









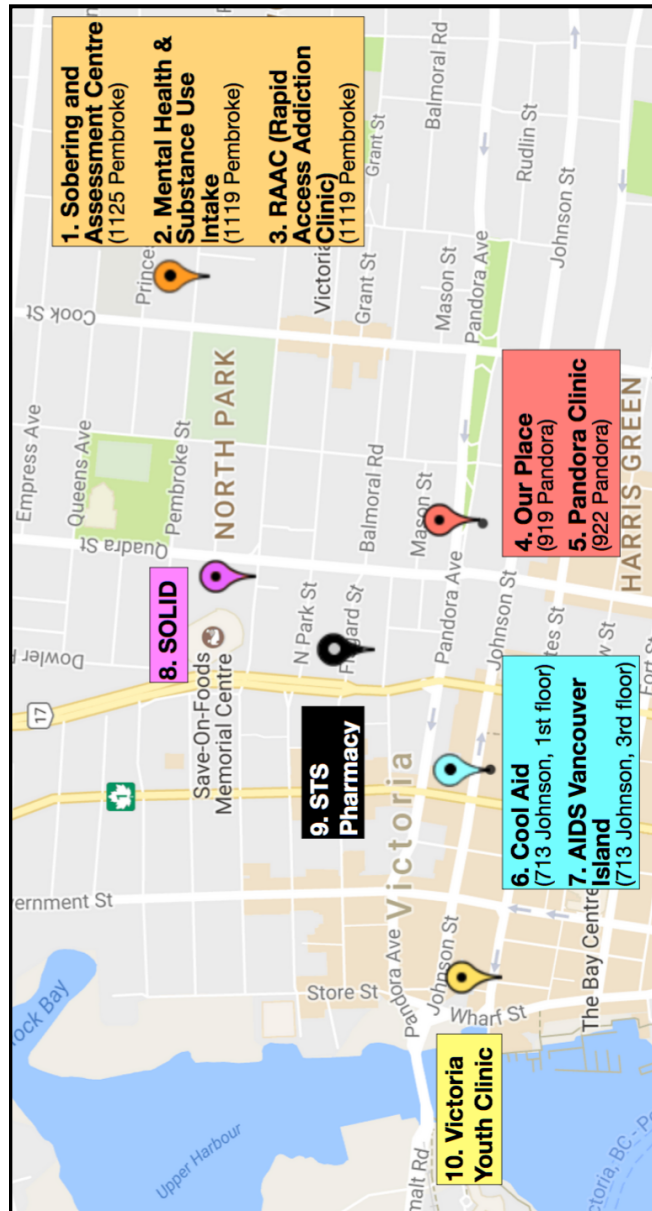


	PROGRAM/ORGANIZATION	ADDRESS	SERVICES
1	 Sobering & Assessment Centre	1125 Pembroke St.	Withdrawal Services
2	 Mental Health & Substance Use Intake	1119 Pembroke St.	Intake for Island Health Services
3	 RAAC (Rapid Access Addiction Clinic)	1119 Pembroke St.	Opioid Agonist Treatment
4	 Our Place	919 Pandora St.	Overdose Prevention Space, Naloxone Kits/ Training
5	 Pandora Clinic	922 Pandora St.	Opioid Agonist Treatment
6	 Cool Aid	713 Johnson, 1st floor	Naloxone Kits/Training, Safe Using Supplies
7	 AIDS Vancouver Island	713 Johnson, 3rd floor	Overdose Prevention Space, Naloxone Kits/ Training, Safe Using Supplies, Outreach
8	 SOLID (Society of Living Injection Drug Users)	857 Caledonia St.	Peer Support, Outreach, Naloxone Kits/ Training, Safe Using Supplies
9	 STS Pharmacy	820 Cormorant St.	Naloxone Kits/Training, Safe Using Supplies
10	 Victoria Youth Clinic	533 Yates St.	Opioid Agonist Treatment (ages 13-24),



## Support and Treatment Resources for People Using Opioids in Victoria

From ways to use drugs safely to treatment programs and beyond. There are resources and services available to help you every step of the way.

Where will you choose to start?

## Harm Reduction Services

If you are using or considering using drugs, the following organizations provide services to help you use them as safely as possible.

### Safe Using Supplies:

**AIDS VANCOUVER ISLAND**  
3rd Floor 713 Johnson St  
Daily 3pm-10pm

**SOLID**  
857 Caledonia Ave  
Mon-Fri 1pm-3pm

**COOL AID PHARMACY**  
1st Floor 713 Johnson St  
Mon-Tues 9am-6pm  
Wed-Thur 9am-8pm  
Fri 9am-3pm  
Sat 10am-2pm

**STS PHARMACY**  
820 Cormorant St  
Mon-Fri 5:30am-6pm  
Sat-Sun 7:30am-6pm  
\*can also test your  
drugs for fentanyl

### Naloxone Training and Kits:

**COOL AID CLINIC**  
1st Floor 713 Johnson St  
Mon-Tues 9am-6pm  
Wed-Thur 9am-8pm  
Fri 9am-3pm  
Sat 10am-2pm

**SOLID**  
857 Caledonia Ave  
Mon-Fri 1pm-3pm  
(Walk-ins Tues-Wed  
1pm-3pm)

**OUR PLACE**  
919 Pandora Ave  
Daily 6:30am-8:30pm

**STS PHARMACY**  
820 Cormorant St  
Mon-Fri 10am-6pm

**THE SOBER & ASSESSMENT CENTRE**  
1125 Pembroke St.  
Open 24 hours and 7  
days a week

**ADDITIONAL INFORMATION AND LOCATIONS AVAILABLE AT**  
[towardtheheart.com](http://towardtheheart.com)

### Overdose Prevention Sites:

**AIDS VANCOUVER ISLAND** (Age: 16+)  
3rd Floor 713 Johnson St  
Daily 3pm-9pm

**OUR PLACE**  
(Age: 19+)  
919 Pandora Ave  
Daily 7am-8pm

**JOHNSON STREET COMMUNITY BUILDING**  
(Age: 19+)  
844 Johnson St  
Residents + visitors of  
residents: 10am-10pm

**ROCK BAY LANDING**  
(Age: 19+)  
535 Ellice St  
Public: daily 8am-6pm  
Residents: 7am-9pm

### A Safe Place to Sober Up:

**THE SOBERING & ASSESSMENT CENTRE**  
1125 Pembroke St.  
Open 24 hours and 7 days a week

## Treatment Services

If you are ready to enter treatment for your opioid use, the following services are available to help you.

**Unsure where to start or need support while you are waiting for treatment?** Drop into the Connections Group Tuesdays and Fridays from 2:30-3:30pm at 1125 Pembroke Street to get support, information, and guidance in accessing services.

### Detox and Stabilization:

You can self-refer to detox and stabilization by walking into VIHA Substance Use Services Intake at 1119 Pembroke Street daily between 9am and 8pm to begin the intake process.

### Opioid Agonist Treatment (Methadone and Suboxone):

The following clinics in Victoria will help you figure out if opioid agonist therapy is right for you and if so will help you start treatment.

**RAPID ACCESS ADDICTION CLINIC**  
(Age: 19+)  
1119 Pembroke St  
Mon, Wed-Fri 9am-12pm

**PANDORA CLINIC**  
(Age: 18+)  
922 Pandora Ave  
Mon-Thur 9am-5pm

**OUTREACH SERVICES CLINIC** (Age: 19+)  
603 Gorge Road East  
Tues 1pm-7pm  
Wed 9am-5pm  
Thur 9am-3pm

**VICTORIA YOUTH CLINIC** (Age: 13-24)  
533 Yates St  
Mon-Thur 11am-5pm  
Fri 11am-4pm  
\*Suboxone only

## Supportive Recovery Housing

If you need of extra support with your recovery after stabilization, there are supportive recovery homes for males and females offered through Island Health (males and females) and Umbrella Society (males only). These homes offer a safe living situation with other people pursuing their recovery.

## Community and Peer Support

Other community resources are available to help and support you.

### Peer Support and Outreach:

The following organizations offer support and guidance in navigating services from individuals who have lived experience with substance use and recovery:

**SOLID** (All ages)  
857 Caledonia Ave  
Drop-in office hours Mon-Fri from 1-3pm and run various drop-in groups at scheduled times. Visit [www.solidvictoria.org](http://www.solidvictoria.org) or call (250) 298-9497 for more information.

**UMBRELLA SOCIETY** (All ages)  
901 Kings Road  
Mon-Fri 8am-4:30pm  
For information and to get connected with an Umbrella peer support worker call (250) 380-0595.

Additional support available from:

**AIDS VANCOUVER ISLAND** (Age:16+)  
3rd Floor 713 Johnson St  
Daily 3pm-10pm; (250) 889-0268  
In addition to providing safe using supplies and being an overdose prevention site, they provide education on using safely.

### Other Community Support Groups:

Drop-in support groups for individuals dealing with substance use are held in Victoria every week. Check out the following organizations to find a meeting that works for you:

**Narcotics Anonymous**  
**SMART Recovery**  
**LifeRing**

### Support for Family and Friends:

If you have been affected by someone else's substance use and need support, reach out to the following resources for help:

**UMBRELLA SOCIETY** (250) 380-0595  
Offers family counselling for individuals affected by another family member's substance use.

Many drop-in **COMMUNITY SUPPORT MEETINGS** are held in Victoria each week to support family and friends including: **Nar-Anon** and **Al-Anon** for adults and **Narateen** and **Alateen** for teens.