

First Nations Community Resource Guide



ESQUIMALT NATION 1189 Kosapsum Crescent Victoria BC V9A 7K7				Phone: (250) 381-7861 Fax: (250) 384-9309	
Title	Name	Email	Hours	Office	Cell
Band Office				250-381-7861	
Health Director	Barb LeCoy	BarbLecoy@esquimaltnation.ca	Mon - Thurs	250-381-7861	
Community Health Nurse	Trisha Hood	Trisha.Hood@itha.ca	Mon, Wed	250-381-7861	250-616-6493
Nurse Practitioner	Francoise Juneau	Francoise.juneau@viha.ca	Every 2 nd Monday (1 st , 3 rd , 5 th)	250-381-7861	
SONGHEES NATION 1100 Admirals Road Victoria BC V9A 2P6				Phone: (250) 386-1043 Fax: (250) 386-4161	
Health Centre				250-386-1043 Ext 127	
Health Director	Rosa Horne	rosa.horne@songheesnation.com	Mon – Fri 8:30-4:30	250-386-1043 Ext 132	
Community Health Nurse	Stephanie Benedik	stephanie.benedik@itha.ca	Tues – Fri 8:30-4:30	250-386-1043 Ext 131	
Nurse Practitioner	Danielle Linton	danielle.linton@viha.ca	Tuesdays 9-12	250-370-8674	
SCIA'NEW FIRST NATION (Beecher Bay) 4901-B East Sooke Road Sooke, BC V9Z 1B6				Phone: (250) 478-3535 Fax: (250) 478-3585	
Health Representative	Krista Johnny	Kristaljohnny87@gmail.com	Mon - Thurs		
Community Health Nurse	Trisha Hood	Trisha.Hood@itha.ca	Tuesdays	250-478-3535	
Nurse Practitioner	Francoise Juneau	Francoise.juneau@viha.ca	Every 2 nd Thurs (1 st , 3 rd , 5 th)	250-381-7861	
T'SOU-KE NATION 2154 Lazzar Road Sooke, BC V9Z 1G1			Office Hours: Mon – Fri 8:30 – 4:30	Phone: (250) 642-3957 Fax: (250) 642-7808	
Health Office				250-642-4261	
Administrative Health Coordinator	Rose Dumont	adminhealth@tsoukenation.com	Monday – Friday 8:30-4:30	250-642-3957	250-217-2215
Public Health Nurse	Kirsten Hull	Kirsten.hull@viha.ca	Tuesdays 8:30-4:30	250-642-3957	
Community Health Nurse	Stephanie Benedik	stephanie.benedik@itha.ca	Every 2 nd Thurs 8:30-4:30	250-642-3957	250-857-4328
Community Health Nurse	Angie Gibson	angie.gibson@itha.ca	Mon - Weds 8:30-4:30	250-642-3957	250-216-9804

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PACHEEDAHT NATION 350 Kalaid Street, Box 170 General Delivery Port Renfrew, BC V0S 1K0				Phone: (250) 647-5521 Fax: (250) 647-5561	
Title	Name	Email	Hours	Office	Cell
Health Director	Ardina Jones	health@pacheedaht.ca	Mon-Fri	250-647-5521, Ext 213	
Community Nurse	Carol Hill	carolh@pacheedaht.ca	Tues - Thurs	250-647-5521, Ext 212	
Nurse Practitioner	Francoise Juneau Danielle Linton	Francoise.juneau@viha.ca Danielle.linton@viha.ca	Thursdays 1/mo 10:00 – 2:00 pm	250-647-5521	
Physician	Dr. Patrick Stel		1 st Thursday 10:00 – 2:00	250-647-5521	

