two-year frail senior's project encompassing homebound frail seniors and a broader frail senior's service.
- Hosted dialogue with shishálh Nation re: Homebound Frail Senior services.
- Engaged with physicians, VCH and BCEHS to increase access to medical and other supports for homebound frail seniors.

Palliative Working Group

Dr. Carmen Goojha, **Chair**

Dr. Annette McCall
Petrina Wing, VCH
Joanne Coneely, VCH
Susann Richter, PHHC
Jennifer Hunsche, PHCH

Kathy Copeman-Stewart
Project Manager

- Created brochure on palliative care on the Sunshine Coast.
- In collaboration with Hospice Society, commissioned an environmental scan on palliative care on the Sunshine Coast which identified current needs, services and gaps. This was an input to PCN and other planning processes.
- Liaised with family physicians to promote advance care planning.
- Contributed to the Green Sleeve initiative led by Hospice including public education and information videos.
- Explored opportunities to support family caregivers.
- Dr. Carmen Goojha participated in MedTalks on palliative care services on the Coast.
- Hosted a MAID education session in collaboration with VCH for family physicians.
- Presented to Shared Care Committee on the Green Sleeve initiative to explore spreading this to other communities.

Program Highlights - Advocacy & Engagement

Collaborative Services Committee (CSC)

Dr. Rob Lehman, **Co-Chair**
External Relations Lead

Marie Duperreault, **Co-Chair**
Director, Sechelt Hospital

Dr. Karen Forgie, MSA
Dr. Edward Krickan, Div.
Dr. Annette McCall, Div. Alt
Dr. Marius Welgemoed, LMD
Sean Parr, VCH
Carole Gillam, VCH
Dr. Nardia Strydom, VCH
Dr. Yasmin Jetha, VCH
Bree Beveridge, FN VCH
Patrick Curley, MoH
Anne Wang, MoH
Marina McBride, GPSC
Meghan Burrows, GPSC
Susann Richter, PHHC
Dr. John Harding, MHO
Shiloh Joe, shíshálh Nation
Nick Gaskin, shíshálh Nation
Dr. Tracy Monk, Pathways

Michael Aeberhardt
Division Executive Director

Sonja Sorensen
Div. Administrative Coordinator

- Co-chaired by Dr. Rob Lehman and Marie Duperreault.
- Focus on PCN priorities and service plan oversight.
- Established a PCN Steering Committee.
- Ongoing PCN Dialogue with physicians and VCH senior staff.
- Research and analysis of health care gaps and assets on the Sunshine Coast.



Primary Care Network Steering Committee (PCN)

Dr. Rob Lehman, **Tri-Chair**
Marie Duperreault, **Tri-Chair**
Nick Gaskin, **Tri-Chair**

Members

Dr. Tim McDowell
Dr. Ahmed Al-Araji
Dr. Patricia Rutherford
Carol Gillam, VCH
Jennifer Gough, MoH
Rochelle Le Sueur, MoH
Marina McBride, Doctors of BC
Kathleen Coyne, PAT
Johanna Tremble, PAT
Susann Richter, PHHC
Shari Myhill-Jones, VCH

Michael Aeberhardt
Division Executive Director

Michelle Bruecker
Division Project Coordinator

- Early draw primary care social worker hired and onboarded into three (3) patient medical homes thru a phased approach.
- Endorsed post implementation early draw social work evaluation.
- PMH attachment gaps analyzed by PSP thru review of clinic panels.
- Attachment data has been reviewed and compiled to support HSIAR review.
- Patient Advisory Table (PAT) and Indigenous Advisory Table (IAT) terms of reference developed, approved and members recruited.
- Clinic engagement led by Dr's. Rayna Sivakova and Rob Lehman.
- Ministry of Health approves Sunshine Coast PCN EOI and provides service plan development funding.
- Compiled Local Health Area community reviewed by service plan team.
- Medical and stakeholder engagement commences seeking service plan design and resourcing input.
- San'yas cultural training offered to medical, clinical and PCN leaders.

Engagement & Recruitment

Dr. Ted Krickan, **Lead**
Engagement

Dr. Annette McCall, **Lead**
Recruitment

Michael Aeberhardt
Division Executive Director

Sonja Sorensen
Div. Administrative Coordinator

- Walk with Your Doc.
- September 2021 barbecue.
- AGM in October 2021.
- Ongoing coordinated recruitment efforts for IMG's & PRA's.
- Through a tri-Division GPSC partnership onboarded a recruitment coordinator.

Advocacy

- Advocate for rural issues and rural considerations at the Regional Divisions and VCH meetings (ICSC).
- Advocate for rural approach to Primary Care Networks (PCN).
- Advocacy for child and youth mental health resources, such as a Foundry, for the Sunshine Coast.

Photo Highlights

Physician Family BBQ | Walk with Your Doc | Good Friday Holiday Box
Board Strategic Planning Session



View more event photos in the 'Doctors Only' portal on divisionsbc.ca/sunshine-coast

