

YOUTH (<19):

IN THE SPECTRUM OF CARE... WHERE WILL YOU CHOOSE TO BEGIN?

ACCESSING OPIOID AGONIST TREATMENTS (OAT) (METHADONE & SUBOXONE)

Family Physicians

Family Physicians can prescribe Suboxone! Want to learn how? Visit suboxonecme.ca

Family Physicians can also visit the CPSCB website for information on prescribing Suboxone and the process to obtain special authorization to prescribe Methadone

RACE phone line/app (Rapid Access to Consultative Expertise):

Family physicians can use this to connect with specialists who can provide assistance with developing a plan of care, including in areas of substance use and Suboxone

Victoria Youth Clinic (ages 12-24)

Suboxone starts and follow up Outreach
Referrals and connections to services
Medical assessments for Youth Detox (through Youth Empowerment Society)

Youth and Methadone

The primary point of care for youth wanting to access OAT in Victoria is the Victoria Youth Clinic, which only prescribes Suboxone.

In certain circumstances when youth are close to the age of transition to adult services, Victoria Youth Clinic physicians might be able to coordinate care with Adult OAT clinics so that a youth can access Methadone.

HOUSED SUPPORTS VICTORIA

Youth Detox

(Youth Empowerment Society)

7-10 day stay
5 beds
Free

Non medical detox

Medical assessment required prior to entry (can be done at Youth Clinic)

Suboxone can be taken while attending the program; Methadone can not.

Detoxing from some substances must be medically supervised to ensure safety. There is currently no medically supervised detox for youth (i.e. under the age of 19) living with these circumstances in Victoria. Contact the Youth Clinic or your family physician for support and planning.

Supportive Recovery

INDIVIDUAL

Supportive Recovery (Boys and Girls Club)
(ages 13-19)

1 bed per Family Care Home
5 beds
Free

4 months of safe and supportive housing in contracted Family Care Homes
Goal planning and connections to resources through support workers

Connections to Discovery Counsellor
Suboxone/Methadone: No

GROUP

Males

Beacon of Hope House (Salvation Army)

6 beds
5 days of sobriety before entry
30, 60, or 90 day stay
Free

Addictions specific treatment program
Suboxone/Methadone: Yes

Females

There is currently no addictions treatment program for women under the age of 19 in Victoria

PEER + SOCIAL + OUTREACH SUPPORT

YOUTH SPECIFIC PROGRAMS + ORGANIZATIONS

Discovery Youth Services (VIHA) (ages 13-19)

Counselling services for youth affected by substance use, their families, and youth affected by another individual's substance use.

Connection to counsellor who can assist with goal planning, accessing/referrals to other services

Outreach

Services distributed throughout Vancouver Island

Youth Empowerment Society

Drop in space/services (day and evening drop in programs) Monday-Friday

Most services are for youth ages 13-19, with some exceptions

Outreach

Other programs include: Life skills, family counselling, emergency shelter services

AIDS Vancouver Island

Youth specific programs:
Harm Reduction Training Series
Queer Youth Training Series
Youth Outreach (1:1 support)

Also:

Overdose Prevention Space (ages 16+)
Naloxone Training + Kits, Safe Using Supplies

Native Friendship Centre

Addictions counselling and referrals to other services including aboriginal treatment centres up island.

Youth specific addictions supports available.

Focus Mentoring (Big Brothers Big Sisters)

1:1 support and guidance

Youth are matched with a mentor to meet with for a couple hours a week

Can assist with community referrals

West Shore Communities

Community Outreach Prevention & Education Program (COPE) (ages 5-18)

1:1 counselling for youth on a range of topics (including substance use)
12 free sessions for West Shore residents
~ couple month wait to access a counsellor

West Shore Communities

Sooke Family Resource Society

Informative first point of contact for connections to services

Her Way Home

Supports for pregnant + new mothers living with substance use dependence

1:1 counselling & groups

Connections to primary care provider

Prenatal vitamins

PEERS

Organization that supports current/former sex workers.

Drop in, outreach, educational workshops, bi-weekly health clinic, social & recreational activities

Safe sex & safe using supplies

ALL AGES

DROP IN GROUPS

Connections

Partnership between Island Health and Umbrella that provides immediate group support for individuals and connects individuals to services
Tu/Fr 2:30-3:30PM

Peer Outreach

1:1 peer support from an individual with lived experience, low barrier, outreach

Physician Pilot

Peer Outreach program that coordinates with care from the individual's family doctor.

SAMI

Peer support + case management for more individuals living with more complex care needs

Family Counselling

1:1 support for those affected by a family members or loved ones substance use

Umbrella Society

1:1 SUPPORT PHONE/EMAIL INTAKE

SOLID

(Society of Living Illicit Drug Users)

Safe using supplies, daily needle exchange/pick up

Naloxone training + kits

Drop-in peer group support sessions that are organized into themes (e.g. Mens Night, Indigenous Women's Night)

VANCOUVER ISLAND DETOX/ SUPPORTED RECOVERY AT A GLANCE

Transitions Withdrawal & Stabilization

(Nanaimo Area Resource Society for Families-NARSE)

Nanaimo

Up to several months of supported recovery (can detox in the program)

Suboxone/Methadone: Yes

180° Detox and Stabilization (John Howard Society)

Courtney/Campbell River

3 beds

Up to 6 months of supported recovery (can detox in the program)

Live in family care program (1bed/home) + attend group day program

Can be taking Suboxone

MAINLAND

There are other options in/around Vancouver, and in other areas of BC such as Kelowna

OVERDOSE PREVENTION SITES

For youth under the age of 19, there is one Overdose Prevention Sites in Victoria, BC. These are spaces where individuals are able to consume their drugs (via self administered injection) in a supervised environment using clean supplies.

AIDS VANCOUVER ISLAND	3PM-9PM	16+
3RD FLOOR 713 JOHNSON STREET		

NALOXONE TRAINING+KITS

Available at many locations in the community (more information at towardtheheart.com) including:

AIDS Vancouver Island
Cool-Aid Pharmacy
Our Place
PEERS
STS Foundation

The Sobering and Assessment Centre

SOLID
Street Nurse Outreach Team (Centre for Communicable Disease)

No prescription needed

FREE for those who are/who know someone at risk of overdose

SAFE USING SUPPLIES

AIDS Vancouver Island
Cool Aid Pharmacy
SOLID
STS Pharmacy
Street Nurse Outreach

NOTES:
